

Costa Diadema
Denmark, Norway, Germany
 29 agosto, Copenhagen

ITINERARY



DATE	PORT	ARRIVAL	DEPARTURE
29/08	Copenhagen	-	1800
30/08	...CRUISING...	-	-
31/08	Hellesylt	0830	0930
31/08	Geiranger fjord	1000	1100
31/08	Geiranger	1130	1930
01/09	Alesund	0700	1700
02/09	Stavanger	1000	2000
03/09	...CRUISING...	-	-
04/09	Kiel	0700	1930
05/09	Copenhagen	1000	-

The sale prices listed are intended as of the date of issuance of this document, as indicated at the bottom right, and may be subject to changes. Therefore, the sale prices on MyCosta at the time of booking individual excursions are to be considered valid. Only for Guests belonging to group bookings, the sale prices indicated in this document are valid for a maximum of 30 days from the date of issuance.

AVAILABLE EXCURSIONS

Geiranger - 31/08/2026

- 014P** THE STORSÆTER WATERFALL: TREKKING IN THE MOUNTAINS, Adult price 80,00 EUR - Child price 56,00 EUR
- 030R** HELICOPTER TOUR OF GEIRANGERFJORD, Adult price 599,00 EUR - Child price 599,00 EUR
- 04TX** ZIP LINE OVER THE GEIRANGER FJORD FOR ALL THE FAMILY, Adult price 110,00 EUR - Child price 77,00 EUR
- 04U8** HIKING IN THE HEART OF THE GEIRANGERFJORD, Adult price 70,00 EUR - Child price 49,00 EUR
- 2360** GEIRANGERFJORD: KAYAKING ON THE FJORD, Adult price 130,00 EUR - Child price 130,00 EUR
- 2361** ALL-ROUND GEIRANGER: PANORAMIC ROADS AND VIEWS FROM THE TOP, Adult price 125,00 EUR - Child price 87,50
- 236A** PURE ADRENALINE ON THE GEIRANGERFJORD IN A RIGID INFLATABLE BOAT, Adult price 140,00 EUR - Child price

Hellesylt - 31/08/2026

- 00FN** THE BRIKSDAL GLACIER: NATURE TO TAKE YOUR BREATH AWAY, Adult price 180,00 EUR - Child price 126,00 EUR
- 02EM** GEIRANGERFJORD & TROLLSTIGEN: ENDLESS LANDSCAPES, Adult price 215,00 EUR - Child price 150,50 EUR
- 04U7** GEIRANGERFJORD ON A RIB: FULL SPEED BETWEEN THE WATERFALLS, Adult price 145,00 EUR - Child price 145,00 EUR
- 2391** THE NORWEGIAN FJORDS: GLACIERS, WATERFALLS AND NATURAL WONDERS, Adult price 190,00 EUR - Child price
- 2393** FROM THE FLO MOUNTAINS TO DALSNIBBA: TRAILS AND LAKES IN THE HEART OF THE FJORDS, Adult price 209,00 EUR -

Alesund - 01/09/2026

- 2321** ALESUND: FROM PAST TO PRESENT, Adult price 95,00 EUR - Child price 66,50 EUR
- 2322** THE GISKE AND GODØY ISLANDS: VIKING LEGENDS AND THE ATLANTIC WIND, Adult price 90,00 EUR - Child price
- 2323** BOAT SAFARIS TO THE WILDEST LANDSCAPES OF ÅLESUND, Adult price 195,00 EUR - Child price 195,00 EUR
- 02EL** ALL OF ALESUND ON FOOT: VISTING VINTAGE MUSEUMS AND VIKING ATTRACTIONS, Adult price 59,00 EUR - Child
- 057U** A FISHING LINE, FRYING PAN AND COURAGE A SURVIVAL MANUAL FOR THE ATLANTIC, Adult price 229,00 EUR - Child
- 057V** ALL OF ÅLESUND: UP TO MOUNT AKSLA BY TOURIST TRAIN, Adult price 89,00 EUR - Child price 62,30 EUR
- 03XZ** DISCOVERING ÅLESUND BY KAYAK, Adult price 139,00 EUR - Child price 139,00 EUR
- 04DO** BY POLAR SHIP TO BRANDAL: ON THE ROUTE OF THE VIKINGS, Adult price 159,00 EUR - Child price 111,30 EUR
- 015K** VIKING ISLANDS AND UNDERSEA WORLDS: AN ADVENTURE FOR THE WHOLE FAMILY, Adult price 99,00 EUR - Child

- 015L** SUGARLUMP MOUNTAIN: HIKING IN NATURE, Adult price 95,00 EUR – Child price 66,50 EUR
01FB STRANDA: REACHING FOR THE SKIES, Adult price 189,00 EUR – Child price 132,30 EUR
01FC FROM ÅLESUND TO THE TROLLSTIGEN ROAD, Adult price 175,00 EUR – Child price 122,50 EUR
01FG ALL OF HJØRUNDFJORD: A BOAT TRIP ON THE FJORD, Adult price 129,00 EUR – Child price 90,30 EUR
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Stavanger – 02/09/2026

- 04F2** LYSEFJORD: IN A HISTORIC BOAT UP TO PREIKESTOLEN, Adult price 135,00 EUR – Child price 94,50 EUR
02FE ADRENALINE ON LYSEFJORD: THE THRILL OF A SPEEDBOAT, WATERFALLS AND PREIKESTOLEN, Adult price 175,00 EUR –
03Q8 LYSEFJORD: NATURAL MARVELS OF LAND AND WATER, Adult price 199,00 EUR – Child price 199,00 EUR
03WT IN THE COUNTY OF ROGALAND: HIKING THROUGH WOODLAND AND PAST WATERFALLS., Adult price 75,00 EUR –
057Z A FLIGHT OVER PULPIT ROCK: THE FJORD AS YOU'VE NEVER SEEN IT BEFORE, Adult price 339,00 EUR – Child price
04U9 IN THE REALM OF THE HUSKIES FUN FOR THE WHOLE FAMILY, Adult price 189,00 EUR – Child price 132,30 EUR
04UA A KAYAK AND SUP ADVENTURE ON THE FRAFJORD, Adult price 179,00 EUR – Child price 125,30 EUR
04UE VIKING LEGENDS AT STAVANGER, Adult price 99,00 EUR – Child price 69,30 EUR
2490 STAVANGER AND PREIKESTOLEN: ADVENTURE ON THE LYSEFJORD, Adult price 169,00 EUR – Child price 118,30 EUR
2491 STAVANGER: VIKINGS, LANDSCAPES AND NORWEGIAN SYMBOLS, Adult price 99,00 EUR – Child price 69,30 EUR
2493 SAILING ON THE LYSEFJORD: PREIKESTOLEN UP CLOSE, Adult price 139,00 EUR – Child price 97,30 EUR
2494 A TASTE OF STAVANGER AND ITS HISTORY, Adult price 110,00 EUR – Child price 77,00 EUR
2497 ALL OF STAVANGER: ITS WOODEN HOUSES, THE MARKET AND HISTORY, Adult price 59,00 EUR – Child price 41,30 EUR
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Kiel – 04/09/2026

- 2850** KIEL AND LABOE: CANALS, SAILORS AND SUBMARINES – the tour ends at the airport, Adult price 69,00 EUR – Child
2856 HAMBURG: THE LAKE AND PANORAMAS BETWEEN PAST AND PRESENT – the tour ends at the airport, Adult price
050F KAYAKING ON THE SCHWENTINE RIVER AN ADVENTURE IN A LAND OF SURPRISES, Adult price 129,00 EUR – Child price
04S5 TO HAMBURG WITH COSTA GOROUND. 1 ROUND-TRIP TICKET TO THE CITY CENTER, Adult price 69,00 EUR – Child
0120 LUBECK, THE BALTIC JEWEL, Adult price 109,00 EUR – Child price 76,30 EUR
012P HAMBURG: A CONTRAST BETWEEN THE CITY AND THE SEA, Adult price 89,00 EUR – Child price 62,30 EUR
01J7 KIEL: A SEA-THEMED STROLL, Adult price 79,00 EUR – Child price 55,30 EUR
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Copenhagen – 05/09/2026

- 038K** TOUR OF TWO KINGDOMS – DENMARK AND SWEDEN, Adult price 110,00 EUR – Child price 77,00 EUR
038N COPENHAGEN, THE VIKINGS AND ROSKILDE CATHEDRAL, Adult price 119,00 EUR – Child price 83,30 EUR
03P8 COPENHAGEN: FEET ON THE GROUND, EYES ON THE WATER, Adult price 75,00 EUR – Child price 52,50 EUR
01GH THE LESSER KNOWN CORNERS OF COPENHAGEN: ON FOOT AND BY BOAT, Adult price 89,00 EUR – Child price 62,30
01GI THE BEST OF COPENHAGEN, Adult price 175,00 EUR – Child price 122,50 EUR
050C COPENHAGEN – A FAMILY TOUR A WALK AND FUN IN THE TIVOLI GARDENS, Adult price 69,00 EUR – Child price 48,30
05CG BEAUTIFUL COPENHAGEN AND THE PICTURESQUE TOWN OF DRAGØR (ends at the airport), Adult price 85,00 EUR –
2701 COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES (ends at the airport), Adult price 79,00 EUR – Child
2704 COPENHAGEN EXPRESS: ALL THE KEY SIGHTS (ends at the airport), Adult price 59,00 EUR – Child price 41,30 EUR
2706 COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES, Adult price 79,00 EUR – Child price 55,30 EUR
2707 SPECIAL SOUVENIRS FROM COPENHAGEN, Adult price 50,00 EUR – Child price 35,00 EUR
2708 COPENHAGEN: EXPLORING THE CANALS OF COPENHAGEN BY BOAT, Adult price 99,00 EUR – Child price 69,30 EUR
2811 THE WONDERS OF COPENHAGEN, Adult price 99,00 EUR – Child price 69,30 EUR
2817 ICONIC COPENHAGEN FAIRY TALES, DESIGN AND COOL CLASS, Adult price 89,00 EUR – Child price 62,30 EUR

Geiranger

THE STORSÆTER WATERFALL: TREKKING IN THE MOUNTAINS

In a nutshell

From **Geiranger** you will ascend up hairpin bends past stunning scenery, then leave the coach to hike **on foot** past pastures and along mountain paths. The **destination is the Storsæter waterfall**, where you can walk right under the water, for a unique experience. The route ends at **Westerås farm**, with views over the fjord, for a refreshing break, before returning. Pure nature, true emotions.

Main stops

- Geiranger Church
- Hole Camping
- Hiking in the mountains
- Storsæter waterfall
- Westerås farm
- Drink at the farm

The programme

- We will leave the dock by coach and prepare ourselves for the ride up the hill whilst we pass **Geiranger church**, an octagonal wooden building with a slate roof nestled into the rocks.
- After a number of twists and turns, we will reach **Hole Camping**. We will leave the coach there and start our excursion on foot.
- Our route will see us **zig-zagging up the mountain** and crossing summer pastures. In the past, all the straw available was used, even the straw that grew in the most inaccessible places. It was collected and sent down the valley using the *løypestreng*, a cable that stretched to the nearest barn.
- Our destination is the **spectacular Storsæter waterfall**, which gushes out from a height of 30 metres forming a large curve so we can walk right under it!
- After admiring this incredible view, we will hike down to **Westerås farm**, which lies on a projection jutting out over Geiranger.
- Uninhabited during winter and at the beginning of spring due to the danger of avalanches, it is a hive of activity during the summer months and it is here that we will be served **a drink**.
- After relaxing for a while, we will have some **free time** to look around the farm before returning on foot to Hole Camping where our coach will be waiting to take us back to the quay in Geiranger.
- We recommend that you book early because only a limited number of places are available.
- This excursion is not recommended for guests with mobility problems.
- The walk to the waterfall takes around 1 hour (3 km) and covers rough ground and steep sections

so it may be tiring.

- We recommend wearing walking shoes and suitable clothing.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
014P	3 1/2 Hours approximately	Hard	80,00 EUR	56,00 EUR
Type				
Tasting				

Pick&Choose

Hellesylt

THE BRIKSDAL GLACIER: NATURE TO TAKE YOUR BREATH AWAY

In a nutshell

Leaving from **Hellesylt**, you will be amazed by its waterfall plunging into the fjord, in the emerald green and deep blue waters. You will go past the **Olden** valley and villages of **Nordfjord**, lakes and spectacular mountains.

You will then walk up to the **Briksdal glacier**, a part of the imposing Jostedalsglaciers glacier system, along wooden bridges and past streams, before the majestic ice appears before you. After a typical lunch, you will continue up the mountain road of **Stryn** to take the perfect photo at **Flydal**, with the ship in the background. Nature, emotions and Northern scenery all in a unique tour.

Main stops

- Village of Hellesylt and Hellesylt waterfall
- Lake Hornindalsvanet
- Nordfjord, villages of Stryn, Loen and Olden
- Briksdal Glacier and spectacular nature
- Mountain lodge near the glacier with a stop for lunch
- Road to Stryn, return trip via Geiranger, tunnels and panoramic viewpoint at Flydal Gorge

The programme

- Our excursion begins in the **village of Hellesylt**, where we can admire the majestic **waterfall** of the same name, whose waters cascade down to the shimmering emerald green and ultramarine blue fjord below.
- We continue our journey towards **Hornindalsvanet** which, at a depth of 514 metres, can claim to be

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Europe's deepest lake; before us lies the magnificent **Nordfjord**, alongside the road through the villages of Stryn, Loen and Olden. This fascinating village nestles at the bottom of the fjord and stretches along numerous lakes in the Olden Valley as far as the mountain lodge at the Briksdal Glacier.

- Our walk takes us through stunning nature to the **Briksdal Glacier**, a branch of the mighty **Jostedalsglacier**, the largest in Europe.
- At first, the path climbs and crosses over the waterfall on a wooden bridge.
- At this point we find ourselves standing face to face with the massive glacier.
- We'll then walk back the same way to the mountain lodge, where we'll enjoy an **excellent lunch**.
- Back on our journey, we cross the valley alongside the extraordinarily beautiful lake towards Stryn.
- We climb the **mountain road to Stryn**, which used to link eastern Norway with the west.
- Our return journey to Geiranger runs through quite a few tunnels, and we make a final stop at **Flydal** to take a few snapshots of our ship, waiting for us in the fjord.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00FN	8 1/2 Hours approximately	Hard	180,00 EUR	126,00 EUR

Type

Geiranger HELICOPTER TOUR OF GEIRANGERFJORD

In a nutshell

An extraordinary helicopter experience discovering the natural wonders and beautiful landscape of Geirangerfjord, a UNESCO World Heritage Site, from a unique perspective up above. We will see its picture-postcard scenery: majestic snow-capped mountains, rugged cliffs, cascading waterfalls, and small colourful farms nestled in the lush vegetation. An unmissable tour for nature lovers and more!

