

Costa Toscana
Spain, Italy, France
 8 marzo, Barcelona

ITINERARY



DATE	PORT	ARRIVAL	DEPARTURE
08/03	Barcelona	-	1800
08/03	Balearic sea darkest spot	2330	0000
09/03	Balearic sea darkest spot	0000	0030
10/03	Cagliari	0700	1600
11/03	Naples	0900	1900
12/03	Civitavecchia Rome	0830	1900
13/03	Genoa Portofino	0830	1800
14/03	Marseilles	0900	1800
15/03	Barcelona	0830	-

The sale prices listed are intended as of the date of issuance of this document, as indicated at the bottom right, and may be subject to changes. Therefore, the sale prices on MyCosta at the time of booking individual excursions are to be considered valid. Only for Guests belonging to group bookings, the sale prices indicated in this document are valid for a maximum of 30 days from the date of issuance.

AVAILABLE EXCURSIONS

Cagliari - 10/03/2026

- 0131** NORA: HISTORICAL WALKWAYS AND AN APERITIF AMONG THE RUINS, Adult price 65,00 EUR - Child price 45,50 EUR
- 0132** ALL OF CAGLIARI: BETWEEN OLD SHOPS AND SAILORS, Adult price 56,00 EUR - Child price 39,20 EUR
- 018H** ALL OF CAGLIARI: THE MOST BEAUTIFUL VIEWS, Adult price 40,00 EUR - Child price 28,00 EUR
- 01EJ** A TASTE OF CAGLIARI: A JOURNEY THROUGH THE CENTURIES, A PAUSE IN FLAVOR, Adult price 49,00 EUR - Child price 34,50 EUR
- 04KB** KIDS' TREASURE HUNT IN A WWF OASIS, Adult price 90,00 EUR - Child price 63,00 EUR
- 04SN** UNDERGROUND CAGLIARI: SECRETS AND MYSTERIES IN THE DEPTHS, Adult price 35,00 EUR - Child price 24,50 EUR

Naples - 11/03/2026

- 1885** ALL OF NAPLES: FROM THE HEIGHTS OF POSILLIPO TO THE HEART OF THE CITY, Adult price 49,00 EUR - Child price 34,50 EUR
- 1892** SORRENTO: WHERE MYTH MEETS THE SEA, Adult price 50,00 EUR - Child price 34,00 EUR
- 04MN** NAPLES FOR FAMILIES: BETWEEN ALLEYS, MURALS, MARADONA AND SOCIAL CHALLENGES, Adult price 49,00 EUR - Child price 34,50 EUR
- 04CJ** ALL OF NAPLES: BETWEEN FLAVORS, HISTORY AND SUPERSTITION, Adult price 51,00 EUR - Child price 35,70 EUR
- 04HL** LITTLE AND BIG ARCHAEOLOGISTS IN POMPEII: AMONG RUINS, GAMES AND MYSTERIES, Adult price 79,00 EUR - Child price 59,00 EUR
- 0212** POMPEII: THE DESTROYED AND REDISCOVERED CITY, Adult price 99,00 EUR - Child price 69,00 EUR
- 02FW** IN THE TEMPLE OF PIZZA: TRUE NEAPOLITAN PIZZA MAKER DIPLOMA, Adult price 110,00 EUR - Child price 75,00 EUR
- 00JE** ROYAL PALACE OF CASERTA: THE VERSAILLES OF THE SOUTH, Adult price 70,00 EUR - Child price 49,00 EUR
- 03MC** HERCULANEUM: THE CITY FROZEN IN TIME BY THE ERUPTION, Adult price 80,00 EUR - Child price 55,00 EUR
- 03YX** RIONE SANITÀ: THE MOST AUTHENTIC FACE OF NAPLES, Adult price 49,00 EUR - Child price 35,00 EUR

Civitavecchia | Rome - 12/03/2026

- 043N** CIVITA DI BAGNOREGIO: THE DYING VILLAGE, Adult price 119,00 EUR - Child price 83,30 EUR
- 04AK** ALL OF CIVITAVECCHIA, THE LITTLE ROME BY THE SEA, Adult price 40,00 EUR - Child price 28,00 EUR
- 04AL** IN ROME ALONG THE WATER ROUTE, Adult price 99,00 EUR - Child price 69,30 EUR
- 02FY** THE STONES OF THE COLOSSEUM IN ROME'S SYMBOLIC PLACES, Adult price 115,00 EUR - Child price 80,50 EUR
- 02FP** IMPERIAL ROME: COLOSSEUM, FORUMS AND EMPERORS, Adult price 119,00 EUR - Child price 85,00 EUR
- 04HI** ROME FOR THE WHOLE FAMILY: MYTHS, TEMPLES AND A SWEET ENDING, Adult price 70,00 EUR - Child price 49,00 EUR

- 03G6** ALL OF ROME: PANORAMIC BUS TOUR AND FREE TIME, Adult price 75,00 EUR - Child price 55,00 EUR
2095 FROM THE VATICAN MUSEUMS TO THE COLOSSEUM: ROME AND MICHELANGELO, Adult price 169,00 EUR - Child price
04SX TARQUINIA: THE CITY OF THE ETRUSCANS, WITH ITS HISTORY AND FLAVORS, Adult price 79,00 EUR - Child price
04TD ROME IN A FIAT 500: "DOLCE VITA", SECRETS AND VIEWS, Adult price 229,00 EUR - Child price 199,00 EUR
04TS ROMAN HOLIDAY: AN EXCLUSIVE VESPA TOUR, Adult price 199,00 EUR - Child price 179,00 EUR
-

Genoa | Portofino - 13/03/2026

- 04HE** A VOYAGE INTO THE SOLAR SYSTEM FOR KIDS AND ADULTS, Adult price 69,00 EUR - Child price 48,30 EUR
01HZ GENOA BY E-BIKE FOR BIG AND SMALL, Adult price 86,00 EUR - Child price 60,20 EUR
02QW GENOA, AS LIVED BY THE GENOESE, Adult price 100,00 EUR - Child price 69,00 EUR
02R3 TREKKING TO THE FORTS OF GENOA, Adult price 46,00 EUR - Child price 32,00 EUR
02ZW PORTOFINO AND CAMOGLI: THE JET SET AND LA DOLCE VITA, Adult price 119,00 EUR - Child price 83,30 EUR
03IN ALL OF GENOA: THE MOST BEAUTIFUL VIEWS, Adult price 49,00 EUR - Child price 34,30 EUR
0174 THE GENOA AQUARIUM: A JOURNEY THROUGH THE WORLD'S SEAS, Adult price 49,00 EUR - Child price 34,30 EUR
04C3 ALL OF GENOA: FROM THE OLD PORT TO HISTORIC SHOPS, Adult price 49,00 EUR - Child price 34,30 EUR
04C4 GHOST TOUR: THE ALLEYS OF GENOA, WITH THEIR SHADOWS AND MYSTERIES, Adult price 56,00 EUR - Child price
042R PESTO COOKING CLASS IN A CELEBRITY RESTAURANT, Adult price 89,00 EUR - Child price 62,30 EUR
03SM RIDING BETWEEN THE FORTS OF GENOA ON AN E-MOUNTAIN BIKE, Adult price 100,00 EUR - Child price 70,00 EUR
03SR GENOA, A MARITIME REPUBLIC, Adult price 60,00 EUR - Child price 39,00 EUR
-