Main stops

- Helicopter flight over Geirangerfjord, a UNESCO World Heritage Site
- Breathtaking views of the surrounding snow-capped mountains
- Mount Dalsnibba, rugged cliffs, waterfalls, farms, glaciers

The programme

- We will take to the skies for this excursion on a **helicopter ride** and soar over **one of the most famous**

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- and spectacular fjords in Norway: **Geirangerfjord**, declared a **UNESCO World Heritage Site** in 2005.
- We will cover the full length of the fjord, around 15 km, starting at sea level and rising to the summit of the **surrounding snow-capped mountains**: we will be amazed by the **breathtaking views and steep, rugged cliffs** with powerful **waterfalls** (such as the "Seven Sisters" or "Bridal Veil Falls"), which create light veils of mist that produce an endless display of ever-changing rainbows, which will leave us lost for words.
 - We will fly to **Mount Dalsnibba**, 1500 metres high, which towers over the tourist town of Geiranger, located at the end of the fjord. We will be able to see **small farms** from up here, nestled in the foothills of the mountains, and higher up **glaciers** with ice caves and small icy waterfalls.
 - As we fly back along the fjord to return to base, we will notice the lush vegetation beneath us, a fundamental part of this wild and exciting natural landscape.
 - The flight lasts approximately 30 minutes.
 - The flight, landing and routes may be subject to change depending on weather conditions and are at the pilot's discretion.
 - The flight times are indicative and include landing.
 - Maximum weight per passenger: 120kg

INFORMATIONS

Code	Duration	Level	Adult price	Child price
030R	1 Hours approximately	Moderate	599,00 EUR	599,00 EUR

Hellesylt

GEIRANGERFJORD & TROLLSTIGEN: ENDLESS LANDSCAPES

In a nutshell

Fjords, mountains and landscapes that are truly unique: get ready to experience pure Norway. You'll start from **Hellesylt** and stop off at the most spectacular viewpoints of the **Geirangerfjord**, then go up **Mount Stranda** in a cable car with all-round panoramas of the fjords, glaciers and snow-capped mountains. From the top, you can admire the Unesco World Heritage Site Geirangerfjord, and then experience the fjord from the water, with a **ferry crossing** past waterfalls and rock faces. And the gran finale is thrilling: along the **Trollstigen** road, with its tight hairpin binds, on to the Ørnesvingen viewing platform, in front of the **Seven Sisters waterfall**. An unforgettable experience.

Main stops

- Viewpoint over the Geirangerfjord
- Stranda mountain and spectacular cable car

- Lunch at a restaurant
- Ferry ride across the fjord
- Trollstigen (photostop)
- Ørnesvingen viewpoint and Seven Sisters waterfall
- Geiranger

The programme

- We will leave the port of Hellesylt and head north, soon making a stop at the **viewpoint over the Geirangerfjord**, where we can take photos of the breathtaking views with our cameras.
- Afterwards, we will continue to **Mount Stranda**, a renowned ski resort offering breathtaking views of the surrounding snowy peaks as well as the majestic Storfjord.
- We will leave our coach behind us and climb to the top on a **spectacular cable car** whose large windows offer us 360° views of the fjord and mountains.
- The cable car runs to 1042 metres above sea level, where we can feel in **direct contact with nature** as we see goats grazing in summer and plenty of snow for the kids to play in.
- From the top of the mountain we can enjoy **exceptional views** of the majestic Geirangerfjord, which has been declared a UNESCO World Heritage Site, and Jostedal glacier, the largest in Europe situated on dry land.
- We will then **cross the Geirangerfjord on a ferry**, marvelling at the steep, imposing mountains with their countless waterfalls dropping down towards the sea.
- Our next destination is a photostop at the famous **Trollstigen** or 'Trolls' Path', an engineering feat consisting of an extremely narrow scenic road with 11 hairpin bends and a hair-raising steep gradient, surrounded by majestic mountains and stunning waterfalls.
- Back down at the fjord, we will take the ferry back across it and stop at the **Ørnesvingen viewpoint**, which literally means Eagles' Turn, where we can admire and take photos of the Geirangerfjord and the **Seven Sisters waterfall**, so called because it splits into seven rivulets over the rock face.
- Then we will travel along the last section of the road and stop in **Geiranger**, our final destination.
- The excursion starts in Hellesylt and ends in Geiranger.
- For safety reasons, if Trollstigen road is closed or covered by snow, an alternative panoramic view point will be suggested depending on weather conditions.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02EM	8 Hours approximately	Moderate	215,00 EUR	150,50 EUR

Type

Geiranger
ZIP LINE OVER THE GEIRANGER FJORD FOR ALL THE FAMILY

In a nutshell

Fly over the **Geiranger fjord** in a fun zip line experience **suitable for the whole family**. After a quick walk from the jetty, you'll reach the Zip Park and, in total safety, fly over waterfalls, trees and the sea below. Thrills, fun and unforgettable views to experience together.

Main stops

- Adrenaline at the Zip Park adventure park

The programme

If you're an adventurous type, you can't miss this experience. Here, they've got everything: adrenaline, nature and a **zip-line** that you can launch yourself from, to fly above the stunning **Geiranger fjord**.

After a brief walk from the pier, you'll arrive with your guide at the **Geiranger Zip Park**, where expert instructors will provide you with all the safety instructions and equipment you need.

What does flying over a fjord feel like? Well, you tell us! Have fun and try all the zip lines in the adventure park, they're suitable for all levels: you'll fly over waterfalls, walls of rock, forests and the sea...it's a crazy adventure!

- The excursion does not include a guide.
- Minimum weight: 25 kg
- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04TX	2 Hours approximately	Hard	110,00 EUR	77,00 EUR

Type

Hellesylt
GEIRANGERFJORD ON A RIB: FULL SPEED BETWEEN THE WATERFALLS

In a nutshell

Do you want to see the **Geirangerfjord** like never before? We're not talking about a chilled boat ride. Get ready for a **high speed** experience on board a **RIB**, where the wind will make your hair go wild and the water will splash you. You'll get close to breathtaking views and waterfalls, as if you were the star of an action film. If you're looking for a little adrenaline plus some spectacular panoramas, this is the

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experience for you!

Main stops

- High speed RIB ride on the Geirangerfjord.
- Stops under the waterfalls for a thrilling experience.
- Multiple photo stops.

The programme

Forget calm strolls along the fjord. With this tour, we will take you straight to the heart of the **Geirangerfjord**, a UNESCO world heritage site, and we'll do so at **top speed!** Jump aboard our **RIB** and get ready to feel the wind in your face as you race across the crystal-clear waters of the fjord.

We'll set off straight after the ship from Hellesylt and we'll follow her route all the way to Geiranger. And guess what? We'll be following her for real! Our RIB will reach the ship and speed along beside her, giving you a spectacular perspective.

Along the way, we'll make several stops in strategic points, where you'll get so close to the natural wonders of the fjord that you'll almost be able to touch them. Every corner of this place is a show-stopper, with views and panoramas that will leave you speechless.

The **waterfalls?** We'll take you right under them, where you'll be soaked by more than just a drop or two! It's a unique sensory experience, where the power of the water will overwhelm you completely - perfect for those who love adrenaline, beauty, and above all the idea of experiencing nature in an authentic, engaging way.

- The excursion does not include a guide.
- This tour is not recommended for pregnant guests or those with back problems.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04U7	1 1/2 Hours approximately	Moderate	145,00 EUR	145,00 EUR

Type

Geiranger

HIKING IN THE HEART OF THE GEIRANGERFJORD

In a nutshell

Want to immerse yourself in nature and breathe the clean mountain air deep into your lungs? Experience the **Geiranger Fjord** with a stunning **walk in nature at its most authentic**. You'll also have the chance to find out everything there is to know about the geological history of the fjords at the **Geirangerfjord Fjord Center**.

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Main stops

- Panoramic hike.
- Geirangerfjord Fjord Center.

The programme

Lace up your most comfortable shoes and set off for a hike to discover the **Geiranger Fjord!** The excursion begins directly from the cruise pier, where you start your walk. You'll climb up the mountain, along footpaths and steps that offer stunning views of the fjord, until you reach the most panoramic point of all, where a photo is compulsory! You'll be surrounded on all sides by the wonders of nature: rushing waterfalls, the mountains at your feet, and the sea in the distance... a place so beautiful that **UNESCO** has added its seal of approval. But that's not all: at the top, you'll find the **Fjord Center**, a museum that will reveal all the secrets of this amazing corner of the earth: from the geology that created the fjord to the story of those who have lived here through the ages, the legends and the biodiversity that make it unique.

- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04U8	3 Hours approximately	Hard	70,00 EUR	49,00 EUR

Type

Geiranger

GEIRANGERFJORD: KAYAKING ON THE FJORD

In a nutshell

Experience the **Geirangerfjord** in the fjord itself, **paddling in a kayak** between majestic mountains, sheer drops and farms clinging to the cliff-tops. Glide silently through the water, breathe in the purest air and feel at one with some of the most spectacular scenery the world over. A slow-paced, intense and exceptional experience.

Main stops

- Geirangerfjord: breathtaking scenery and cliff-top farms

The programme

- The **Geirangerfjord** is described as the most beautiful fjord in the world: we will set off on a kayak

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journey surrounded by magnificent and striking mountains, which, with their steep faces, reach heights of up to 1,500 metres.

- Grip those paddles and away we go: we will admire the **brehtaking scenery and the farms perched on their rocky outcrops**. According to local folklore, farmers would tie ropes to their children and animals to prevent them from falling from the high walls of rock. We will skim the waters and breathe in the extremely fresh air of the fjord: what better way to feel the strength and greatness of mother nature in person than on a kayak tour?
- Our kayak will follow the outline of the basin, which curves between two tower-shaped mountains. It is a magical and majestic place at any time of the year.
- After admiring the verdant nature and the striking rock formations of the fjord, we will set off on the return journey, during which our guide will tell us the history of Geiranger and its population.
- You must be physically fit to take part in this excursion and not suffer from back pain.
- You must be able to swim.
- No prior kayak experience is required.
- The excursion includes a 5 minute walk to the kayak platform, where participants will receive safety instructions and information on how to paddle.
- Minimum age for the kayak excursion with an adult: 12 yrs.
- Maximum weight: 120 kg.
- Maximum height: 190 cm.
- It is recommended that you only bring personal belongings which are strictly necessary; belongings will be left in a locked local office.
- Guests under 18 years must have the waiver signed by an adult (parent or guardian).

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2360	3 Hours approximately	Moderate	130,00 EUR	130,00 EUR
Type				

Geiranger

ALL-ROUND GEIRANGER: PANORAMIC ROADS AND VIEWS FROM THE TOP

In a nutshell

Board the coach and set off to discover the **Geiranger fjord from high up**, along panoramic roads with spectacular views. You'll stop at the **Flydal and Dalsnibba** viewpoint, overlooking the fjords, lakes and glaciers from an altitude of 1,500 meters. The excursion continues along the **Eagle Road**, on to the well-

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known **Seven Sisters Waterfall**. A full-on experience of Norway's most iconic scenery.

Main stops

- Sightseeing bus trip to the Flydal viewpoint
- Flydal viewpoint; Dalsnibba; the Eagle Road; photo stops

The programme

In Norway, there are roads that lead you to within a hair's breadth of the sky, at the peak of steep mountains, to discover the **Geiranger Fjord** from on high. * Climb up **by bus with your guide** and travel to the top of the first of these, to the **Flydal viewpoint**: between clicks, discover the small villages that cling to the side of the rocky mountain, appearing through the clouds. * Traveling along **Geiranger Road** is an experience that will get your blood pumping, because around every corner, the landscape reveals itself in all its majestic power. You'll see it reflected in the waters of **Djupvatn lake**. * After eleven hairpin bends, you'll already be at the top of **mount Dalsnibba**. Look out from the **panoramic terrace suspended at 1500 meters above sea level**, over villages, waterfalls and glaciers. * Then, grab your camera as you head along **Eagle Road**, which will bring you face to face with the **Seven Sisters Waterfalls**. And while you admire them, listen to the tale of their **legends**.

- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2361	3 Hours approximately	Easy	125,00 EUR	87,50 EUR

Type

Pick&Choose

Geiranger

PURE ADRENALINE ON THE GEIRANGERFJORD IN A RIGID INFLATABLE BOAT

In a nutshell

Board a **fast boat** and experience **the Geirangerfjord** as you've never seen it before. Accelerating, performing spectacular moves and feeling the pure air on your face, along with a slower pace past isolated farms and listening to local stories. You will get up close to the Seven Sisters waterfall and the Bridal Veil waterfall, feeling all the force of the water nearby. An intense, unforgettable, adrenaline-fueled experience.

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Main stops

- Geirangerfjord: spectacular landscapes amongst majestic mountains and unspoilt scenery
- Traditional mountain farms
- Seven Sisters Waterfall and Bridal Veil Falls

The programme

- Our tour begins at the port: we will be welcomed by our guide and will walk approximately 200 metres to our raft.
- Before setting off on this stirring excursion on the waters of the fjord, we prepare ourselves by listening to some brief safety instructions and we put on the windproof and waterproof coverall provided.
- Now the real excitement begins: our **Geirangerfjord** adventure can begin!
- The raft goes increasingly fast and the extremely pure air of the fjord can be felt on our faces providing a great sense of freedom whilst we admire the **majestic landscape**.
- Our helmsman will amaze us with a host of spectacular manoeuvres injecting a little adrenaline to the experience. The raft journey is not just about speed: the helmsman will slow down when approaching some **small mountain farms** located along the Geirangerfjord and will tell us a little bit about their history in English.
- We will admire the **Seven Sisters Waterfall and Bridal Veil Falls** up close, two of Norway's most important waterfalls, and we will discover the legend that lies behind their names. An unforgettable experience!

INFORMATIONS

Code	Duration	Level	Adult price	Child price
236A	1 Hours approximately	Moderate	140,00 EUR	140,00 EUR

Type

Hellesylt THE NORWEGIAN FJORDS: GLACIERS, WATERFALLS AND NATURAL WONDERS

In a nutshell

You'll start from **Hellesylt** and take in the amazing sight of the waterfalls plunging into the fjord. You will go past valleys, lakes and villages set between the mountains and the fjords, up to **Nordfjord**, where nature is all around you.

The highlight is at **Dalsnibba**, at an altitude of 1,500 meters: with glaciers, snow-capped mountains and

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the **Geirangerfjord** below you. Before returning to ship, the last stop is the **Flydal Gorge**, perfect for a souvenir photo. A tour of epic scenery and pure Nordic emotions.

Main stops

- Hellesylt Falls
- Counties of Moere og Romsdal and Sogn og Fjordane, and Stryn
- River Stryn and Hjelle
- Djupvatn Lake, panoramic point on mount Dalsnibba and breathtaking view over the entire Geirangerfjord
- Flydal Gorge

The programme

- We begin our excursion by **visiting the waterfalls in the village of Hellesylt**, which drop directly into the fjord.
- We continue on through the counties of Moere og Romsdal and Sogn og Fjordane and, after 45 minutes, we will reach **Europe's deepest lake: the Hornindalsvanet** (514 m).
- Our next stop is at the famous and magnificent **Nordfjord**, which we skirt all the way to Stryn. Here we will take a break and enjoy a little **free time**.
- We continue along the **river Stryn**, which is famous for its salmon fishing, and pass the lake of the same name before reaching Hjelle.
- The trip continues on to **Djupvasshytta** and the **panoramic view point of the Dalsnibba**, 1500 metres above sea level, which rewards us with **a breathtaking view**: glaciers, snow-capped mountains, lakes and far off, at the bottom of the Geirangerfjord, our ship.
- Having feasted our eyes on one Europe's most magnificent natural landscapes, we will begin our return trip and reach Djupvatn Lake and Mt Dalsnibba. Our last stop is Flydal Gorge, before arriving Geiranger and the ship.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2391	7 1/2 Hours approximately	Easy	190,00 EUR	133,00 EUR

Type

Hellesylt
**FROM THE FLO MOUNTAINS TO DALSNIBBA: TRAILS AND LAKES IN THE
HEART OF THE FJORDS**

In a nutshell

An experience on mountain trails in a scenic Norway. You'll depart from **Vollset** and walk along a centuries-old route surrounded by nature, past traditional grazing meadows, alpine lakes and in a spectacular silence. Along the way, you can stop and admire views of Lake Stryn below, surrounded by mountains and glaciers.

The tour continues by coach along scenic roads to **Dalsnibba**, one of Norway's highest viewing platforms, to marvel at mountains, glaciers and the Geirangerfjord. A tour for walking, to enjoy pure nature and unforgettable views.

Main stops

- Vollset, Hellesylt, the river Bygdeelva and Vollster farm
- Traditional alpine huts and mountain lakes immersed in pristine natural scenery
- The Stryn road and lake
- Lake Djupvatn and the panoramic view point on mount Dalsnibba
- Flo and its fruit trees
- A photo stop at Flydal gorge
- imposing mountains and glaciers and splendid natural landscapes
- Geiranger

The programme

- Our excursion starts at **Vollset**, taking us all the way to **Flo** along one of the main roads once used for commerce between Sunnmøre, the Nordfjord and the eastern regions, between the coastal towns and those situated inland, starting in the Middle Ages. Goods were carried on one's shoulder or on horseback as the atmospheric conditions meant that the paths were almost impassable and alternative forms of transport could not be trusted.
- From Hellesylt we follow the course of the **river Bygdeelva** and head towards the Vollster farm, which sits approximately 250 metres above sea level.
- From here we proceed on foot.
- Along the path we will see **three seter (traditional mountain farm huts) and numerous mountain lakes**, reaching a maximum altitude of 550 metres above sea level
- During the climb we will make a brief stop to admire the **Stryn lake**, which reflects the imposing mountains of Skåla and Lofjellet and several smaller glaciers.
- We then descend down the path in the direction of **Flo, an enchanting village sprinkled with fruit trees**.
- Here we will board the coach once more and continue our trip along the banks of the 15 km-long **Stryn lake**, which is famous for its turquoise reflections. The new Stryn mountain road passes

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through several tunnels making it accessible even during the winter season.

- Having reached the shore **opposite the mountains**, we continue west along the banks of lake Djupvatn. At its furthest point, we turn and take a steep toll road to reach the **panoramic view point of Dalsnibba**.
- Having admired the **unforgettable landscape** that the observation point offers us, we descend to Geiranger, making a **stop for photos at the Flydal Gorge**.
- Places on this excursion are limited. We recommend booking early.
- We recommend you wear sturdy shoes that are suitable for walking.
- We recommend that you bring a wind-proof jacket as the mountain air can be cold even on a sunny day.
- This excursion is not recommended for guests with mobility problems.
- For safety reasons, if the road to Mount Dalsnibba is closed or covered by snow, an alternative panoramic view point will be suggested depending on weather conditions.
- Participants will rejoin the ship at Geiranger.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2393	7 1/2 Hours approximately	Hard	209,00 EUR	146,30 EUR

Type

Alesund

ALESUND: FROM PAST TO PRESENT

In a nutshell

Discover **Ålesund**, the Norwegian port that never sleeps! With **its fishing boats, the smell of the sea and Art Nouveau architecture**, enjoy a day between the past and present, visiting open-air museums and maritime attractions. History here isn't boring: with viking ships and centuries-old houses, the wonder of the sea is guaranteed!

Main stops

- Ålesund: Borgundfjord, modern districts and old commercial centre, Sunnmøre Museum with ancient houses and craft collections

The programme

- We depart with our guide and head for **Ålesund**, the most famous fishing port in Norway for deep-

sea fishing and herring and cod processing.

- The city was founded in 1793 and extends from west to east over three small islands facing the Norwegian Sea. After a fire destroyed the old wooden houses and left over 10,000 people homeless, it was entirely rebuilt in 1904 in Art Nouveau style by Norwegian architects inspired by the European style.
- Following the itinerary along the **Borgundfjord**, we go past **modern districts** and the **old commercial centre**.
- Then we will really venture into the past with a visit to the **Sunnmøre Museum**, an open-air museum located in a fascinating setting, home to 30 original **ancient houses** from different parts of the country. The museum reproduces traditional local scenes, and houses a **craft collection**, allowing us to retrace the history, traditions and customs of this seafaring culture. For nautical enthusiasts, there is also a collection of around 40 ancient boats, including reconstructions of Viking ships and a merchant vessel dating back to approximately 1000 AD.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2321	3 Hours approximately	Easy	95,00 EUR	66,50 EUR
Type				

Pick&Choose

Alesund

THE GISKE AND GODØY ISLANDS: VIKING LEGENDS AND THE ATLANTIC WIND

In a nutshell

Join us to discover the **Giske** and **Godøy** islands! With viking sagas, ancient clans and views of the Atlantic, you will enjoy a timeless trip with a unique history. Churches, lighthouses and legends all await... and here you can experience history first hand!

Main stops

- Island of Giske: Giske church
- Island of Godøy: lighthouse in the village of Alnes

The programme

- We start our excursion on the **island of Giske**, one of the many islands that make up the archipelago

of the same name, where the inhabitants (around 6,300) rely on ferry links to Ålesund and the mainland. The islands can be reached over bridges and through underground tunnels, the longest of which is 4.2 km long.

- The legendary island of Giske enjoyed a particularly privileged position in the Viking era and was home to some of the most important Norwegian families. Giske is known as the "saga island" because the Viking chieftain, Rollo, an ancestor of William the Conqueror, was born here and later settled on the northern coast of France known today as Normandy. Settlements on the flat and fertile island of Giske date back to the beginning of the Bronze Age.
- Next we will visit **Giske church**, built in 1150; the inner and outer walls are covered with white marble. It was originally a family chapel belonging to the powerful Giske clan. The church boasts a multi-coloured altarpiece and a finely carved pulpit.
- Then we travel to the second island on our tour, the **island of Godøy**, where we will visit the **lighthouse**, dating back to 1876, situated in the small **fishing village of Alnes** overlooking the Atlantic Ocean. To truly appreciate the sense of isolation here, visitors who wish to do so can climb the stairs up the five floors of the wooden structure which lead to the top of the lighthouse, up to the circular balcony.
- We recommend wearing comfortable shoes.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2322	3 Hours approximately	Easy	90,00 EUR	63,00 EUR

Type

Ålesund

BOAT SAFARIS TO THE WILDEST LANDSCAPES OF ÅLESUND

In a nutshell

Get ready for a real **sea safari** off the coast of **Ålesund**! On board a rigid inflatable boat (RIB), you will be able to admire amazing landscapes and spot **marine birds** and **seals** in their natural habitat. A thrilling experience, against the backdrop of the sea, wind and a wild nature!

Main stops

- Coast of Ålesund
- Runde Island
- Local fauna: birds, seals

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The programme

- After donning our life jackets and listening to some safety information, we will leave the port on a rigid inflatable boat (RIB) to fully enjoy the waters off the **coast of Ålesund**.
- If the weather is good and it is not very windy, we can visit **Runde Island**, famous for the huge number of **birds** there. Situated 67 km south-west of Ålesund and connected to the mainland via a bridge, the island is home to over half a million seabirds of 230 different species, including 100,000 puffins and 50,000 pairs of kittiwakes, as well as colonies of gannets, petrels, razorbills and guillemots which nest there.
- In the event of less favourable conditions, we will stay in the sheltered waters of Ålesund. There are also many birds here and, with a bit of luck, we may even get to catch a glimpse of an eagle ray.
- Our guide will help us to spot some interesting examples of the **local fauna** and will take us near a rock where we can watch the **seals** basking in the sun.
- A maximum of 12 guests per departure is permitted.
- You must be physically fit to take part in this excursion and not suffer from back pain.
- In order to participate guests must be able to swim.
- If the ship is docked, there are approximately 300 metres to cover on foot from the dock to the RIB embarkation point. If the ship is docked, the tenders use the same dock as the RIBs.
- We recommend wearing flat shoes, preferably with a rubber sole as it is possible they will get wet.
- Places on this excursion are limited. We recommend booking early.
- The excursion lasts approximately 1 hour and 30 minutes, including the demonstration of how to put on your life jacket.
- This excursion will be conducted in English.
- Participants must sign a release form.
- Min age 10 years old

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2323	2 Hours approximately	Hard	195,00 EUR	195,00 EUR
Type				

Alesund

ALL OF ALESUND ON FOOT: VISTING VINTAGE MUSEUMS AND VIKING ATTRACTIONS

In a nutshell

Discover **Ålesund**, the Norwegian town built on islands jutting out into the Atlantic ocean, surrounded by stunning mountains. Rebuilt after a devastating fire in 1904 in an **Art Nouveau** style, Ålesund is a true gem, elegant and easy to visit on foot. With vintage museums, viking statues, the **Park at the foot of Mount Aksla** and breathtaking views, the tour gives you a chance to explore the history, architecture and seafaring traditions of a unique town.

Main stops

- Art Nouveau Centre
- Art Nouveau in town
- Park at the foot of Mount Aksla: commemorative stone to William II and the statue of the Viking warrior "Gange-Rolv"

The programme

- Let's discover Ålesund, the largest town on the north-west coast of Norway, built on islands extending into the ocean which stand out against the splendid backdrop of impressive mountain peaks..
- A large part of the town was destroyed by the fire of 1904. It was rebuilt in the typical Art Nouveau style of the first decade of the twentieth century .
- It was the German Emperor William II, a great friend of the Norwegian kings, who used to spend his holidays in district of Sunnmøre, to send four ships laden with help for the town. The central nucleus was rebuilt in bricks and stone to restrict any further fires.
- Today, Ålesund has a population of about 66,000, although the town centre is relatively small and is easy to visit on foot.
- Our tour begins with a visit to the **Art Nouveau Centre**, a museum in one of the most beautifully decorated buildings in this style: it used to be a pharmacy and inside it still houses the vintage containers of herbs and medicines on its shelves.
- The three-storey museum provides an interesting overview of the history of Ålesund, of the fire in 1904 and of the creative period in the Art Nouveau style.
- During our journey, we will be told of the importance of the fishmongers in Norway's largest port for the export of fish. We'll have the opportunity of seeing various examples of the **Art Nouveau style of the town's architecture**, which has made Ålesund famous as one of the last three Art Nouveau towns in Europe.,
- Our excursion continues to climb up to the small **park at the foot of Mount Aksla**.
- We'll see numerous **plants** in the park as well as a commemorative stone dedicated to the emperor William II for the help he gave to the town after the fire of 1904. Here stands the **statue of the Viking warrior Gange-Rolv** who sailed from Ålesund to today's Normandy, the name of which comes from

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the Norwegian conquerors.

- We can walk round the park and take a break before returning to the quayside and to our ship.
- Guests must be able to walk for approximately 3 km on steep, asphalted and cobbled terrain.
- Children under the age of 16 must be accompanied by an adult.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02EL	3 Hours approximately	Moderate	59,00 EUR	41,30 EUR
Type				

Pick&Choose

Alesund

A FISHING LINE, FRYING PAN AND COURAGE A SURVIVAL MANUAL FOR THE ATLANTIC

In a nutshell

Climb on board, **cast your line** and get ready today you're not going to order fish, you're going to catch it! With lighthouses that seem to be from the scene of a film, islands that tell tales of legends and waves that have more character than human beings, you'll have an adventure just like real sea dogs... even if the closest you usually come to the sea is surfing the Internet
And the great thing is you can keep your catch: you'll cook it and eat it directly on board, just like the tradition of the hardened sailors of the Atlantic.

Main stops

- Guided fishing expedition in parts of Sunnmøre most abundant in fish
- Cooking your fish directly on board
- Spectacular views of Ålesund, Alnes Lighthouse and Godøya

The programme

You'll board the **MS Gamle Havstein** and leave **Ålesund** port with all the energy of someone on an epic mission. You'll sail past **Alnes Lighthouse** the most photogenic in the Atlantic - and then on to **Godøya**, the island where the fish is plentiful and the tales are very tall.

With a fishing rod in your hand, you'll listen to you guide (who knows more than you) and get ready for the all-important moment: because the fish here has no intention of posing for photos, you need to catch one.

Once caught **you'll clean the fish, cook it and eat it directly on board**, without beating around the bush too

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much. A simple, authentic, memorable experience.

Each time you cast your line is pure adrenaline, a mix of nature, skill and that little bit of luck which is part of a sailor's life. On the waves, in breathtaking landscapes, you'll enjoy an unforgettable experience. And back on shore? You'll have all the satisfaction of someone who's savored the real taste of the **Norwegian Atlantic**.

- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
057U	4 Hours approximately	Moderate	229,00 EUR	229,00 EUR
Type				

Alesund

ALL OF ÅLESUND: UP TO MOUNT AKSLA BY TOURIST TRAIN

In a nutshell

A tour by tourist train through the fairytale streets of **Ålesund**, a jewel of Art Nouveau architecture, **up to the top of Mount Aksla**. A blend of history, buildings that resisted the fire of Ålesund, pastel-colored houses and such a stunning view that your smartphone will be begging for a break. Zero effort, but the best views.