Marseilles - 14/03/2026

- 0428** AVIGNON AND THE PALACE OF THE POPES: BETWEEN HISTORY AND GRANDEUR, Adult price 89,00 EUR - Child price
042T CAMARGUE BETWEEN RICE FIELDS AND PINK FLAMINGOS, Adult price 69,00 EUR - Child price 48,30 EUR
049P DISCOVERING MARSEILLE'S SEASIDE, Adult price 25,00 EUR - Child price 17,50 EUR
04AB LE PANIER, FROM REBEL NEIGHBORHOOD TO CREATIVE HEART OF MARSEILLE, Adult price 70,00 EUR - Child price
04AC ALL OF MARSEILLE: BETWEEN BREATHTAKING VIEWS AND AUTHENTIC CORNERS, Adult price 59,00 EUR - Child price
04AD ALL OF MARSEILLES IN PETIT TRAIN: THE LANDMARKS AND SOUL OF THE CITY, Adult price 75,00 EUR - Child price
00XI AIX-EN-PROVENCE AND MARSEILLE: THE TWO SOULS OF PROVENCE, Adult price 99,00 EUR - Child price 69,30 EUR
04HC STREET ART IN MARSEILLE: PAINT YOUR MASTERPIECE, Adult price 70,00 EUR - Child price 49,00 EUR
04HD LE PANIER FOR THE WHOLE FAMILY: LEGENDS, SWEETS AND SCENTS, Adult price 60,00 EUR - Child price 35,00 EUR
-

Barcelona - 15/03/2026

- 042J** DIVE IN AMONG 11 SHARKS AT THE BARCELONA AQUARIUM, Adult price 209,00 EUR - Child price 185,00 EUR
0518 CYCLING AMONG ICONS AND VIEWS: ALL THE CITY'S HIDDEN WONDERS, Adult price 89,00 EUR - Child price 62,30
051K DIVE INTO THE SHARK TANK AT THE BARCELONA OCEANARIUM, Adult price 299,00 EUR - Child price 269,00 EUR
0523 FROM PARC GÜELL TO LA PEDRERA: GAUDÍ IN COLOR, Adult price 109,00 EUR - Child price 76,30 EUR
0658 FROM THE SAGRADA FAMILIA TO CASA MILÀ: GAUDÍ AND NATURE, Adult price 99,00 EUR - Child price 69,00 EUR
0759 LIVE THE LEGEND AND SHOOT LIKE A CHAMPION, Adult price 76,00 EUR - Child price 55,00 EUR
0765 ALL OF BARCELONA: BETWEEN BREATHTAKING VIEWS AND ICONIC ARCHITECTURE, Adult price 51,00 EUR - Child price
04SG ON HORSEBACK AMONG THE MARVELS OF MONTSERRAT: NATURE AND AUTHENTIC FLAVORS, Adult price 170,00 EUR
04SH BARCELONA'S FAIRYTALES AND LEGENDS: AN ADVENTURE IN THE BARRIO GÓTICO, Adult price 65,00 EUR - Child
00FW FROM THE GOTHIC QUARTER TO LA RAMBLA: HISTORY AND FLAVORS OF BARCELONA, Adult price 49,00 EUR - Child
01BT BARCELONA FROM ABOVE: AN UNFORGETTABLE FLIGHT, Adult price 219,00 EUR - Child price 199,00 EUR
04AF ALL OF BARCELONA: MUST-SEE ICONS, Adult price 69,00 EUR - Child price 48,30 EUR
048Z THE SAGRADA FAMILIA: VISIT TO THE CITY'S SYMBOLIC MONUMENT, Adult price 59,00 EUR - Child price 41,30 EUR

*Cagliari***NORA: HISTORICAL WALKWAYS AND AN APERITIF AMONG THE RUINS****In a nutshell**

Less than an hour from Cagliari, after crossing the evocative Santa Gilla lagoon home to elegant pink flamingos you'll arrive in Nora, an authentic historical gem nestled on the peninsula of Pula. This ancient city tells tales of a glorious past among these perfectly preserved ruins. Can you imagine the feeling of enjoying a Sardinian aperitif surrounded by a Roman theater that is still remarkably intact, thermal baths decorated with elegant mosaics and picture-postcard views?

Main stops

- The real essence of Sardinia in an exclusive setting.
- Aperitif at an archaeological site against a dreamy backdrop.
- The authentic history of the island, among the ruins, myths and traditions.

The programme

Nora is more than just archeology: it's timeless beauty. So much so that on 2 July 2024, Dolce & Gabbana chose this iconic place to reveal its new High Fashion collection. An exclusive event spanning ruins that date back thousands of years and the world of celebrity, which serve to enhance the unique charm of this extraordinary place. After exploring this corner of history, it's time to delight your palate with an aperitif right inside the archaeological site. Savor crunchy pane carasau, mature pecorino cheese and Sardinian sausage, all washed down with a glass of local wine. A perfect toast to an experience that combines culture, beauty and tradition. Finally, head back to Cagliari full of emotions and unforgettable memories: a journey that intertwines past and present in one of the most fascinating places in Sardinia.

- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0131	4 Hours approximately	Moderate	65,00 EUR	45,50 EUR
Type				

*Cagliari***ALL OF CAGLIARI: BETWEEN OLD SHOPS AND SAILORS****In a nutshell**

On the tracks of ancient civilizations in Cagliari with a sightseeing tour: from the **Monte Urpinu Park** with a

view of the **pink flamingo** lagoon, to the **Castello** district that overlooks the city, to the **Marina**, where the first fishermen would sleep.

Main stops

- Ancient Cagliari: Museum Citadel, Cathedral, Castello district, Marina district.
- Modern Cagliari: Via Roma, Poetto avenue and beach, Molentargius Park and salt flats, Mount Urpinu.