Main stops

- Tour by tourist train through the Art Nouveau streets of Ålesund
- Visit up to Mount Aksla and a lovely long stop for coffee and cakes with a stunning view
- Visit to the town, archipelago and Sunnmørsalpene
- Ride through the historic district of Brunholmen and on Hellebroa bridge, through the harbor, to see the fishing boats and old lighthouses

The programme

Ålesund will welcome you with its Art Nouveau streets, that are so well tended it's as if they had their own designer. The train winds its way through narrow streets and past colorful houses that survived the great fire, on towards Mount **Aksla** going past the **Voldsdalen Church** and the **town stadium**.

The ride up is gentle as you listen to the audio guide, the view is amazing: from the top you can see all the town below, the archipelago extending out into the ocean and the **Sunnmørsalpene** mountains * all making a great impression. You'll have all the time to enjoy a coffee and views that will never cease to

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amaze you.

Afterwards, the descent will take you to **Brosundet**, the harbor district with its fishing boats and real-life scenes, and the location of the **historic Molja lighthouse**. Then on through **Hellebroa** to reach **Brunholmen**, with its perfect combination of historic architecture and a contemporary atmosphere.

A few bends, along cobbled streets, a handful of scenic views and: you're back at the ship with at least a hundred new photos, knowing that going up Mount Aksla on the tourist train was one of the best ideas of the day.

- The experience will be narrated in your language via an audio guide.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
057V	1 1/2 Hours approximately		89,00 EUR	62,30 EUR
Type				

Pick&Choose

Alesund **DISCOVERING ÅLESUND BY KAYAK**

In a nutshell

Only in **Ålesund** can you visit the town without even setting foot there ... you simply need a **kayak**! **Paddling along the Brosundet canal** with an **expert guide**, you will explore the town in an **eco-friendly way**, surrounded by **pastel Art Nouveau facades**, the hustle and bustle of **local fishermen** and stories which make this part of Norway unique.

Main stops

- Walk through Ålesund to the docks
- Kayak experience crossing the Brosundet canal

The programme

- The walk through **Ålesund** it's only a taste of what's to come: **You'll feel closer to the town**, gliding on the waters of the **Brosundet**, the **canal** that unwinds through the city center.
- Do you need **some tips**? Your **expert guide** will take care of that, explaining how to kayak in safety and sharing their extensive knowledge of **town stories**.
- To begin with, the guide will explain that in 1904 a fire burned the town to ashes. And then, what had been a small village inhabited by herring fisherfolk was rebuilt by young Norwegian architects in

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Art Nouveau style, with a touch of German Jugendstil.

- No need to look for it, it's everywhere! On the **pastel-colored soaring houses** featuring spires and **Liberty façades** rife with floral patterns, women's faces, mythological and Norse figures.
- When reflected on the canal's water, the wow factor doubles up! And while you cross the town, amid the fragrance of fresh fish and the sound of the people, you can only think that **on foot, you could never have experienced this side of it.**
- Minimum age: 11 years.
- This experience will be narrated in English.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03XZ	3 Hours approximately	Hard	139,00 EUR	139,00 EUR

Type

Alesund

BY POLAR SHIP TO BRANDAL: ON THE ROUTE OF THE VIKINGS

In a nutshell

Relive an **Arctic expedition** on the **Polarstar**, the **polar ship** on which fearless explorers defied the forces of nature, and listen to the **legendary stories narrated by your guide**. How did a **Viking ship manage to get as far as the North Pole**? You'll see with your own eyes at the **Brandal Arctic Polar Museum!**

Main stops

- Trip on polar ship M/S Polarstar to Brandal
- Brandal Arctic Polar Museum: Interior visit

The programme

- Set sail on the **M/S Polarstar**, the first polar ship made of steel, and follow the route of the legendary explorers as you discover their incredible stories. Your **guide** will tell you all about them as you sail through the icy waters of the Norwegian sea until you arrive at the **Brandal Arctic Polar Museum**.
- In these frozen lands, even simple everyday activities become extraordinary feats. You'll understand this better as you move through the rooms in the **museum**, which is home to **150 years of history and testimonies** that reveal details of the lives of the inhabitants of this place.
- You'll see the historic **polar ship "Aarvak"**, which dates back to 1912, and learn about the exploits of the explorers **Amundsen and Nansen** who, amidst polar bears and icy waters, barren mountains

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and great stretches of ice, succeeded in **reaching the North Pole**.

- In such an extreme landscape, where nature is harsh and unrelenting, who would ever dream of **braving the polar ice aboard a replica Viking ship**? Find out for yourself in this **museum** full of history.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04DO	3 1/2 Hours approximately	Moderate	159,00 EUR	111,30 EUR

Type

Alesund

VIKING ISLANDS AND UNDERSEA WORLDS: AN ADVENTURE FOR THE WHOLE FAMILY

In a nutshell

A perfect experience for families and inquisitive travelers, with immense landscapes and fascinating discoveries. On the **islands of Giske and Godøy**, Viking history and the nature of Norway await, on a journey to discover breathtaking views and tales from the past. The adventure continues at the **Ålesund Aquarium**, where young and old alike can explore up close the wonders of the underwater world and marvel at the life of the fjords.

Main stops

- Island of Godøy: lighthouse in the village of Alnes
- Ålesund aquarium

The programme

- We start our excursion with the visit the **Ålesund Aquarium**, one of the most characteristic in Europe. Large salted water pools are lined up along the coast, providing us with the opportunity to get to know the underwater world of the northern Atlantic. Through a transparent 18 metre panel, we can see the sea life within the largest of the pools, which holds 4 million litres of water.
- Then we will travel to the island of Godøy, with its unique structure, almost divided into two by a mountain range.
- Here, we will visit the **lighthouse** from 1876 located in the small **fishing village of Alnes** overlooking the Atlantic Ocean. To truly appreciate the sense of isolation here, visitors who wish to do so can climb the stairs up the five floors of the wooden structure which lead to the top of the lighthouse, up

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to the circular balcony. Every floor features paintings created by the famous Norwegian artist, Ørnulf Opdahl.

- Return through the **island of Giske**, one of the many islands that make up the archipelago of the same name, where the inhabitants (around 6,300) rely on ferry links to Ålesund and the mainland. The islands can be reached over bridges and through underground tunnels, the longest of which is 4.2 km long.
- The legendary island of Giske is also known as the "saga island" because the Viking chieftain, Rollo, an ancestor of William the Conqueror, was born here and later settled on the northern coast of France known today as Normandy. Settlements on the flat and fertile island of Giske date back to the beginning of the Bronze Age.
- On the return journey, we can admire some elegant details of the Art Nouveau architecture before heading to the suburbs with the fascinating wood villas and the well-kept gardens.
- The itinerary may be subject to change.
- Please note that on 03th September it will be not allowed to visit Giske church due to a wedding. The church will be visible from the bus

INFORMATIONS

Code	Duration	Level	Adult price	Child price
015K	4 Hours approximately	Moderate	99,00 EUR	69,30 EUR

Type

Alesund

SUGARLUMP MOUNTAIN: HIKING IN NATURE

In a nutshell

Ready to conquer **Ålesund** on foot? You'll disembark from the coach on the **island of Hessa** and begin the climb up **Sugarlump Mountain**, but you won't find any sweet treats along the way! Hiking through woods, moorland and different panoramas every step of the way, the top at 304 meters affords breathtaking views of the fjords, the town and the **Sunnmøre Alps**. Was all that effort rewarded? Definitely! and it was done in style!

Main stops

- Trekking on Mount Sukkertoppen
- View from the top

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The programme

INFORMATIONS

Code	Duration	Level	Adult price	Child price
015L	3 Hours approximately	Hard	95,00 EUR	66,50 EUR

Type

Alesund

STRANDA: REACHING FOR THE SKIES

In a nutshell

Sail past the sheer walls of the fjord, heading for **Stranda!** Then **take a cable car** to over 1,000 meters and admire the green pastures, the summer snow and stunning Geiranger fjord, enjoying **lunch** with a panoramic view that will make the experience simply unforgettable. Tiring? Not at all. Thrilling? Most definitely.

Main stops

- Sightseeing tour of Ålesund
- Cable car ascent
- Lunch

The programme

- Our excursion starts with a brief **sightseeing tour of Ålesund**, famous for its Art Nouveau architecture and delightful position, nestled between aquatic arabesques and soaring mountain peaks.
- Then we will head towards the town of Stranda. To get there *we will cross the fjord on a ferry that will sail along the region's spectacular narrow waterways that run between steep slopes where nature is in total control.
- When we arrive, we will take the **charming cable car** to the top of the mountain behind Stranda, reaching approximately 1,042 metres above sea level.
- The view will leave you speechless: green fields, goats grazing and snow that is even still there in summer – perfect for the kids who can have fun playing. From the **viewpoint at the top of the mountain**, we can admire the majestic Geiranger Fjord, which is a UNESCO World Heritage Site, and Jostedal glacier, the largest in Europe situated on dry land.
- We will have a bit of free time to relax and enjoy the atmosphere up on the mountain taking in the stunning panoramic views.

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- For the return back to Ålesund we will cross the fjord again, taking a different route from before and take a ferry.
- Stranda Gondola might close for safety reasons in case of high winds or adverse weather conditions. In this case we will do our best to provide an alternative program.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01FB	6 1/2 Hours approximately	Moderate	189,00 EUR	132,30 EUR
Type				

Ålesund FROM ÅLESUND TO THE TROLLSTIGEN ROAD

In a nutshell

A full day to visit **fjords**, mountain **villages** and **legendary roads**. Setting off from Ålesund, you will see superb landscapes, enjoy a lunch tasting local specialties and face the famous **Trollstigen road**, also known as the 'ladder of the trolls', with its iconic hairpin bends. Nature, landscapes and authentic Norway, all in one excursion.

Main stops

- Sightseeing tour of Ålesund
- Village of Sjøholt
- Gudbrandsjuvet canyon
- Lunch with Norwegian dishes
- Trollstigen ("Trolls' Path") and Trollveggen ("Troll Wall")
- Romsdalsfjorden, Innfjorden, Måndalen, Vågstranda and Vikebukta
- Ørskog mountain

The programme

- We will set off on our coach to explore the city where our ship is docked on a brief **sightseeing tour of Ålesund**, admiring the delightful and sometimes eccentric Liberty-style architecture for which it is famous.
- Leaving the city, we will travel east towards the little **village of Sjøholt**, where the fjord becomes a cove and spills out towards the south.
- The road continues alongside the **majestic Storfjord**, which brightens up our journey with picture-

postcard scenery. This region is famous for salmon fishing and the manufacture of furniture. Our first stop, the **little town of Stordal**, is home to a number of furniture manufacturers and a charming **octagonal church** built in 1789, which we will admire as we pass.

- Our journey will continue through the **villages of Liabygda and Vallidal**, famous for producing sweet strawberries, and we will delve deeper and deeper into the heart of the fjord's mazes.
- We will leave the stretch of sea behind us and follow the valley that scrambles up towards the mountains, passing through the imposing **Gudbrandsjuvet canyon**, one of the most famous and popular sightseeing points in the region, offering spectacular views.
- At lunchtime, we will stop to **taste some typical Norwegian dishes**. This exquisite experience of local culinary traditions will end with a delicious dessert.
- After lunch, we will head to the highest part of the road that stands 853 metres above sea level, and our coach will look out onto the famous Trollstigen or **Trolls' Path**, a breathtaking road closed to traffic in winter which descends into Isterdalen valley with 11 incredible bends, a 12% gradient and just a single lane for almost the entire route.
- We will admire the **Troll Wall or Trollveggen**, the tallest vertical rock face in Europe (915 metres) and a popular destination in summer for climbing enthusiasts from all over the world.
- Heading back down to the sea, we will travel along the opposite side of **Romsdalsfjorden** than on our journey that morning, and we will pass through the **villages of Innfjorden, Måndalen, Vågstranda and Vikebukt** before crossing the **Ørskog mountain** region and returning to the road that will take us back towards Ålesund.
- **Due to a landslide, the Trollstigen road was closed for the entire season for safety reasons. The viewing platform will still be reachable but the road will not be accessible. Part of the itinerary of this excursion will therefore be modified (for example it will not be possible to make a stop at the Troll Wall, replaced by a stop at the Stordal Old Church and the Skodje Bridge).**

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01FC	8 Hours approximately	Easy	175,00 EUR	122,50 EUR
Type				

Ålesund

ALL OF HJØRUNDFJORD: A BOAT TRIP ON THE FJORD

In a nutshell

Be captivated by **Hjørundfjord**, one of the world's most stunning fjords. **Wild, magnificent** and

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uncontaminated, you will visit the fjord by boat up to its tip at the **village of Øye**, surrounded by silence in a nature that is spellbinding.

Main stops

The programme

- We will climb on board a boat and set off on a **cruise through Hjørundfjord**, a 33-km stretch of sea in the heart of the Sunnmøre Alps with jagged peaks surrounding the bay on both sides.
- The boat will sail us through the **stunning scenery** even praised for its beauty 100 years ago by Kaiser Wilhelm II of Germany.
- As we take in the **brehtaking views of the mountains** with their steep rock faces dotted with mountain farms and small rural villages, we will reach the tip of the fjord where the sea reaches a remarkable depth of 441 metres. Here is located the **village of Øye**, home to the Hotel Union Øye. An exclusive destination for the aristocracy in the late 19th century, it has been fully restored to its original state and returned to all its splendour.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01FG	3 Hours approximately	Easy	129,00 EUR	90,30 EUR

Type

Stavanger

LYSEFJORD: IN A HISTORIC BOAT UP TO PREIKESTOLEN

In a nutshell

Admire the natural landscapes of this **Wiking country** **at a slow pace, just like in the old times**. A **typical Norwegian boat** awaits you, on which you'll glide on the waters of the **Lysefjord, leisurely enjoying** the landscape that surrounds you. The **Preikestolen** will leave you amazed **by a staggering rock pulpit** overlooking the fjord that will give you **a taste of times past**.

Main stops

- Tour on the Lysefjord on a typical Norwegian boat

The programme

- Set sail with your guide for a trip on a **veteran boat** **on a historic Norwegian boat** that will **leisurely take**

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you along the **Lysefjord**.

- The **atmosphere is filled with charm and tradition** and the fjord will amaze you with its constantly changing scenery: From **lush mountains** to great **rocky cliffs**.
- By the way, you'll also admire **one of the most famous Norwegian natural wonders** from up close: The **Preikestolen**, an impressive **rock pulpit** proudly standing at **604 meters** above sea level.
- Approaching this gigantic cliff is a breathtaking experience, and doing so on board this boat will plunge you back into the **Norwegian seafaring atmosphere of a century ago**.
- Bring a warm windproof jacket with you.
- To enable you to enjoy an exclusive experience, the number of places is limited: Book in advance.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04F2	4 Hours approximately	Easy	135,00 EUR	94,50 EUR

Type

Stavanger

ADRENALINE ON LYSEFJORD: THE THRILL OF A SPEEDBOAT, WATERFALLS AND PREIKESTOLEN

In a nutshell

On board a **motorboat**, you and a small group will speed along the **Lysefjord**, the **fjord of light**, as part of a **land experience that will leave you with goosebumps**. Moving between giant cliffs, you will plunge into some of the most **secluded places** in **Norway's natural landscape**, which only a **Stavanger native** really knows - they can tell you everything about these **pristine lands**.

Main stops

- Exploration of the Lysefjord on board a motorboat: Preikestolen and Mount Kjerag

The programme

- In **Stavanger**, a powerful **motorboat** is the perfect way to slip into caves and inlets. A waterproof jacket may come in handy, because **you'll be passing under some waterfalls!**
- **Only you and another lucky few** can follow the same **routes as those who live here**: larger tourist boats cannot venture into such inaccessible areas of the fjord.
- With your local captain, you'll skip across the waves to **Lysefjord**, with the wind caressing your face and chasing the cobwebs away. **50 km** of living rock, glaciers and inhabited islets will rush into view,

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in a **landscape that leaves you speechless**.

- From the bottom of the fjord, everything looks immense. Like its king: it is called **Preikestolen**, the famous "rock pulpit", a granite cliff that is an amazing 604 meters high. Very few people are lucky enough to see it from the water like you.
- Your captain will point out one curiosity after another: from the **first house built on the fjord** to a **cave** that **thieves** once used to...communicate. Focus your gaze: can you see something embedded in the rock?
- Minimum age: 8 years.
- The land experience is not suitable if you have back problems.
This excursion does not feature a guide.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
O2FE	2 1/2 Hours approximately		175,00 EUR	175,00 EUR
Type				

Stavanger

LYSEFJORD: NATURAL MARVELS OF LAND AND WATER

In a nutshell

Majestic nature? See it right before your eyes from **your boat** and then **from your window: waterfalls** cascading down from the granite rocks of **Lysefjord**, the famous **Preikestolen** or "pulpit rock", and **Kjerag**, the mountain which is home to Norway's "hanging" boulder. Then, after **27 hairpin bends overlooking the fjord**, enjoy a break with a **sweet Nordic flavor!**

Main stops

- Tour of the Lysefjord: waterfalls, Preikestolen, Kjerag, Flørli
- Sightseeing bus tour to Lysebotn
- Byrkjedalstunet: typical snack and visit to the candle shop

The programme

- Today your natural backdrop is a mix of **granite rocks**: discover the **Lysefjord**, also known as the "Fjord of Light".
- **From your boat**, you will see an amazing natural spectacle, as **majestic waterfalls** tumble into its chilly waters! Close encounters that you'll never forget.

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- The fjord's 42 km of grandeur paves the way for some record-breaking sights, including **Preikestolen**, the "pulpit rock", a 604-meter cliff that overlooks **Lysefjord**. The perfect place for capturing a few adrenalin-filled videos!
- Now feast your eyes on even more **splendor**: the mountain of **Kjerag** is home to Kjeragbolten, a rock suspended in its crevasse, while **Flørli** has the world's longest wooden staircase, with **4444 steps**.
- There are some thrilling panoramas for you too, as the view changes as you wind your way up the 27 hairpin bends on **the bus** to **Lysebotn**. **Incredible** shots with zero effort? No problem.
- After the astonishing nature, take a **sweet break** at **Byrkjedalstunet**: taste **Norwegian waffles** and check out the **candle shop**. Small local works of art for you to peruse.

The excursion includes a long stretch of road with hairpin bends, so it is not recommended for guests suffering from car sickness.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03Q8	6 Hours approximately	Moderate	199,00 EUR	199,00 EUR
Type	Tasting			

Stavanger

IN THE COUNTY OF ROGALAND: HIKING THROUGH WOODLAND AND PAST WATERFALLS.

In a nutshell

In **Rogaland county**, there's a **footpath through the forest** that leads you far away from civilization, and **places you at the heart of Norwegian nature**: walk its length on a **trek** with a **local guide**, among the secrets of the place that only they know. Your reward? **One of the biggest waterfalls in Norway**, falling freely from the rocks. The **myth** associated with this natural marvel and the wild north act as a backdrop.

Main stops

- Trek along the footpath that leads to the **Månafossen waterfall**

The programme

- It's a bit of a walk, but rest assured that this **trek** through the unspoilt nature of the **county of Rogaland** is worth every one of your steps.
- The climb is steep, among **centuries-old woodland** and **rocks**. Keep the pace with your **local guide**: they know the air that you breathe in these places, the flora and fauna, the culture and traditions.

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- They'll explain it all to you, among the rays of light that warm the landscape as you make your way to the **Månafossen waterfall**, which falls from more than 90 meters into the **blue fjord of Fraffjord**.
- Standing before it, all you'll feel is its power, and hear the voice of your guide: it is thought that the Vikings offered their swords to the gods here. And that they in turn transformed these into the waterfall as a sign of their gratitude. Or rather, into the **ninth biggest waterfall in Norway**.
- Minimum age: 8 years.
- Wear appropriate hiking shoes and clothing for the trail.
- This experience will be narrated in English.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03WT	4 Hours approximately	Hard	75,00 EUR	52,50 EUR

Type

Pick&Choose

Stavanger

A FLIGHT OVER PULPIT ROCK: THE FJORD AS YOU'VE NEVER SEEN IT BEFORE

In a nutshell

Forget about the trails: Today, we'll see **Pulpit Rock** from the only viewpoint that really counts: the sky. You'll take a 30-minute flight in a **seaplane above Lysefjord** to see an iconic Norwegian sight as only the most daring do. From up above, it's not just the view that changes the way you see the world changes too.

Main stops

- 30-minute flight over Pulpit Rock and Lysefjord

The programme

You'll take off from the water and it will be clear straightaway that this is no ordinary trip The **seaplane** accelerates, glides, vibrates slightly, and then - take-off. The **Stavanger coast gets smaller**, the world opens up and Norway starts to show you its most spectacular side.

Below, the fjords flow, deep and dark, islands appear like fragments in a mosaic and mountains seem like scenes set specially to amaze. Then comes the moment you've been waiting for: **Pulpit Rock** appears all of a sudden, suspended **604 meters above Lysefjord**. The view from up here isn't just stunning: it's hypnotic.

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The plane glides slowly around the rock, as if to introduce you to it. You look straight at it, and will be amazed. Photos? You won't need filters: you'll have natural light, inconceivable angles and no crowds whatsoever-

No throngs of people, no effort, no trekking for hours- Just **30 minutes of pure adrenaline**, ease and views that will most definitely leave an impression on you. And when the seaplane touches water again, you'll be certain of one thing: after seeing Pulpit rock so close up, any other experience at **Preikestolen** will be a plan B.

- Minimum age: 6 years
- Maximum weight: 120 kg
- Minimum height: 1 meter
- Once on board, go to the MyLand excursion office to sign the mandatory documents.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
057Z	1 Hours approximately	Moderate	339,00 EUR	339,00 EUR

Type

Stavanger

IN THE REALM OF THE HUSKIES FUN FOR THE WHOLE FAMILY

In a nutshell

Discover the world of huskies and the most authentic Norway Petting the dogs, **runs and sledges** are all on offer at the Husky Farm: an experience created **for young and old alike**, with four-legged friends and stunning scenery.

Main stops

- Visit to the Sirdal Husky Farm
- Brief sled tour with the huskies (with you driving them!)
- Snack with soup, sveler (typical Norwegian fried treat) and coffee
- Photo stop at Dirdal and Gloppedalsure

The programme

If **Norway** makes you think of sleds and husky dogs, you're in the right place! This tour will keep everyone happy, big and small, with an authentic experience in the heart of nature and the world of *sled dogs*. We'll set off by bus from Stavanger, headed for the **Sirdal Husky Farm**. It takes around two hours to get there, but the road is panoramic all the way and immersed in nature. First stop? **Dirdal**. Here, you'll have all the time you need to admire the landscape and take postcard-worthy photos - they've got to be

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seen to be believed!

Once we arrive at the **Sirdal Husky Farm**, we'll start by making friends with the huskies from the farm.

They never say no to hugs! After a brief tour of the farm, the real fun begins: discover the equipment used for the sleds that are pulled by the dogs and then...ready, set, go! If you feel like it, you can experience the thrill of driving your new four-legged friends, for a trip like a bona fide Norwegian.

After all the excitement, a little relaxation is compulsory, sipping a hot drink and sharing your stories and experiences from the day. Then it's back on the bus, but before returning to the ship, we've got one more stop at **Gloppedalsure**, the most impressive landslide in Norway, which is so epic that you can't even fit it in a single photo.

- To take part in the sled ride, guests must be at least 12 years old, with a minimum height of 1 meter and a maximum weight of 150 kg.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04U9	6 Hours approximately	Moderate	189,00 EUR	132,30 EUR
Type				

Stavanger

A KAYAK AND SUP ADVENTURE ON THE FRAFJORD

In a nutshell

Do you want to feel the thrill of crossing the fjord in your own **kayak**? Or, even better, of slipping over the waters on a **SUP** board? Enjoy the experience of navigating the **Frafjord** in an eco-friendly way, and in close contact with nature: A tour for real sporty types awaits you, suitable for anyone who wants to have fun and get stuck in!

Main stops

- Sporting adventure on the fjord
- Choose from kayaking or stand-up paddle board (SUP)
- Photo stop at Gloppedalsure

The programme

With this tour, you can go home and say: I paddled across the fjord! Dress comfortably and get ready for a little exercise - this is an adventure for real sporty types.

We'll set off from the port of **Stavanger** by bus, and after a short journey, we'll arrive at the kayak center, where we will be welcomed by an instructor who will give us a short introductory course, showing us how to use the **kayaks** and the **SUPs** (if you've never seen one, it's a bit like a surfboard that you have to stand

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on and paddle using a paddle...easy in theory, right?).

After choosing your means of transport and getting kitted up, we're off! Accompanied by expert guides, we will navigate across the wonderful **Fra fjord**, with its breathtaking views and perfectly clean waters. After plenty of sport, it's time to warm up with a hot drink, with views directly over the fjord, before returning on the bus which will take you back to the ship. A little tip for the return journey: there'll be a strategic stop to snap a few photos of the **Gloppedalsure**, the most impressive landslide in Norway.

- The excursion does not include a guide.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04UA	4 1/2 Hours approximately	Hard	179,00 EUR	125,30 EUR
Type				

Stavanger VIKING LEGENDS AT STAVANGER

In a nutshell

You'll reach **Ullandhaug** where you can enjoy a spectacular view of the fjord and islands on the horizon. Admire the majestic **Sverd i Fjell**, the three swords commemorating the historic viking battle of 872. Explore the history of the northern warriors through virtual reality at the **Viking House**, and then wander through the alleys of **old Stavanger** and its wooden houses and charming corners, led by our expert guide. A morning to enjoy legends, landscapes and the authentic Norway.

Main stops

- Viking House Museum
- Swords in the Stone **Sverd i Fjell**
- Guided walking tour through Stavanger city centre
- Stavanger Cathedral (exterior visit)

The programme

- Drive out to the **Ullandhaug viewpoint** for magnificent panoramic views of the surrounding area and the island-dotted fjord in the distance. Stop nearby to photograph the striking monument to the 872 battle of Hafrsfjord, where three 33-foot-tall bronze swords (**Sverd i Fjell**) plunge into rocks on the coastline.
- Focus your attention on local Viking history at the VR-based attraction, **Viking House**. The movie is about the Battle of Hafrsfjord and the circumstances surrounding it. The 15 min long movie also tells

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the tale of Harold, the Viking King.

- End your tour with a guided **city walk of Stavanger Old town**.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04UE	3 Hours approximately	Moderate	99,00 EUR	69,30 EUR
Type				

Stavanger

STAVANGER AND PREIKESTOLEN: ADVENTURE ON THE LYSEFJORD

In a nutshell

From Stavanger you'll reach the **Preikestolen basecamp**, and experience an adventure in Norwegian nature. The route takes you to Preikestolen, the **spectacular rock platform suspended above the Lysefjord**. A powerful panorama, strong emotions and one of the most iconic locations of Norway at your feet.

Main stops

- Stavanger
- Preikestolen Refuge
- Hike towards the Preikestolen
- Lysefjord

The programme

- We will skirt the port of **Stavanger** by coach. Heart of the Norwegian oil industry, Stavanger is the country's fourth largest city in terms of population and is located at the entrance to the Gandsfjord, sheltered from the North Sea.
- We will then continue by coach to the **Preikestolen Refuge**.
- From there, we will walk along a rocky mountain path to admire the stunning views dotted with small lakes. This area, which is home to a substantial population of ptarmigan, is well-known to local hunters and fishermen.
- Continuing our walking tour, we will reach the **Preikestolen (the "pulpit"rock)**, a flat rock that overlooks the Lysefjord from a height of 604 metres above sea level. From here, we can enjoy beautiful views of the surrounding mountains.
- After our visit, we will return along the same path to the Preikestolen Refuge, where our coach will be waiting to take us back to Stavanger.

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- The Preikestolen area is not secure. We therefore recommend you move with caution and keep a safe distance from the cliff edge.
- The experience takes place on an uneven mountain track that also has steep sections. Accordingly, for your own safety, it is important to wear walking shoes. If you do not have any with you, they can be rented on site.
- We recommend you wear a waterproof windbreaker over your clothes.
- This outdoor excursion will take place in all weathers, with the exception of snow.
- The walk covers a distance of approximately 8 km with a difference in height of approximately 340 metres from start to finish and is only recommended for guests accustomed to walking on rough paths.
- Minimum age 6 years old

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2490	7 1/2 Hours approximately	Hard	169,00 EUR	118,30 EUR
Type				
Basket Lunch				

Stavanger

STAVANGER: VIKINGS, LANDSCAPES AND NORWEGIAN SYMBOLS

In a nutshell

From Stavanger to the origins of Norway. Visit the **Iron Age Farm at Ullandhaug**, overlooking the Hafrsfjord, cross the **countryside at Jæren** and admire the **Ryfylke mountains**. Stop in front of the iconic swords in the stone and then head back to Stavanger, its Cathedral and the alleys of the **historic center**. A tour featuring the Viking past alongside Norway's modern side.