The programme

- With **our guide**, discover **Cagliari**, the regional capital of **Sardinia**, inhabited since Neolithic times. Start the tour on **Mount Urpinu**, which means vulpine in Sardinian dialect, an urban wildlife park that affords a view of the whole city: with **Poetto beach** and the **Molentargius-Saline Regional Nature Park** to one side, and the modern city, overlooked by the old town, to the other.
- As we skirt around this **natural oasis**, take a picture of the **pink flamingos** that nest here every year and then get ready to visit the **Shrine of Nostra Signora Bonaria** by reading the story that links it to the birth of Buenos Aires.
- Proceed to the highest part of the old town, with the **Museum Citadel** that includes the National Painting Gallery and Archaeological Museum exhibiting the **Giants of Mont'e Prama**.
- You've now come to the Castle, the medieval district from which the Sardinian name of the city, **Casteddu**, is derived. Admire the **Palazzo Viceregio**, the Genoese baroque style **Cathedral** and the bastions.
- Then say farewell to Cagliari passing through the ancient fishing district of Marina.
- Slight changes may be made to itineraries and the length of excursions in order to safeguard your health and comply with regulations and the safety protocol.
- When there are religious festivals, the visit to the cathedral will be limited to the outside.
- The excursion may take place in the morning or afternoon.
- The return to the port will be done on foot.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0132	4 Hours approximately	Easy	56,00 EUR	39,20 EUR

Type

Pick&Choose

Cagliari

ALL OF CAGLIARI: THE MOST BEAUTIFUL VIEWS

In a nutshell

Discover Cagliari with someone who knows it really well. Take a seat on the bus and move among the most beautiful views of the city without taking a step: from the **Basilica di Bonaria** to the beach at **Poetto**, with the **Devil's Saddle**, then on to **Golfo degli Angeli** viewed from **Mount Urpinu** and a panoramic of **Castello** district, which encompasses all of the city's historic eras.

Main stops

- photostop of Basilica of Nostra Signora di Bonaria
- Monte Urpinu with view of Golfo degli Angeli
- Public gardens: century-old Ficus and "Dormienti"
- San Pancrazio Tower

The programme

- Eyes and ears wide open: you're about to discover **Cagliari with a local guide**. The bus starts at the **Basilica di Bonaria**, the protector of the city and of sailors. Dated 1307, it houses the **statue of the Virgin miraculously brought from the sea**.
- You're close to **Poetto**, a seafront promenade well-known for its fine sand and summer nightlife. You'll see the **salt flats**, an ancient source of wealth for the city, and the **Devil's Saddle**, a headland with a strange curvature. Legend has it that this is the devil's saddle that fell to earth and turned to stone during a battle between the angels and demons.
- Climb **Mount Urpinu**, the scenic overlook a stone's throw from downtown, to snap the panoramic view of the **Golfo degli Angeli** between **Villasimius** and **Capo Spartivento**.
- Stroll through the **Public Gardens**, the city's green lung, and discover their treasures: from the **centuries-old Ficus** to the "**Dormienti**" work at the foot of the fortified city walls. Reach the Citadel of Museums, which houses archaeological finds and art collections, to get to the **Tower of San Pancrazio**, the tallest in Cagliari, built in the 13th century.
- The **Adagio Tour** was born from the collaboration between Costa Crociere Foundation and AISM, with the aim of offering land experiences at a slower pace and itineraries with fewer architectural barriers, designed for people with accessibility needs.
- The **Adagio Tour** version of this excursion is available on all ships.
- The places available for the "Adagio Tour" version are limited.
- If you use a wheelchair, the reservation of the "Adagio Tour" must necessarily be made through your cruise representative or through the contact channels of the Customer Center.
- the excursion may take place in the morning or afternoon.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
018H	2 1/2 Hours approximately	Easy	40,00 EUR	28,00 EUR

Type

Pick&Choose

Cagliari

A TASTE OF CAGLIARI: A JOURNEY THROUGH THE CENTURIES, A PAUSE IN FLAVOR

In a nutshell

A **walking tour** through the **history of Cagliari** with an **expert guide**. From **Phoenician origins** to **Roman remains**, following in the footsteps of the various foreign powers that have made the **medieval citadel of Castello** unique. And to end the day, some **local food tasting**.

Main stops

- Medieval center of Cagliari, Phoenician and Roman remains
- Castello district
- Royal Palace and Cathedral of Santa Maria
- Medieval towers and bastions with aperitif

The programme

- Wear comfortable shoes to discover Cagliari's **wonderful historic alleys which are accessible only on foot**, with a local guide** who has an anecdote for every corner of the city.
- Here are the first: the regional capital of Sardinia **is built on 7 hills** and has very ancient origins. Known by the Nuragic civilization as early as 3000 BC, it was rediscovered by the Phoenicians and chosen as a strategic port with the name of **Karalis**.
- The historical finds are from **Roman times**, when the city became the capital of the island, and traces of the various foreign rulers are still visible. The **Castello district**, a medieval citadel, is a concentration of styles and cultures.
- The **Royal Palace** of 1300 has been a center of Aragonese, Spanish and Savoyard power; the **Cathedral of Santa Maria** is an example of the Genoese baroque style; the **Towers** are from the Pisan period; the **bastions** are from the 19th century.
- Complete your exploration of the local culture with some **Basu** and **Saltzad** cheese and sausage,

WESTERN MEDITERRANEAN



carasau bread and wine: the real Sardinians' aperitif.

- Menus may vary according to season to ensure the constant high quality of the dishes served.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.
- Slight changes may be made to itineraries and the length of excursions in order to safeguard your health and comply with regulations and the safety protocol.
- This is one of the most popular excursions so book early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01EJ	4 Hours approximately	Moderate	49,00 EUR	34,30 EUR
Type				Tasting

Cagliari

KIDS' TREASURE HUNT IN A WWF OASIS

In a nutshell

A **map, plenty of clues** and a **treasure waiting to be discovered**: ready to experience **a treasure hunt** with the whole **family** at the heart of **Sardinia's biggest nature reserve**? In a **WWF oasis** that is home to **deer and golden eagles**, you'll step into the shoes of **real explorers**, and with your children, discover that the trees and bushes of the reserve not only hide treasure, but also many other surprises, such as snacks brimming with **local Sardinian flavors**, which will delight big and small visitors alike!

Main stops

- WWF Oasis: treasure hunt
- Award ceremony for winners and tasting of local products

The programme

- Get ready to enjoy an **adventure with a capital A** in the **largest expanse of Mediterranean forest in Sardinia**, with rivers, plants of every kind and **golden eagles** soaring above the **centuries-old oaks**.
- When you arrive at the **WWF Oasis of Monte Arcosu**, you will be provided with an **adventure kit** to get you started on your **treasure hunt**: put yourself to the test from the very start alongside your children, as you learn to recognize and find **white quartz**, draw the **prints that you have observed on the ground** and solve mysterious clues.
- The Oasis is home to **Sardinian deer**, the biggest animals on the island, saved from extinction in the

WESTERN MEDITERRANEAN



eighties by the creation of this reserve: the more you play, the more you will discover all the **secrets of this magical place and its inhabitants**.

- The treasure is just steps away: you'll find it by following the **map** and putting your **orientation skills into practice in the forest**.
- Only one family will win the booty, but **there are surprises for everyone**, including a **Sardinian snack with local products**: local sausages cooked over the grill, tomato bruschetta with oil made from the berries in the Oasis as well as extra virgin olive oil. And for the adults, it's time for a toast with a good glass of local red wine!
- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04KB	5 1/2 Hours approximately		90,00 EUR	63,00 EUR

Type

Tasting

Cagliari

UNDERGROUND CAGLIARI: SECRETS AND MYSTERIES IN THE DEPTHS

In a nutshell

Descend into the bowels of Cagliari and discover a hidden world that tells the tale of ancient civilizations, superstitions and crucial moments in the history of the city. Forget the sun and the sea for a moment: Under here, among the crypts and secret tunnels, lies a dark and fascinating past that starts with the Phoenicians and extends as far as the bleakest days of the Second World War.