Main stops

- Ullandhaug & Iron age farm
- Jæren landscape
- Ryfylke Mountains
- Sverd i fjell (the "Swords in Rock")
- Stavanger Cathedral (outside visit)
- Old Stavanger

The programme

Costa Diadema - Denmark, Norway, Germany

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- We will set off from the port by coach through **Ullandhaug**, an area famous for its reconstructions of Iron Age farms. Ullandhaug also boasts breath-taking views of the **Hafrsfjord** where, in 872, the Viking king Harald Fairhair defeated the last of the local princes and unified 29 small kingdoms under one crown, founding the Kingdom of Norway. To the east stretches the fertile **landscape of Jæren**, with the **Ryfylke Mountains** in the distance.
- We will then continue to the outskirts of Stavanger to admire the **Sverd i fjell ("Swords in Rock")**, a fascinating memorial by the sculptor Fritz Røed. The monument depicts three 10 metre-high swords that commemorate the historic battle of Hafrsfjord. The largest sword represents the victorious Harald, while the smaller ones symbolise the vanquished kings. The monument is also intended to symbolise peace, as the swords are struck in solid rock, from which they can never be removed.
- We will now pass through both the older and more modern districts of Stavanger; we will admire the outside of the **Cathedral**, built in around 1125 by Bishop Reinald of Winchester with the help of British craftsmen. Of all the churches built in Norway during the Middle Ages, Stavanger Cathedral is the only one that still retains its original features.
- Before returning to the ship, we will treat ourselves to a walk through "Old Stavanger", with its typical narrow streets lined with picturesque wooden houses that date back to the 18th and 19th centuries, a time when it was home to sailors, craftsmen and merchants. This unique area, located just a few minutes from the port, is now at the centre of the city's most ambitious redevelopment project.
- Places on this excursion are limited. We recommend booking early.
- The Cathedral is currently under renovation, so the visit will be from outside.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2491	3 Hours approximately	Easy	99,00 EUR	69,30 EUR

Type

Pick&Choose

Stavanger

SAILING ON THE LYSEFJORD: PREIKESTOLEN UP CLOSE

In a nutshell

Leave Stavanger and **sail through the heart of the Lysefjord**, between steep mountains, islands and farms where time seems to have stood still. The highlight is below the legendary **Preikestolen**, with all its majestic might towering above you. There's no climbing, just the sea and one of Norway's most iconic landscapes. The finale? A **secret grotto** along the coast, before returning.

Main stops

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2493	2 1/2 Hours approximately	Easy	139,00 EUR	97,30 EUR

Type

Stavanger **A TASTE OF STAVANGER AND ITS HISTORY**

In a nutshell

A tour of **nature, traditions and the city**. You'll travel by coach skirting the Dirdal river, to discover **Byrkjedalstunet**, its local crafts and typical flavors. Then you'll return to Stavanger for a walk in the historic town center, and the iconic wooden houses of **old Stavanger**. A tour combing atmosphere, taste and authenticity.

Main stops

- Coach ride along the River Dirdal
- Byrkjedalstunet
- Historic centre of Stavanger

The programme

- We will begin our excursion with a coach ride along the **River Dirdal** to **Byrkjedalstunet**, a restored cheese factory that dates back to 1920. The site is now home to a restaurant, hand-made candle store, and small shops selling souvenirs and handicrafts. During the visit, we will also have the opportunity to sample typical Norwegian pancakes before enjoying some free time to explore the surroundings.
- Returning to **Stavanger**, we will cross the historic centre and admire the city's many sites of interest en route.
- Before returning to the ship, we will stroll through "Old Stavanger", characterised by narrow streets lined with picturesque wooden houses dating back to the 18th and 19th century, when activities such as herring fishing and shipbuilding contributed to building the city's fortunes, turning it into the main commercial and industrial hub it has been ever since. Once home to sailors, craftsmen and merchants, this unique area, located just a few minutes from the port, is now at the centre of the

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city's most ambitious redevelopment project.

- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2494	4 Hours approximately	Easy	110,00 EUR	77,00 EUR
Type				Tasting

Pick&Choose

Stavanger

ALL OF STAVANGER: ITS WOODEN HOUSES, THE MARKET AND HISTORY

In a nutshell

Discover all of **Stavanger on foot**, at a leisurely pace. Stroll past the wooden houses of the old part of the town, take in **the atmosphere of the port and the market** and admire the historic Cathedral from the outside. A simple, comprehensive visit to capture Stavanger's soul, its traditions and daily life.

Main stops

- Old Stavanger
- Market square
- Harbour bay
- Stavanger Cathedral (outside visit)

The programme

- We will leave the port on foot and begin exploring the city.
- We will enjoy a stroll through **Old Stavanger**, characterised by narrow streets lined with picturesque wooden houses, complete with pretty gardens and historic gas lanterns. Dating back to the 18th and 19th centuries, these houses were once home to sailors, craftsmen and merchants. The charm of the area appears to have remained intact for centuries and the entire neighbourhood is now at the centre of the city's most ambitious restoration project.
- A short walk will take us to the **market square** and the **harbour bay**. During the summer months, you will have the opportunity to browse the stalls and admire the wide range of fruit and vegetable.
- On leaving the square, we will continue to the **Cathedral** for an outside visit Dedicated to St. Svithun, patron saint of the city, and built in around 1125 by Bishop Reinald of Winchester, with the help of

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British craftsmen, Stavanger Cathedral is the best-preserved medieval church in Norway, second only to the Nidaros Cathedral in Trondheim.

- After admiring the cathedral, we will return to the port.
- Space is limited, so please reserve early.
- Tour will take place also in case of bad weather conditions, therefore suitable clothes are recommended.
- This excursion is not recommended for those guests with mobility problems.
- The Cathedral is currently under renovation, so the visit will be from outside.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2497	2 Hours approximately	Moderate	59,00 EUR	41,30 EUR

Type

Pick&Choose

Kiel

KIEL AND LABOE: CANALS, SAILORS AND SUBMARINES – the tour ends at the airport

In a nutshell

You'll set off from the port, to discover the maritime heart of **Kiel**, its grand **Town Hall** and the immense **Canal**, winding its way between two seas and centuries of history. You'll then head to **Laboe** and visit the **Naval Memorial**, climbing to the top of the tower overlooking the Kiel firth. Afterwards, you'll head down to the beach and **climb on board the U995 submarine**: cramped spaces, war-time technology and life on board all depict an intense history. A powerful finale, made up of memories, steel and the sea, before heading back to Hamburg.

Main stops

- Kiel: major places of interest in the city, City Hall, Kiel Canal
- Laboe: Naval Memorial to the Sailors who died in battle and exhibition inside, U995 submarine with museum

The programme

- We leave the port to start our panoramic tour of the city of **Kiel**. The capital of the Federal State of Schleswig-Holstein boasts a long tradition as a maritime city and port, which pervades daily life.

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- Our route winds past the **main points of interest** in the city, including the **City Hall** and the spectacular **Kiel Canal**, which links the North Sea to the Baltic Sea.
- At the end of our city tour, our coach will take us to the eastern shore of the Kiel Fjord to the town of **Laboe**, where we visit the **Memorial to the Sailors who were killed in battle**. The tower was first erected to commemorate the soldiers of the German Navy who died in the First World War. Later, it was also dedicated to the sailors who died in the Second World War. In 1954, it became a memorial to all the fallen from the Navies of all nationalities.
- After an interesting visit to the **exhibition inside the monument**, we climb to the top of the building to enjoy the **spectacular view** that unfolds before us.
- Lastly, the **U995 submarine**, one of the dreaded U-Boats that destroyed the allied ships in the north-eastern Atlantic, awaits us on the nearby beach. Today, it houses a museum where we can learn about some of the aspects of the hard life of the crew on board submarines.
- Our visit to the memorial is over and we set off by coach for Hamburg airport.
- We recommend wearing comfortable shoes.
- This excursion is not recommended for guests with mobility problems.
- The tour guides will leave the group at the end of our tour of Kiel. The journey to the airport does not include a guide.
- This excursion is reserved for guests who disembark at Kiel and whose flights depart after 4.00 p.m.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2850	4 1/2 Hours approximately	Moderate	69,00 EUR	48,30 EUR

Type

Kiel

HAMBURG: THE LAKE AND PANORAMAS BETWEEN PAST AND PRESENT – the tour ends at the airport

In a nutshell

Discover **Hamburg** starting from the water: you'll go round **lake Alster**, through elegant districts and along **Jungfernstieg** street, buzzing with its boutiques and city life. You'll go past the **grand renaissance buildings of the Town Hall and Stock Exchange**, then change pace with parks and gardens, nineteenth-century architecture and the television tower. Stop to take a few photos and then continue on to the **Church of Saint Michael**, the symbol of the city. Round off the tour at the historic **Krameramtsstuben**, before your transfer to the airport.

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Main stops

- Lake Alster
- Jungfernstieg
- Renaissance City Hall and Stock Exchange Buildings
- Modern part of the city
- St. Michael's Church
- Krameramtsstuben

The programme

- This fantastic tour will give us the opportunity to discover the vibrant city of Hamburg, the second largest metropolis in Germany after the capital, Berlin.
- Our panoramic tour winds its way past the main points of interest in the city. First of all, our route runs alongside the **Lake formed by the River Alster** in the city centre, and then crosses the residential districts and the **Jungfernstieg**, the famous fashion street, lined with luxury boutiques and shopping malls.
- We drive past the **Renaissance buildings of the City Hall and Stock Exchange** and venture into the **more modern part of the city**, with its parks and gardens, the television tower, 19th century buildings and much more.
- Weather and traffic permitting, we will have the opportunity to leave the coach and make a few photo stops.
- Our next stop will be a visit of the exterior of **St. Michael's Church**, affectionately known as Michel by the inhabitants of Hamburg; this is one of the main Protestant churches in the city, and one of the most important architectural structures in Germany.
- Our tour ends in the **Krameramtsstuben** area, a complex of 5 buildings, built between 1620 and 1676 by the merchants' guild to provide homes for traders' widows. They are well preserved and give us an idea of what life was like at the beginning of the 18th century.
- Afterwards our coach will bring you to Hamburg airport.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2856	4 1/2 Hours approximately		69,00 EUR	48,30 EUR

Type

Pick&Choose

Kiel

KAYAKING ON THE SCHWENTINE RIVER AN ADVENTURE IN A LAND OF SURPRISES

In a nutshell

Glide over the waters of the **Schwentine** river, as if you were filming the trailer of your very own personal adventure: crystal-clear water, banks so verdant they seem to have been photo-shopped and turtles staring at you like someone admiring your natural talent or total lack of coordination. **paddling** is not an activity it's a ritual to take you into a secret kingdom where nature has made its mark.

Main stops

- In a single or twin kayak
- Close-up encounters with local turtles
- Stop-off at the Oppendorfer Mühle Restaurant

The programme

From the jetty, a brief stroll will take you to your 'nautical steed': a **kayak**. You'll put on your life jacket, find the waterproof box (because you telephone will want to survive the adventure) and off you go: the river awaits.

- The excursion is not guided. A local attendant will provide you with assistance and information in English
- Minimum age 10 years.
- Minimum weight 25 kg
- Minimum height 110 cm
- Remember to bring sun cream, a hat, towel, raincoat and comfortable shoes. Changing facilities are not available.
- The excursion is not suitable if you have back problems or are pregnant.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
050F	4 Hours approximately	Moderate	129,00 EUR	129,00 EUR

Type

Kiel

TO HAMBURG WITH COSTA GOROUND. 1 ROUND-TRIP TICKET TO THE CITY CENTER

NORTHERN EUROPE & FJORDS



In a nutshell

Explore at your own pace with our **Costa GoRound** bus. It will be waiting for you right by the ship, to take you on a journey to discover the most iconic sights in **Hamburg**. See the concert halls, model railways and contrasting aspects of the city, free to explore and enjoy it at your own pace, right to the very last minute: the bus will then take you back to the ship at the right time. Costa GoRound is the most convenient, flexible and safe way to explore in freedom.

Main stops

- By bus to the city center and to return to the ship.
- Do whatever you wish, you have total freedom.

The programme

- The tour does not include a guide.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04S5	6 1/2 Hours approximately	Moderate	69,00 EUR	48,30 EUR

Type

Kiel

LUBECK, THE BALTIC JEWEL

In a nutshell

You'll start from **Kiel** and head straight to **Lubeck**, 'Queen of the Hanseatic League'. You'll go past the imposing **Holsten Gate**, the proud symbol of the city. Then on to the **historic city center, a Unesco World Heritage site**, past the Seven Towers and the imposing **Hospital of the Holy Spirit**. You'll pass the **Gothic Town Hall**, admire the magnificent **Church of Saint Mary**, the grand homes of noble families and the salt warehouses. A nod to the Mann family at Buddenbrook House and then indulge in the legendary **Niederegger Marzipan**. Afterwards enjoy some free time for shopping and refreshments.

Main stops

- Old Town and its landmarks
- Free time

NORTHERN EUROPE & FJORDS



The programme

Lubeck has much to offer, not only for the historians among you!

Start off at the pier in Kiel with an approx. 1,5 h scenic transfer to Lubeck. You will start with Lubeck's **Holsten Gate**, where you have your first of many photo opportunities. The gate from the 15th century is the landmark of Lubeck, which is symbol not only of the well-fortified medieval town but also of the self-confidence of the former Queen of the Hanseatic League.

Your walking tour starts at the city center. Your tour leads through the picturesque **Old Town** which was declared a World Cultural Heritage Site by the UNESCO in 1987. Walking the historic alleyways and courtyards, see **the Seven Spires and the Hospital of the Holy Spirit** dating back to 1280. This hospital is not only one of Europe's oldest social institutions but also one of the most significant monumental buildings from the Middle Ages.

Proceed to the historic **Town Hall** which was built in the 13th century and is considered to be one of the oldest, most magnificent in Germany. Have a view at the **St. Mary's Church** which is the third-largest church building in Germany. Of particular interest are also numerous 15th- and 16th-century patrician residences and salt storehouses.

Pass by the **Buddenbrook House**, the former home of the Lubeck-born authors Heinrich and Thomas Mann.

Another highlight is the unique Marzipan-exhibition in the trademark **Café Niederegger**.

Enjoy your **free time** for having a lunch break and for exploring the narrow, cobble-stoned streets and the variety of small and elegant shops.

- The journey to Lubeck takes approximately 1,5 hours each way.
- This excursion is not recommended for guests with mobility problems.
- You ought to wear comfortable shoes.
- Lunch not included.
- English speaking guides are limited in number.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0120	6 1/2 Hours approximately	Moderate	109,00 EUR	76,30 EUR
Type				

Pick&Choose

Kiel

HAMBURG: A CONTRAST BETWEEN THE CITY AND THE SEA

NORTHERN EUROPE & FJORDS



In a nutshell

Escape from your usual routines and head to **Hamburg**, the city that loves contrasts. You'll set off along the Elba river, past elegant, grand buildings and the port, on to **Alster Lake** and then a stop-off for a little shopping at **Jungfernstieg**. Admire **the Town Hall and Stock Exchange**, the modern outline of the television tower, the parks and architectures that change pace at each turn you take. You'll end at the superb **Saint Michael's Church** and the historic **Krameramtsstuben**. Hamburg is not just a city that tells a tale: it's an experience, to discover layer after layer.

Main stops

- Panoramic drive
- Free time
- Outside visit of St. Michaels church and Krameramtsgasse

The programme

Escape the ordinary and discover Hamburg, a city of captivating contrasts. Your journey begins with a scenic drive, where elegant mansions along the Elbe River give way to the vibrant downtown. You'll pass the serene **Alster Lake**, where the city's exclusive side shines, and cruise past **Jungfernstieg**, a paradise of luxury shops.

The city's rich history and modern energy are on full display as you see the grand **City Hall** and **Stock Exchange**, followed by stunning contemporary architecture, lush parks, and the towering silhouette of the **TV tower**. As traffic allows, you'll have the chance to hop off for that perfect photo.

The tour culminates with an outside visit to the iconic **St. Michaelis Church**, affectionately known as "Michel," a symbol of Hamburg's resilience and spirit. You'll also get an intimate look into the past at the **Kramer Amtsstuben**, a beautifully preserved 18th-century complex that offers a glimpse into life long ago. This is Hamburg's city of layers, waiting to be explored.

- St. Michael can be closed due to church service at short notice

INFORMATIONS

Code	Duration	Level	Adult price	Child price
012P	7 Hours approximately		89,00 EUR	62,30 EUR

Type

Pick&Choose

Kiel **KIEL: A SEA-THEMED STROLL**

In a nutshell

Do you want to discover a city with a **'lasting link' with the sea**? The aquatic roots of **Kiel** will amaze you **with every step** you take as you watch **the comings and goings of the boats on its canal**, and with your guide, admire the **grand buildings overlooking the water** and **open-air pools** from which **northern fur seals** emerge. Follow the canal to see the **neoclassical Town Hall**, **the Opera House** and the nautical **Church of Saint Nicholas**. You'll even have something tasty for your palate: tuck into a **'fish bun'**, the traditional sandwich **made with local fish!**

Main stops

- Walk through Kiel: seafront; Town Hall building; St. Nicolai church; Opera House; former Franciscan convent
- Snack with **fish bun**

The programme

- As you stand in front of the ships departing from the port of **Kiel**, you'll want to find out more about this **city with a natural affinity for water**: dive in, on **a walk with your guide!**
- They will tell you that this was the only town by the sea in this Saxon territory, but that it is also called the "city of sailing", for its unique regatta: this explains the sails and sailors you will glimpse along the **waterfront**.
- Meanwhile, near the port, you might come across a friendly **seal** or two splashing around in an **open-air pool**, capturing everyone's attention as they pop up.
- And even though the salty tang fades as you walk through the streets of the center, water is always at the heart of everything: The **neoclassical Town Hall and Opera House** look out over the canal, while **St. Nikolai Church** was originally a maritime place of worship dedicated to the patron saint of seafarers.
- Has all that walking given you an appetite? There's a typical **fish bun** ready and waiting for you - **a sandwich filled with fresh fish caught right here**. The Baltic in a mouthful.
- And if you're still hungry for more maritime discoveries, **you can explore Kiel however you like**, before returning to the ship.
- Wear comfortable shoes and clothing suitable for the experience.
- The sandwich can be enjoyed with soused herring, salmon or vegetables.
- Limited number of English guides: if none are available, you will be accompanied by a guide who will conduct the tour in English.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
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NORTHERN EUROPE & FJORDS



01J7 3 Hours approximately Moderate 79,00 EUR 55,30 EUR

Type

Tasting

Pick&Choose

Copenhagen **TOUR OF TWO KINGDOMS – DENMARK AND SWEDEN**

In a nutshell

A day spent discovering the marvels and most symbolic sights of two magnificent Scandinavian cities – Copenhagen and Malmö. A fascinating panoramic tour that takes us from Denmark to Sweden across the majestic Öresund, the longest cable-stayed bridge in Europe – a colossus submerged in northern waters.

Main stops

- Sightseeing tour of Copenhagen
- Öresund bridge
- Sightseeing tour of Malmö
- Old city of Malmö

The programme

- We recommend that you book early as only a limited number of places are available.
- This excursion is reserved for guests who do not disembark in Copenhagen.
- Guests must bring their passport or ID card

INFORMATIONS

Code	Duration	Level	Adult price	Child price
038K	7 Hours approximately	Moderate	110,00 EUR	77,00 EUR

Copenhagen **COPENAGHEN, THE VIKINGS AND ROSKILDE CATHEDRAL**

In a nutshell

We drive by the most symbolic places and monuments in Copenhagen, a charming picturesque city steeped in history and elegance. We reach Medieval Roskilde, the city of the northern warriors, and go on a journey back in time among its historical gems ranging from a charming Viking museum to a majestic

NORTHERN EUROPE & FJORDS



Gothic cathedral.

Main stops

- Sightseeing tour of Copenhagen
- Little Mermaid Statue
- Roskilde
- Viking Ship Museum
- Roskilde cathedral

The programme

- We get on a coach and set off on a thrilling **sightseeing tour** of the gems of city of **Copenhagen**.
- We drive by the **Town Hall** and the lovely **Tivoli Gardens**, a famous amusement park surrounded by nature. We reach the **ancient Stock Exchange** and observe its characteristic spire formed by intertwined dragon tails. We admire the unique coloured houses along the **old port of Nyhavn** and take marvellous photographs in front of the majestic **Amalienborg Palace**, the official residence of the Danish Royal Family.
- We move on to the port of Copenhagen to admire the symbol of the city, a lovely bronze statue nestled on a rock: the **Little Mermaid Statue**, the protagonist of one of Hans Christian Andersen's most famous fairy tales. Here, we have some free time available to take some beautiful photos and immerse ourselves in the atmosphere of the Danish capital.
- Our tour continues with the historic city of **Roskilde** to admire two of its great sights.
- The first stop is the **Viking Ship Museum**, where we go on a journey into the history of northern warriors among their extraordinary ships. We marvel at five fascinating types of ship, from trading ships to war ships, sunk off Skuldelev in 1070 and brought back to light in 1962. In the museum, we have the opportunity of admiring other marvellous ships, which are perfect reconstructions of Viking ships. We continue with the majestic **Roskilde Cathedral**, the main burial site for Danish monarchs. It was the first Gothic church to be made of bricks, a style that was promoted all over northern Europe. We remain speechless in front of this magnificent cathedral, a true architectural marvel declared a UNESCO World Heritage Site.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
038N	6 Hours approximately	Moderate	119,00 EUR	83,30 EUR

Copenhagen

COPENHAGEN: FEET ON THE GROUND, EYES ON THE WATER

In a nutshell

Exploring **Copenhagen on foot** is the best way to discover the city's **connection with the water**. A paradox? Not at all. From the statue of **the Little Mermaid**, heroine of children, to the **Gefion fountain**, which evokes ancient myths, the **royal residences** with their **gardens**, and the **Nyhavn canal**: with your **guide**, you will discover the aquatic DNA of this city.

Main stops

- Little Mermaid statue
- Gefion Fountain
- Rosenborg Castle and The King's Gardens
- Churchill Park, Frederiksstad district, Amalienborg Palace
- Nyhavn canal
- Kastellet

The programme

- Walk with your guide to the **Little Mermaid statue**, which has been the symbol of the city since 1913. Here, a passion for the sea is instilled at an early age, even if only by listening to **Hans Christian Andersen's fairy tale**.
- From fairy tales to myth: in front of **Gefion Fountain**, discover the legendary origins of Zealand: a patch of land stolen from the sea with an ox-drawn plow. It is the island upon which the city rests!
- It stretches to **Churchill Park**, where water brings life to flowers and meadows, and the **Frederiksstad district**, with the **Amalienborg Palace**, residence of the Danish royal family. Guess what: it is only separated from the harbor basin by **The Amalie Garden**.
- Along the **Nyhavn canal**, the old port, a host of colorful houses are reflected in the water, while **Rosenborg Castle** is mirrored in the lake of its **gardens**: a home for fish, geese and swans.
- But the last piece of your puzzle is **Kastellet**, a 17th-century citadel surrounded by water. Here in **Copenhagen**, everything – even the most monumental structures – seem to float.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03P8	3 Hours approximately	Moderate	75,00 EUR	52,50 EUR
Type				

Pick&Choose

Copenhagen

THE LESSER KNOWN CORNERS OF COPENHAGEN: ON FOOT AND BY BOAT

In a nutshell

They say that **Copenhagen** is at its best when seen from its various waterways: this is why **a boat tour with your guide** will give you a special perspective on the city. Cruise slowly from the **statue of the Little Mermaid**, the guardian of the port, to that of the Norse goddess **Gefion**, and then on to the **royal palaces** and the **maritime district of Nyhavn**. Your zoom? You won't need it: to see them up close, simply **take a stroll on dry land!**

Main stops

Boat tour through the canals of Copenhagen: Little Mermaid statue, the Amalie Garden, Amalienborg Palace, Kastellet, Gefion Fountain, Churchill Park, Nyhavn district, Christiansborg Palace Stroll through the streets of the city

The programme

*Ever thought you would be able to discover Copenhagen from two different perspectives? From the water to the heart of its streets and alleyways, soon you will know all the secrets of the city. Your **guide** knows just where to begin: the first stop in front of the iconic **Little Mermaid statue** is unmissable – it's been a symbol of the capital since 1913. Then, in one glance, you can take in the **Amalie Garden** overlooking the water and the **Amalienborg Palace** too, which is home to the Danish royal family. *Your boat will slowly make its way through the canals and under bridges that are so low that you can touch them as you pass beneath. And with every glimpse, a piece of Copenhagen life passes by, with its unique people and colors.* From here, the geometrical shapes of the **Kastellet fortress** are even clearer to see: did you know that its symmetrical red roofs form the shape of a star? *Finally, take in the fountain of the goddess Gefion, the pastel facades of the district of Nyhavn and the spire of the Danish Parliament building, before seeing them again up close as you wander through the streets of the city center**: a great way to lose yourself in the details of the legendary goddess Gefion as she tames her oxen!*

- This experience is reserved for guests not disembarking in Copenhagen.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01GH	3 Hours approximately	Moderate	89,00 EUR	62,30 EUR

Type

Copenhagen
THE BEST OF COPENHAGEN

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In a nutshell

Main stops

- Little Mermaid statue
- Amalienborg Palace
- Statue of King Frederick V
- Cruise along the canals of Copenhagen
- Tivoli Gardens

The programme

- Our tour will take us to see the famous statue of **Hans Christian Andersen's Little Mermaid**. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice.
- We will then admire **Amalienborg Palace**, which comprises four identical buildings and has been the Danish royal family's base since 1794. It is guarded by soldiers in traditional bearskin hats and the centre of the square is home to the **statue of King Frederick V** on horseback, depicted as a Roman emperor, considered one of the most important equestrian statues in the world.
- We will hop on a boat and enjoy a **cruise along the picturesque canals of Copenhagen**, where floating houses share the water with sail boats and yachts.
- We then will enjoy the beautiful and one of the oldest amusement parks in the world, **Tivoli Gardens**, where we will have a **tasty typical Danish lunch**. After lunch you can explore the wonderful park on your own.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01GI	7 Hours approximately	Moderate	175,00 EUR	122,50 EUR

Type

Copenhagen

COPENHAGEN - A FAMILY TOUR A WALK AND FUN IN THE TIVOLI GARDENS

In a nutshell

Get ready to discover **Copenhagen** while you play A walk for families that will transform the city into a great adventure park famous statues, historic districts, fairytale castles and even 'hidden' animals for your children to find. After seeing the **Little Mermaid**, the tour continues to discover views, clues and have

NORTHERN EUROPE & FJORDS



fun, then on to the **Tivoli Gardens**, the city's favorite place for the young ones (and the not so young). A lighthearted, fun, magical day.

Main stops

- ☑ A walk conceived for children with a small treasure hunt to 'find the hidden animals'
- ☑ The Little Mermaid and iconic sights of Copenhagen - curious and fun things to discover
- ☑ Free time at the Tivoli Gardens, the city's most well-known park

The programme

If you're looking for an activity that the whole family will love, this tour is perfect. **Copenhagen** will welcome you with its colors and stories and with a special mission for the younger ones: **some local animals have disappeared!** And your youngsters, as little explorers, will help to find them.

The first stop is the **Little Mermaid**, Copenhagen's much-loved symbol. The treasure hunt starts from here: the first clue, the first animal, the first "We found it!". A moment that will win over everyone, including the adults.

Then there's a panoramic tour to see the yellow-hued houses of **Nyboder**, the **National Gallery**, the romantic **Rosenborg** castle and the **Town Hall**. Each stop is a chance to tell a simple, fun story, with your children searching everywhere for new details (and perhaps another hidden animal!).

And when it's time to go to the **Tivoli Gardens**, everyone will be amazed all at the same time. With carousels, colors, music and a fairy-tale atmosphere, you'll love the city's most iconic park. It's the perfect place to stop for a tasty bite, take a few photos and enjoy a little magic as a family.

During the tour, the guide will be happy to make suggestions on the activities best suited to your children and the places to explore by yourselves.

The day ends with some of Copenhagen's must-see sights: **Glyptotek**, the **National Museum**, **Christiansborg Palace**, **Nyhavn** and the imposing **Marble Church**. A true picture-postcard ending.

You'll return with a smile, a telephone full of photos and your children who will probably ask you

■ When are we going to go again?"

- The entrance ticket to the Tivoli Gardens does not include any attractions (entrance only to the gardens)

INFORMATIONS

Code	Duration	Level	Adult price	Child price
050C	4 1/2 Hours approximately	Moderate	69,00 EUR	48,30 EUR

Type

Copenhagen

BEAUTIFUL COPENHAGEN AND THE PICTURESQUE TOWN OF DRAGØR (ends at the airport)

In a nutshell

A pleasant panoramic tour of the amazing city of Copenhagen with its imposing palaces and fascinating views of the sea followed by a stroll around the fishing town of Dragør with its paved roads and yellow houses adorned with flowers where time seems to have stood still.