Main stops

- The most secret and mysterious side of Cagliari, inaccessible to most.
- A journey through time among Phoenician tombs, Byzantine crypts and Second World War bunkers.
- Free time for souvenir shopping.

The programme

The tour begins at the Santo Sepolcro Crypt, in the very heart of the city. Today, it's a place of bars and nightlife, but during yesteryear, it was a place of mysteries and disturbing rites. Are you ready to discover the secrets that are hidden beneath your feet?

We continue to the Crypt of Santa Restituta, a late Roman and Byzantine masterpiece. Here, among the ancient ruins and legends passed down over the centuries, you'll feel part of history itself, surrounded by

WESTERN MEDITERRANEAN



a surreal atmosphere.

The tour is not suitable for people with reduced mobility, as the access points for the underground sites have various flights of stairs. The route may be challenging for those suffering from claustrophobia, even though the underground areas are spacious with no particularly narrow passages. Wear comfortable, closed shoes.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04SN	4 Hours approximately		35,00 EUR	24,50 EUR

Type

Naples

ALL OF NAPLES: FROM THE HEIGHTS OF POSILLIPO TO THE HEART OF THE CITY

In a nutshell

Discover Naples in all its uniqueness, among spectacular views and architectural masterpieces. From the breathtaking view over Posillipo, with Vesuvius in the background, descend into the historic heart of the city, from the majesty of the Maschio Angioino, to the elegance of Teatro San Carlo and the grandeur of Piazza del Plebiscito. A journey through history, culture and unforgettable sights!

Main stops

- Panoramic tour: Posillipo hill
- Guided visit of Largo Castello, Maschio Angioino, San Carlo Theatre, Umberto I Gallery
- Free time

The programme

- The first stop of the tour is the village of **Posillipo** where we can enjoy a splendid view of the Gulf of Naples from a rooftop terrace.
- Then we proceed to the monumental area, where we can admire the major attractions of Naples, such as the impressive **Maschio Angioino**, the castle built 700 years ago by Charles of Anjou and later a sumptuous residence of kings and viceroys, the **San Carlo Theatre**, one of the most beautiful in Europe, and **Galleria Umberto I** shopping gallery, built between 1887 and 1890 to redevelop the city.
- Cross **Piazza del Plebiscito**, one of the most beautiful and famous squares in Naples. With its 25,000 square metres it is among the largest squares in Italy and so is often chosen to host major events.

WESTERN MEDITERRANEAN



- Here you can admire the fabulous **Royal Palace**, one of the four residences used by the Royal House of Bourbon during the Kingdom of the Two Sicilies, and the **Church of St. Francis of Paola**, whose facade, preceded by a portico of six Ionic columns, affords us a spectacular sight.
- The meeting points for pick up / drop off are subject to change according to municipal authorisations.
- The **Adagio Tour** was born from the collaboration between Costa Crociere Foundation and AISM, with the aim of offering land experiences at a slower pace and itineraries with fewer architectural barriers, designed for people with accessibility needs.
- The **Adagio Tour** version of this excursion is available on all ships. The places available for the "Adagio Tour" version are limited.

Guests may not be able to get out of the bus at the photographic stop in Posillipo if there are time and space restrictions on the bus.

If you use a wheelchair, the reservation of the "Adagio Tour" must necessarily be made through your cruise representative or through the contact channels of the Customer Center.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
1885	3 1/2 Hours approximately	Easy	49,00 EUR	35,00 EUR

Type

Pick&Choose

Naples

SORRENTO: WHERE MYTH MEETS THE SEA

In a nutshell

Discover Sorrento, the city sung by Homer and beloved through the centuries. Among historic alleys, Piazza Tasso and the Sedil Dominova, be captivated by the timeless atmosphere of this gem overlooking the Gulf of Naples. Walk to the Cathedral and the cloister of San Francesco, where history, art and legend come together in a postcard setting.

Main stops

- Piazza Tasso
- Sedil Dominova
- Cathedral
- Church of San Francesco and cloister

The programme

- Why resist the call of the sirens? Visit **Sorrento** on a **guided tour** that introduces you to the magic of this much sung about land, the beauty of which will leave you speechless.
- After a panoramic trip around the **Bay of Naples** you'll come to the most well-known town on the **Sorrento peninsula**.
- Did you know that the first person to talk about the charms of Sorrento was **Homer**, in the episode of the Odyssey that tells of the encounter between **Ulysses** and the sirens? This advertisement has been attracting visitors for around 3,000 years.
- Cross the **center** on foot, with its many eating establishments and stores, to **Piazza Tasso**, where you'll find the statue dedicated to the poet born here in 1544.
- A few steps further on is the **Sedil Dominova**, built in the 14th century to settle disputes between noblemen, and subsequently turned into the headquarters of the **Mutual Assistance Society**.
- Proceed to the **Cathedral** and the **Church of San Francesco**, including an obligatory stop at the **ancient cloister**.
- Slight changes may be made to itineraries and the length of excursions in order to protect your health and to comply with regulations and the safety protocol.
- The excursion includes a bus ride of 2 hours each way.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
1892	6 Hours approximately	Moderate	50,00 EUR	34,00 EUR

Type

Naples

NAPLES FOR FAMILIES: BETWEEN ALLEYS, MURALS, MARADONA AND SOCIAL CHALLENGES

In a nutshell

Discover Naples as you've never seen it before, having fun with the whole family and a local guide who's a social media expert! Explore the city's most surprising corners: from the Toledo metro station, a true underground artwork, to the alleys of the Spanish Quarters with the legendary Maradona murals, and on to the majestic Piazza del Plebiscito. Between Instagrammable shots, curious stories and fun challenges, every stop is a memory to share!

WESTERN MEDITERRANEAN



Main stops

- Walk through Naples: from the Quartieri Spagnoli to Piazza del Plebiscito
- Toledo Metro station; Maradona mural; Umberto I gallery: photo stops
- Culinary stop with pizza a portafoglio and lemonade

The programme

- Get ready for a family day **among the most iconic and Instagrammable locations of Naples** full of stories and heartfelt memories to remember, told by your **local guide expert of social media**.
- In just a short walk you reach the **Toledo Metro station**, with unique shapes and colorful mosaics it is a true work of contemporary art.
- The subway takes you to the historic **Spanish Quarters**. Eyes up ready for **one of the city's most celebrated murals**, dedicated to the legendary **Maradona**.
- Following your guide, arrive at **Umberto I gallery**. Walk all the way through it and, when you get under the dome, don't forget to **look for your zodiac sign in the mosaic on the floor**.
- Finally a **a super-fun challenge** awaits all: pass between the two equestrian statues of **Piazza del Plebiscito** blindfolded! Legend has it that it's impossible. **Will you all make it?**
- The experience is exclusively reserved for teenagers, who will always be accompanied by the guide and the leaders.
- To authorize the young people to take part in the experience on their own, parents must collect, fill out and sign the waiver and release from the MyTours desk. In the absence of a signed waiver and release, the booking for the experience may be canceled.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04MN	3 1/2 Hours approximately	Moderate	49,00 EUR	35,00 EUR
Type	Tasting			

Naples

ALL OF NAPLES: BETWEEN FLAVORS, HISTORY AND SUPERSTITION

In a nutshell

Discover Naples in all its essence, among iconic monuments, centuries-old traditions and popular rituals. From the Maschio Angioino to Spaccanapoli, from Toledo to the nativity scenes of San Gregorio Armeno, and to the cult of the skulls, let yourself be guided through history, superstition and legends. And for an authentic taste, pizza a portafoglio and sfogliatella are a must!

WESTERN MEDITERRANEAN



Main stops

- Maschio Angioino: medieval-renaissance castle, external visit
- Church of Gesù Nuovo and Basilica of Santa Chiara, external visit
- Spaccanapoli: the symbolic street that cuts through Naples, including food tasting
- Piazza San Domenico and Via San Gregorio Armeno: where nativity scenes are made
- Via Port'Alba: bookstore central
- San Carlo Opera House
- Umberto I Gallery

The programme

- You'll be welcomed by the **Maschio Angioino**, the city's symbolic castle, and the 14th century **Basilica of Santa Chiara**.
- **Spaccanapoli** is the street that runs all the way from the **Spanish Quarter to the district of Forcella**, the heart of the city.
- On Via **San Gregorio Armeno** it's like walking straight into a **Christmas nativity scene**. Saint Joseph and the shepherds are joined by Elvis Presley, Frank Sinatra or Pulcinella... you'll want to buy all the little statues!
- Hungry? Pizza! **Pizzeria Di Matteo** is the go to place for Neapolitans. Here they make pizza you can fold up like a wallet. How about a **sfogliatella**? Do you prefer your pastry short or flaky?
- The **guide** will then tell us about the strange but heartfelt Neapolitan cult of the **capuzzelle**, connected to the souls that are still in Purgatory. There's time for one last look around the **strada dei librai** with its countless bookstores.
- Slight changes may be made to itineraries and the length of excursions to protect your health and to comply with regulations and the safety protocol.
- If Pizzeria di Matteo is full, we'll take you to another equally good pizzeria.
- The excursion takes place entirely on foot.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04CJ	4 1/2 Hours approximately	Moderate	51,00 EUR	35,70 EUR
Type				
Tasting				

Pick&Choose

Naples

LITTLE AND BIG ARCHAEOLOGISTS IN POMPEII: AMONG RUINS, GAMES AND MYSTERIES

In a nutshell

Explore the ancient Roman city with expert guides and specialized animators: kids and adults alike become time travelers through games, challenges and riddles. Walk through the ruins of Pompeii like an open-air archaeological park, discover habits, secrets and flavors of a distant era and enjoy together a fun, educational and truly unforgettable experience.

Main stops

- Guided tour of Pompeii with activities for kids
- Snack
- Free time

The programme

- Get on the bus waiting for you at the port and it's off to your adventure in antiquity! **Destination: 79 AD.**
- With **guides and professional activity leaders** your walk among the ancient streets of Pompeii will become an exploration full of life together with a **special companion** who's sure to make the youngest happy.
- With him, you'll discover **the most iconic locations** of the renowned buried city, immersing yourselves in the **customs and traditions of its inhabitants. How did the ancient Pompeians spend their days?** How did they have fun? And what did they eat?
- You'll find the answers through a series of **activities designed to entertain and educate.** And the kids will grapple with solving riddles and facing challenges worthy of real explorers.
- To recharge your batteries, **a tasty snack awaits your kids,** and a bit of **free time** to keep on looking around the corners of the old city.
- Wear comfortable shoes and clothing suitable for the experience and take a hat and sunscreen with you to protect yourself during the hottest hours of the day.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04HL	4 Hours approximately	Moderate	79,00 EUR	55,30 EUR

Type

Naples

POMPEII: THE DESTROYED AND REDISCOVERED CITY

In a nutshell

Feel the thrill of walking through the streets of Pompeii, the city buried by the eruption of Vesuvius and brought back to light after centuries. From the Forum to the Temple of Jupiter, from the frescoed domus to the shops, discover the beauty and secrets of a perfectly preserved ancient world. An extraordinary journey through history, archaeology and local craftsmanship, with a stop at a coral and cameo workshop.

Main stops

- The ruins of Pompeii: Marine Gate, Forum, Jupiter's Temple, Basilica, the Street of Abundance, House of the Ancient Hunt, House of the Faun
- Coral factory

The programme

- **Pompeii** is a city frozen in time since the eruption in 79 AD. Everyday life and gestures here have become a snapshot for posterity. Strolling through the streets of this community not only presents architectural and artistic wonders but also offers scholars a stream of information about the daily life of a Roman city.
- You will visit the **Marine Gate** that provides access to the **Forum**, the center of the city's political and economic life. The area is dominated by the **Temple of Jupiter**, built around 250 BC, and the **Basilica**, Pompeii's most impressive public building, used at the time both as a court house and as a place for commercial dealings.
- The **Street of Abundance** is the lower decumanus of Pompeii. Along it are many of the most beautiful houses in the city, some on two floors, belonging to the rich Pompeian bourgeoisie, with many colorful decorations which you can photograph.
- You will see the **House of the Ancient Hunt**, the original layout of which dates back to the mid-2nd century BC, with its refined frescoed pictorial decorations, and the **House of the Faun**, a sizeable, noble private residence covering an area of 3000 square meters.
- But Pompeii is more than just ruins, it is also a craft center, particularly for coral. Find out what cameos are.
- Slight changes may be made to itineraries and the length of excursions to protect your health and to comply with regulations and the safety protocol.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0212	4 1/2 Hours approximately	Moderate	99,00 EUR	69,00 EUR
Type				

Naples

IN THE TEMPLE OF PIZZA: TRUE NEAPOLITAN PIZZA MAKER DIPLOMA

In a nutshell

Have you ever dreamed of making real Neapolitan pizza... right in Naples? Get your hands in the dough with the masters of the True Neapolitan Pizza Association, learn all the secrets of the perfect dough and challenge your friends with margherita creations! After a welcome coffee and hands-on lesson, bake your pizza in a wood-fired oven and earn your official Neapolitan pizza maker diploma.