Main stops

- The Little Mermaid Statue (photostop)
- City Hall
- Rosenborg castle and Christiansborg palace
- Gefion fountain
- Amalienborg Royal Palace (photostop)
- Nyhavn district
- Fishing town of Dragør

The programme

We leave the port by coach and venture on a delightful sightseeing tour of Copenhagen, the amazing capital of Denmark and a harmonious and tidy city where views of the sea alternate with magnificent urban settings.

We start with a stop for photos at the Little Mermaid Statue. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice.

On the way there, we admire the impressive City Hall with its clock tower and curious combination of architectural elements ranging from the Danish Middle Ages to Romanticism, Rosenborg Castle surrounded by fairy-tale gardens and an evocative moat to the Baroque Revival Christiansborg palace, now seat of the Danish parliament.

We drive past Gefion fountain, the largest monument in the Danish capital, and let ourselves be enchanted the Amalienborg palace, the residence of the queen where we stop for a few photos.

We continue our tour as far as the picturesque district of Nyhavn with its colourful wood, brick and mortar houses, famous wooden boats and the romantic sailing ships moored at the quays.

We then move on to the island of Amager, the last stop on our excursion, to visit the charming picturesque fishing town of Dragør, one of the best preserved in Denmark.

Once there, we can choose how to spend our time: we can go either on a 25-minute guided walking tour to explore its peaceful cobbled alleyways where time seems to have stood still, or take a leisurely stroll on our own along the lovely harbour among the small yellow houses adorned with scented flowers.

- The walk around Dragør is on cobbled roads.
- The tour ends at the airport.
- This excursion is available to guests whose flights depart after 8 pm.

NORTHERN EUROPE & FJORDS



INFORMATIONS

Code	Duration	Level	Adult price	Child price
05CG	7 1/2 Hours approximately	Easy	85,00 EUR	59,50 EUR

Type

Copenhagen **COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES (ends at the airport)**

In a nutshell

On this excursion we learn about the history of Copenhagen's most iconic locations, symbols of the city that have become famous around the world.

Main stops

The programme

- We reach **Copenhagen**, the enchanting capital of the world's oldest kingdom, a city where history, tradition and the modern world are interwoven with the magic of fairy tales.
- Our first "port of call" is the world-famous **statue of the Little Mermaid inspired by the story by Hans Christian Andersen**. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo - our dear Little Mermaid has led a colourful life!
- Next stop on the tour is the home of the Queen, **Amalienborg Palace**: four identical buildings, guarded by soldiers in traditional bearskin hats. In the palace grounds, the **statue of King Frederick V**, on horseback depicted as a Roman emperor, is considered one of the most important equestrian statues in the world.
- Next on our itinerary is **Christiansborg Palace** on the islet of Slotsholmen, which, being home to Denmark's most important institutions, is fittingly nicknamed the "Island of Power".
- Before heading to the airport to catch your flight home, we will have a short city tour, passing by **Rosenborg, Town Hall and Tivoli Gardens**.
- This excursion is available to guests whose flights depart after 17.45.

NORTHERN EUROPE & FJORDS



- Christiansborg Palace reserves the right to close its rooms to the public and cancel bookings whenever it is needed by the government or the royal family.
- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2701	4 Hours approximately	Easy	79,00 EUR	55,30 EUR

Type

Copenhagen

COPENHAGEN EXPRESS: ALL THE KEY SIGHTS (ends at the airport)

In a nutshell

This excursion gets straight to the point, taking us directly to the city's most iconic landmarks: the statue of the Little Mermaid, with its remarkable history, the royal residences and the Government offices.

Main stops

- The statue of the Little Mermaid
- Nyhavn district, the Stock Exchange, Christiansborg Palace, the "Island of Power", the Parliament, Supreme Court, Government offices and former Royal Apartments
- The Christianshavn district

The programme

- Our excursion, exploring the capital of Europe's oldest kingdom, begins with an opportunity to take photographs of the world-famous statue of **Hans Christian Andersen's Little Mermaid**, one of the city's most iconic symbols. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo our dear Little Mermaid has led a colourful life!
- We make our way through the district of **Nyhavn** and then proceed to see some of the city's most important landmarks, including **the Stock Exchange and Christiansborg Palace**. The latter is located on Slotsholmen, Island, fittingly nicknamed the "Island of Power" which houses the country's main political institutions: the Parliament (Folketing), the Supreme Court and the government offices (to the south and east), as well as the state rooms of the former Royal Apartments (north wing).

NORTHERN EUROPE & FJORDS



- We end our tour and head to the airport through the old Christianshavn district.
- We say farewell to fairy-tale Copenhagen, taking a souvenir or two, and countless memories with us.
- This excursion is available to guests whose flights depart after 15.45.
- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2704	2 Hours approximately	Easy	59,00 EUR	41,30 EUR

Type

Copenhagen

COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES

In a nutshell

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2706	4 1/2 Hours approximately	Moderate	79,00 EUR	55,30 EUR

Type

Copenhagen

SPECIAL SOUVENIRS FROM COPENHAGEN

In a nutshell

We visit Denmark's wonderful capital - with its royal palaces and distinctively Danish landmarks that are full of historical significance - and treat ourselves to a special visit, discovering 240 years of passion for quality and beauty in the blue and white ceramics of the Royal Copenhagen porcelain works.

Main stops

- Places on this excursion are limited. We recommend booking early.
- The excursion is reserved for guests who are not disembarking in Copenhagen.

INFORMATIONS

NORTHERN EUROPE & FJORDS



Code	Duration	Level	Adult price	Child price
2707	2 1/2 Hours approximately	Moderate	50,00 EUR	35,00 EUR

Type

Pick&Choose

Copenhagen

COPENHAGEN: EXPLORING THE CANALS OF COPENHAGEN BY BOAT

In a nutshell

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2708	4 Hours approximately	Easy	99,00 EUR	69,30 EUR

Type

Copenhagen

THE WONDERS OF COPENHAGEN

In a nutshell

Succumb to the charm of Copenhagen with this unique opportunity to visit Denmark's wonderful capital: visit the historic centre, discover why Danish design is so highly regarded around the world, relax at one of the local bars or treat yourself to some retail therapy on one of the charming shopping streets.

Main stops

- The statue of the Little Mermaid
- Amalienborg Palace
- Indre By - the historic district
- Panoramic of Rosenborg Castle, Strøget - Europe's longest pedestrianised shopping street, the City Hall and the Rådhuspladsen (City Hall Square), Tivoli Gardens
- Local bars, gift shops and the city centre (free time)
- Christianborg Palace and Royal Reception Rooms

The programme

- We arrive in Denmark's capital, **Copenhagen**, a wonderful city rich in history and tradition.

NORTHERN EUROPE & FJORDS



- We make a brief stop at the famous statue of **Hans Christian Andersen's Little Mermaid**. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo - our dear Little Mermaid has led a colourful life!
- Also not to be missed is a visit to the city's royal residences: the palaces at **Amalienborg** - residence of the present Queen - which is guarded by soldiers in traditional bearskin hats.
- We follow our tour in the **historic centre district of Indre By**. Here we find Rosenborg Castle, **Strøget - Europe's longest pedestrianised shopping street**, the magnificent **City Hall** with its distinctive decorations, the monuments and maritime symbols that adorn City Hall Square, and the magnificent world famous **Tivoli Gardens**.
- We will stop in the very **heart of the city** where we can savour the capital's unique atmosphere, enjoying a relaxing stroll, sipping a drink in one of the countless coffee houses or picking up a final souvenir or two, also enjoy exploring the city centre using your **free time**.
- Our visit ends with **Christianborg Palace** and the **Royal Receptions Rooms** and after this visit we will direct ourselves to Ocean Quay, just next to the pier.
- Places on this excursion are limited. We recommend booking early.
- Christiansborg Palace reserves the right to close its rooms to the public and cancel bookings whenever it is needed by the government or the royal family.
- This excursion is reserved for guests who do not disembark in Copenhagen.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2811	6 Hours approximately	Easy	99,00 EUR	69,30 EUR

Type

Copenhagen

ICONIC COPENHAGEN FAIRY TALES, DESIGN AND COOL CLASS

In a nutshell

Copenhagen will welcome you with its nonchalant beauty: a little, but very famous **Mermaid, canals** that seem touched up by an overly enthusiastic designer and districts where Scandinavian design is so perfect that it's practically perplexing. In the middle of all this, the cool diversion of a **bar fashioned entirely from ice**, just to remind you that the cold here isn't unexpected: it's a concept. A tour encompassing fairy-tale atmospheres and the contemporary, with the self-assurance that only the

Danish know how to show off.

Main stops

- Photo-stop at the Little Mermaid
- A walk around Nyhavn, the Opera House and the city's historic districts
- Visit to a bar made entirely from ice
- A visit to the Danish Parliament building, Christiansborg Palace

The programme

The tour begins with a panoramic bus ride to **Copenhagen port**, where modern buildings stand alongside seventeen-century houses with a spontaneity that only this city has been able to conserve. This is the perfect moment when you realize the Danes don't need to exaggerate: what they have is enough to win you over.

The first stop is the **Little Mermaid** tiny, melancholic and entirely aware of her world fame. You'll look at her and think: "Ok, now I really am in Copenhagen".

You'll continue on to **Marble Church**, which seems so imposing with its copper dome that it seems to be from a deluxe collection of Nordic architecture. Straight after you'll go to **Nyhavn**, probably the city's most photographed place: perfect colorful houses, wooden boats that seem to come from theater scenes, and a relaxed atmosphere that makes this canal irresistible in any season.

Then there's the coolest moment of the tour going into a **bar made entirely of ice**, a small universe sculpted from 50 tons of crystalline ice from the Torne river in Lapland. A staggering design, international vibe and the unmistakable Danish hygge even if the temperature is definitely chilly.

Afterwards, its on to **Christiansborg Palace** and the **Royal Danish Opera House**, a contemporary jewel that shines out over the port. The tour continues through some of the most well-known districts Frederiksstad, Indre By, Vesterbro also passing by **CopenHill**, the futuristic site that is home to a ski slope on its rooftop. Here sustainability is spectacular.

Please note: Space is limited, so please book early. To consume alcohol in the Ice Bar you must be at least 18 years old. Children can enjoy a non-alcoholic drink. This excursion is reserved for guests who do not disembark in Copenhagen.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2817	4 Hours approximately	Easy	89,00 EUR	62,30 EUR

Legenda

ICONE DESCRIZIONE

Easy

tour with this designation involve walking over relatively lever terrain. Comfortable shoes are recommended.

Moderate

Tours with this designation can involve a considerable amount of physical activity such as walking over cobblestones or uneven surface, climbing stairs or steep terrain, swimming in a light current, or bicycle riding. They are not recommended for guest with walking difficulties. Comfortable sturdy shoes are recommended.

Hard

Tour with this designation involve high physical exertion for extended periods of time. The terrain may be uneven or steep. They are recommended only for physically fit and adventurous traveller.

Sightseeing

these are primarily motor coach excursions with an emphasis on sight-seeing and very little activity.

Water Activity

Involves the opportunity to swim or the possibility of getting wet.

Fun

dedicated to a young public keen on entertainment.

Eco Natural Trail

dedicated to nature lovers.

Tasting

a light snack will be provided on this excursion.

Meal not included

during excursions free time is given to organise lunch individually.

Most wanted

Guest surveys indicate a high degree of satisfaction with these tours.

Basket Lunch

a packed meal is provided from the ship.

Good for shopping

specially dedicated to shopping lovers.

Cultural

dedicated to history, culture and local traditions lovers.

Disabled friendly

Excursions with the handicap sign are for guests with mobility difficulties however should be able to move around independently. Guests in wheelchair out on excursion need to be accompanied by a third party as assistance by the ship will not be provided. The majority of our agencies require that the wheelchairs be retractable because sometimes the necessary space needed for a wheelchair is not available. We kindly ask you to contact the Excursion Office as soon as possible, upon embarkation, to ensure that we find the best possible solution and to reserve the appropriate seat in the required bus before the departure of the excursions. For further information and for a solution that best fits your need please contact the Excursion Office.

Sports Lovers

for the adventurous, there are our most active shore excursions.

Recommended to families

includes activities that are appropriate for families travelling with children.

New

Brand -new Tour

Meal on board

back on board for lunch/dinner, your guide will be ready to continue the excursion at the end of it.



Meal Included

a meal will be provided on this excursion.

Refreshments included

Refreshments included.

Information Notes

PRACTICAL GUIDE TO EXCURSIONS

Excursion Booking

You can book excursions before departure by visiting the website www.mycosta.com, or by requesting to be contacted by our "Excursion Service" at +34 932952144 or through a request on the MyCosta website. Once on board, excursions can be booked through the Costa App, the Excursion Totem, or by visiting the MyTours office, where our staff will be available to offer advice and assistance.

Participation

Some excursions require a minimum number of bookings and have a maximum number of participants, so it is advisable to book them in advance.

Duration

The duration of the excursions is indicated in the description of each tour. Due to unforeseen circumstances, such as adverse weather conditions and/or transport delays, the duration may be subject to change. The program of individual excursions may also be modified for the reasons mentioned above. Please adhere to the times indicated by the guides at each stop (rest stops, photo stops, etc.).

Description

The descriptions of the excursions are up-to-date as of the printing of this document. However, in the interest of continuously improving our guests' shore experiences, the actual program may differ from the description.

Guests with Mobility Issues

If you use a wheelchair, it is necessary to check the availability of suitable/compatible excursions before booking by contacting our "Excursion Service" at +34 932952144 or through a request on the MyCosta website. Once on board, it is recommended to visit the MyTours office on the first day of the cruise for further assistance.

Customized Programs

Personalized and exclusive tours can be arranged upon request and subject to quotation by contacting our "Excursion Service" or on the day of embarkation by visiting the MyTours office.

Prices

The prices of the excursions include transport where specified, which may include buses, minibuses, taxis, cable cars, and boats. Meals and/or drinks are included only where specified. Prices and excursion programs may be subject to change.

Children and kids

Children aged 3 to 13 are entitled to a 30% discount on all excursions. Children under 3 years old participate for free.

Squok Club

For children aged 3 to 13, there is the possibility to enjoy the Squok Club while their parents are on an excursion. The service is free, and the request must be made in advance.

Tickets

All excursions will be registered on the Costa card: the Costa card becomes the excursion ticket. In the Costa App, under the MyAgenda section, you will find all the information about shore experiences. If necessary, the staff at the MyTours office can print a summary of the bookings.

Informative Notes

Costa Diadema - Germany, Denmark, Norway