Main stops

- Cooking lesson with a professional pizza chef

The programme

- It's no secret that in **Naples, pizza is a real work of art**, so much so that is recognized by UNESCO as an intangible cultural heritage.
- Here, every *pizzaiuolo* guards the traditional recipe, and you can only discover its secrets by working on it together in the kitchen.
- This is precisely what awaits you: lace up your apron and get stuck in, because you are about to learn **how to make Neapolitan pizza under the guidance of these gifted masters**.
- As tradition dictates, you can't start until you've had a delicious cup of coffee! That way, as you **sip from your *caffuzello***, you can soak up the advice given to you by the chefs, because they will tell you all there is to know about real pizza. Then, it will be your turn to make the tastiest pizza in Naples, **working with your team to challenge your competitors**.
- Marinara or margherita? Taste them all, discover the winning team, and take the memories of this unique experience home with you. How? **You'll take a certificate and an apron away**, to proudly show off to your friends!
- Make pizza with the help of professional pizza makers
- This is one of the most popular excursions so book early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
------	----------	-------	-------------	-------------

02FW

4 Hours
approximately

Easy

110,00 EUR

75,00 EUR

Type

Tasting

*Naples***ROYAL PALACE OF CASERTA: THE VERSAILLES OF THE SOUTH****In a nutshell**

Discover the royal elegance of the Royal Palace of Caserta, among sumptuous frescoed halls, monumental staircases and breathtaking views. Stroll through the rooms that once hosted court life and enjoy free time in the majestic gardens, with fountains, waterfalls and endless scenic avenues. A breathtaking Baroque masterpiece, signed by Vanvitelli.

Main stops

- Royal Palace of Caserta and its inner room
- Park of the Royal Palace of Caserta (Free time in the gardens in front of the Royal Palace)

The programme

- We leave the Port of Naples by coach and head for Caserta and its splendid Royal Palace.
- The **Royal Palace of Caserta**, which was once the historic residence of Naples' Bourbon royal family, is recognised by UNESCO as a World Heritage Site. It is one of the most visited, and renowned examples of Italy's rich artistic heritage. The Bourbon King Charles of Naples, struck by the beauty of the landscape at Caserta and anxious that Naples have a worthy seat of government, decided in 1750 to build a residence that could compare with Versailles.
- Construction started on 20 January 1752 and continued without any interruption until 1759, the year when Charles had to move to Spain. At that point construction work slowed down and when the architect, Luigi Vanvitelli, died in 1773 the palace had not yet been completed. It was therefore his children, Louis and Charles who completed this monumental palace. The palace has a rectangular plan and is made up of blocks surrounding four internal courtyards, covering a surface area of approximately 47,000 square metres.
- The Royal Palace is surrounded by extensive **grounds** that are three kilometres long and cover approximately 120 hectares. They comprise two sections: the Italian garden and the English garden.
- The Royal Palace of Caserta is considered a masterpiece of architectural perfection and harmony. One of the largest royal residences in the world, it is largely the product of the artistic genius of Luigi Vanvitelli.
- Places on this excursion are limited. We recommend booking early.

- We recommend wearing comfortable shoes.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00JE	4 Hours approximately	Moderate	70,00 EUR	49,00 EUR
Type				

Naples

HERCULANEUM: THE CITY FROZEN IN TIME BY THE ERUPTION

In a nutshell

Walk through the perfectly preserved streets of Herculaneum and discover an ancient Roman city left intact under Vesuvius' ash. Among mosaics, frescoed villas and ancient shops, relive the daily life of the inhabitants of 79 AD, frozen in time by the eruption. End your journey among the skilled hands of local artisans who patiently turn coral and shells into precious cameos.

Main stops

- Herculaneum
- Cameo workshop

The programme

- **Herculaneum** was the place chosen by **wealthy Romans** for their **seaside villas**. However, after **Vesuvius** erupted in 79 AD, it became one of the most interesting **archaeological sites** in the world. Mud and lava flows covered and, to some extent, preserved the city exactly as it was on its last day.
- Travel back in time with your **guide** to the streets of the ancient city: **houses, marble statues, mosaics** and **frescoes** that have remained intact for almost 2000 years are there for you to see.
- End the day on a high admiring an ancient art guarded by Neapolitan artisans: **cameo-making**. You'll see them at work in their **studio, engraving shells** and **coral** before your eyes to create wonderful **pieces of jewelry**.
- Slight changes may be made to itineraries and the length of excursions in order to protect your health and to comply with regulations and the safety protocol.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03MC	4 Hours approximately	Moderate	80,00 EUR	55,00 EUR
Type				

Naples

RIONE SANITÀ: THE MOST AUTHENTIC FACE OF NAPLES

In a nutshell

Baroque and street art, laundry lines and noble palaces, ancient churches and murals dedicated to Totò and Maradona: Rione Sanità is the true soul of the city. Follow a local guide through alleys and squares that tell stories of redemption and rebirth, stop for a traditional Neapolitan coffee and discover how this neighborhood is living a second life, through culture and community.

Main stops

- Brief subway transfer to the edge of the neighborhood
- Sightseeing walk in the Rione Sanità: Porta San Gennaro gate; Crociferi square; Palazzo dello Spagnuolo building; Vicolo della Cultura street; Totò's house; Via Sanità street; Palazzo Sanfelice building
- Basilica of San Severo fuori le mura: Internal visit
- Basilica of Santa Maria alla Sanità: Internal visit
- Tastings of real Neapolitan coffee and typical specialties along the way
- Free time

The programme

- The **Porta San Gennaro** gate will welcome you to the **Rione Sanità**, a neighborhood that represents the real heart of **Naples**, waiting to be discovered **step by step** with a **local guide** who knows everything about everything.
- You'll realize it straight away, as you follow them through the **narrow alleys** that reveal a treasure around every corner: from the **murals dedicated to Totò and Maradona** to the **Baroque art** of the squares and churches.
- Everything is spectacular and contradictory, like the **Palazzo Sanfelice** and **Palazzo dello Spagnuolo** buildings, "twin architectures" that are symbolic of this neighborhood's decay and rebirth.
- Your guide will tell you all about the courage of the social cooperatives that are fighting to redevelop it: **in taking part in this experience, you're helping too.**
- The desire for redemption can be felt everywhere: from the street art and books for everyone in the **Vicolo della Cultura** to the sculpture of the "Figlio Velato" in the **Basilica of San Severo fuori le mura**,

WESTERN MEDITERRANEAN



and the **amazing nativity scene** in the Basilica of **Santa Maria alla Sanità**: built in the lower town of the Sanità neighborhood, it is a symbol of hope and universal integration.

- What is missing from your taste of this Rione? Only **atazzuriella**, or little cup, of **real Neapolitan coffee** and a **typical snack**. We'll leave it as a surprise!

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03YX	4 1/2 Hours approximately	Moderate	49,00 EUR	35,00 EUR
Type				Tasting

Civitavecchia | Rome **CIVITA DI BAGNOREGIO: THE DYING VILLAGE**

In a nutshell

A unique place in the world, slowly disappearing before the eyes of its inhabitants. Cross the suspended bridge and discover Civita di Bagnoregio, a medieval gem among spectacular landscapes and fascinating legends. Wander through its enchanted alleys, visit the wishing well and the Cathedral, and be captivated by the surreal atmosphere of this timeless village.

Main stops

- Viewpoint and panoramic bridge
- Stroll through the alleyways and squares of the medieval village
- The cathedral, the wishing well and the cave of San Bonaventura
- Panoramic stops to view the gullies and the valley
- Lunch in a local restaurant

The programme

- On the other side of the **stunning panoramic bridge**, from which you can enjoy views of the valley and gullies, you will get the chance to visit a **small medieval village**. Don't let it get away from you, because although it's **there today, who knows if it still will be tomorrow**!
- Strolling on the cobblestones through a maze of alleyways and little squares, **our guide will tell you some of the legends and stories of this magical place**: did you know that **St. Francis** performed one of his miracles here, and that there is a **wishing well**?
- Keep your smartphone to hand, because Civita di Bagnoregio is a **real open-air film set**: And it's

WESTERN MEDITERRANEAN



certainly not a coincidence around each corner, catch a glimpse of the beauty that has led to some of the most memorable Italian comedies being shot here. The village is also a pilgrimage destination for Japanese fans of the director **Miyazaki**, who took inspiration from this place for some scenes of "**Spirited Away**", his animated masterpiece. Just think: the surreal atmosphere of Civita has an effect on everyone!

- After many discoveries, the last one awaits you: a typical lunch in a local restaurant.
- The journey from the port to the village takes approximately 1 hour and 30 minutes.
- Lunch is included
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.
- To reach the center of the village of Bagnoregio, you need to climb a staircase of about 80 steps.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
043N	7 Hours approximately	Moderate	119,00 EUR	83,30 EUR
Type				

Civitavecchia | Rome

ALL OF CIVITAVECCHIA, THE LITTLE ROME BY THE SEA

In a nutshell

Discover the charm of Civitavecchia, where history and art intertwine with the legacy of the Capital. From the ancient port of Trajan to the Michelangelo Fortress, and to the Vanvitelli Fountain, be amazed by the masterpieces that make this city unique. And for a taste of Roman spirit, enjoy local specialties in the heart of the Ghetto!

Main stops

- Walking tour of Civitavecchia: ancient port of Traiano; Darsena; Fort of Michelangelo; Vanvitelli fountain, historic center
- tasting of typical local products in the Ghetto district

The programme

- **As you stroll through Civitavecchia**, you'll feel like you're in **Rome-on-Sea** * it's got so much in common with the capital: the history, the artists, the Popes that made the city what it is.
- From the works at **Traiano port** to the **Pope Urbano VIII walls** and **the system for opening the docks**,

WESTERN MEDITERRANEAN



you will soon see that like Rome, here there is no shortage of monumental works.

- Or indeed, of legends worthy of the Eternal City: what do you know about the **myth of Leander**? Or the letters "O.C." on the city's coat of arms? **Ask your exclusive Costa guide.**
- To discover Roman works of art, head to the **Vanvitelli fountain** and stand in front of the **tower of the Fort of Michelangelo**, once flanked by the arsenal designed by Bernini: just imagine the impact the port would have had with these two giants stood next to each other!
- While we're on the subject, in the **Ghetto**, a host of **local seafood and inland specialties** await you. There, among the small tables that crowd the sidewalk, you'll feel as if you've landed right in the center of Rome.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AK	2 1/2 Hours approximately	Moderate	40,00 EUR	28,00 EUR
Type				Tasting

Pick&Choose

Civitavecchia | Rome **IN ROME ALONG THE WATER ROUTE**

In a nutshell

Discover Rome by following the thread of water, from its most famous fountains to ancient hidden aqueducts. From Piazza di Spagna to the grandeur of the Trevi Fountain, from the charm of the Pantheon to Ponte Sant'Angelo and St. Peter's Square, each stop reveals a unique bond between the city and its most precious element. A journey through art, legends and unforgettable views.

Main stops

- Piazza di Spagna *Trevi Fountain: free time* The Pantheon: external visit *Piazza Navona* Ponte Sant'Angelo and the river Tiber *St. Peter's Square and Basilica: external visit* Free time for lunch

The programme

- Beneath Rome, there is a fascinating secret world which only rises to the surface from time to time: it is the groundwater flowing through aqueducts built with great skill and expertise thousands of

years ago. When the water comes to the surface, it means there's something really worth seeing, and usually a story or legend that's hard to forget. *From the Barcaccia fountain in **Piazza di Spagna** to the 9-meter hole on the roof of the **Pantheon** from which it is said no rain comes inside and on to the fountain in **Piazza Navona**, which stoked the rivalry between Bernini and Borromini, and **St. Peter's Square**, where the saying "give water to the ropes" originated. Traversing the **Ponte Sant'Angelo** and the river **Tiber**, this land experience will lead you on a voyage of discovery of a **side of Rome unknown to most, but not to our local guide**. And as an exceptional finale, stop in front of the most famous fountain of them all: **the Trevi**.*

- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not visible.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AL	9 Hours approximately	Moderate	99,00 EUR	69,30 EUR
Type				

Civitavecchia | Rome

THE STONES OF THE COLOSSEUM IN ROME'S SYMBOLIC PLACES

In a nutshell

Discover how the Colosseum gave new life to Rome: its stones, scattered among the Imperial Forums, Piazza Venezia, the Capitoline Hill and the Ara Coeli staircase, tell of a city transformed through the centuries. A journey through history ending with a stop in St. Peter's Square and free time to savor the best of Roman cuisine.

Main stops

- The Colosseum: external visit
- Imperial Fora
- Free time for lunch
- Piazza Venezia
- Walk towards the Campidoglio: view of the Palazzetto Venezia and St. Mark's Basilica; Senatorial and Conservators palaces
- Ara Coeli steps
- St. Peter's Square and Basilica: external visit

The programme

- From its legendary foundations to the glory of the Empire, and from the Rome of Popes to the capital of Italy: every era has made its own contribution to the myth of the Eternal Beauty of Rome. But pay attention: Rome's many eras have been built on top of one other, often literally. **Did you know, for example, that the missing blocks of the Colosseum are scattered all over the city?**
- And this is just one of the many **surprising stories** you will discover with **your guide** on this journey through time, which begins at the world's **largest and most iconic amphitheater**.
- Among the legends of the **Imperial Fora** and anecdotes about **Piazza Venezia**, you'll catch a glimpse of **Palazzetto Venezia** and **St. Mark's Basilica**, with their travertine facades taken from the Colosseum.
- But it doesn't end there: you'll discover that these centuries-old rocks can also be found hidden in the walls of the **Senatorial and Conservators palaces**, and in the interior steps of the **Ara Coeli**.
- A stop at **Piazza San Pietro** is a must, to enjoy Rome in all senses and with all the senses: this is why you'll have some **free time** to savor some Roman specialties. Don't know how to choose? Ask your guide.
- The bus journey from the port to Rome takes approximately 1 hour and 30 minutes.
- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not visible.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02FY	9 Hours approximately	Moderate	115,00 EUR	80,50 EUR

Type

Civitavecchia | Rome

IMPERIAL ROME: COLOSSEUM, FORUMS AND EMPERORS

In a nutshell

Relive the glory of Ancient Rome, where the roar of the crowd still echoes among the millennial stones. A journey into the heart of the Empire, amidst legends of gladiators and triumphs of emperors, to discover the secrets of the Colosseum and the Imperial Forums.

Main stops

- Visit to the Colosseum: the arena of champions
- Visit to the Imperial Forums: the heart of power

WESTERN MEDITERRANEAN



- Piazza Venezia: the triumph of the Eternal City

The programme

- Imagine crossing the threshold of time and finding yourself in the Colosseum arena, where the courage of gladiators merged with the roar of the crowd. Enter with your guide and feel the echo of the duels, admire the engineering that made this grandiose spectacle possible and let yourself be enveloped by the history that pulsates in every stone.
- Continue your journey into the heart of Roman power, the Imperial Forums, where the vestiges of temples and basilicas narrate the deeds of legendary emperors. Here, among the ruins that once were the center of the world, you can almost hear the orations of Cicero and the strategies of Julius Caesar.
- And for a finale worthy of an emperor, the guide will accompany you to the lively atmosphere of Piazza Venezia, where you can treat yourself to a moment of relaxation, savor Roman cuisine or shop in the elegant streets of the center.
- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not visible.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02FP	9 Hours approximately		119,00 EUR	85,00 EUR

Type

Civitavecchia | Rome

ROME FOR THE WHOLE FAMILY: MYTHS, TEMPLES AND A SWEET ENDING

In a nutshell

An adventure among the symbolic places of Imperial Rome, designed for young and old explorers! From the Circus Maximus to the Mouth of Truth, from the Roman Forum to Piazza Venezia, follow the traces of ancient myths and legends of the Eternal City. Free time for lunch and, to end on a sweet note, a special snack and a surprise for the children!

Main stops

- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not visible.
- Wear comfortable shoes and appropriate clothing for the route.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04HI	9 Hours approximately		70,00 EUR	49,00 EUR

Type

Civitavecchia | Rome **ALL OF ROME: PANORAMIC BUS TOUR AND FREE TIME**

In a nutshell

Discover the Eternal City without hurry: from the window of your bus admire its symbolic landmarks, from the Colosseum to the Baths of Caracalla, from the Circus Maximus to Castel Sant'Angelo. Then enjoy free time in the Vatican area: take photos in St. Peter's Square, stroll through historic piazzas or simply soak up Rome's unique atmosphere.

Main stops

- View of iconic monuments of Rome from the bus
- Free time for lunch and exploring the city on your own

The programme

- Your tour starts with a panoramic drive of Rome passing through the main sites including the Piramide of Rome, Caracalla Baths, Circus maximums, Colosseum, Colle Oppio and Santa Maria Maggiore, Lungotevere and Castel Sant'Angelo. At the end of the panoramic tour, you will be dropped off in the Vatican area, a convenient place where you can enjoy some free time to visit Saint Peter's Square and get the opportunity to take beautiful photographs of Saint Peter's Basilica or just walk and visit some of the most famous piazzas of Rome, like Piazza di Spagna or Piazza Navona. Finally meet your escort at the meeting point for your ride back to the port of Civitavecchia.
- The Adagio Tour was born from the collaboration between Costa Crociere Foundation and AISM, with the aim of offering land experiences at a slower pace and itineraries with fewer architectural barriers, designed for people with accessibility needs. The Adagio Tour version of this excursion is available on all ships.
- The places available for the "Adagio Tour" version are limited.
- If you use a wheelchair, the reservation of the "Adagio Tour" must necessarily be made through your cruise representative or through the contact channels of the Customer Center.
- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not

visible.

- Due to traffic and possible events in Rome, the point at which the bus will stop for leisure may change.
- On 16/10/2025, due to the World Food Forum conference at the FAO headquarters located in Viale delle Terme di Caracalla, the overview of Rome's archaeological area may not include the Terme di Caracalla site for all excursions, consequently also skipping the Piramide ar

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03G6	7 Hours approximately	Easy	75,00 EUR	55,00 EUR

Type

Pick&Choose

Civitavecchia | Rome

FROM THE VATICAN MUSEUMS TO THE COLOSSEUM: ROME AND MICHELANGELO

In a nutshell

Discover Michelangelo's most iconic works and the treasures of the Eternal City with priority access to the Vatican Museums and the Sistine Chapel. Stroll between Castel Sant'Angelo and the Tiber. An exclusive tour among timeless masterpieces and an authentic Roman lunch.

Main stops

- The Vatican Museums and the Sistine Chapel: internal visit
- St. Peter's Square
- Castel Sant'Angelo, Ponte Sant'Angelo and the river Tiber
- Sightseeing bus tour of Rome
- Typical lunch

The programme

- **Skip those endless lines.** This land experience will throw open the doors to some of the **most exclusive place** in the Eternal City: the **Vatican Museums** and the **Sistine Chapel**, where you can raise your eyes and admire Michaelangelo's **The Last Judgment** up close.
- In **St. Peter's Square**, you will be astonished by Bernini's crazed quest for symmetry, before heading to the river **Tiber** via **Castel Sant'Angelo** and the **Ponte Sant'Angelo** bridge.

WESTERN MEDITERRANEAN



- So that you don't miss a thing * because in Rome, beauty is all around * a **panoramic bus tour of the heart of the city** will take you to some of the other iconic places of Rome's two thousand plus-year history and, of course, to the **Colosseum**.
- To refresh you and make you feel like a bona fide Roman, a **number of traditional Capitoline dishes** and a good glass of wine from the Castelli await you **at lunch in a typical restaurant**.
- The journey from the port to Rome takes approximately 1 hour and 30 minutes.
- Wear suitable clothing for the places of worship you will be visiting.
- Menus may vary according to season to ensure the constant high quality of the dishes served.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.
- Guests in wheelchairs will take a different route to reach the Sistine Chapel than the rest of the group.
- In preparation for the 2025 Jubilee, many monuments may be under renovation and therefore not visible.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2095	9 1/2 Hours approximately	Moderate	169,00 EUR	119,00 EUR

Type

Civitavecchia | Rome

TARQUINIA: THE CITY OF THE ETRUSCANS, WITH ITS HISTORY AND FLAVORS

In a nutshell

A journey back through time, among the painted tombs of the Tarquinia necropolis, a UNESCO World Heritage site, where thousand-year-old frescoes tell the tale of ancient Etruscan life. Admire the breathtaking views from the Torrione di Matilde di Canossa and uncover a slice of history in the evocative Palazzo Bruschi Falgari. Finish your experience with a tasting of typical products in the heart of the city.

Main stops

- An Etruscan necropolis, a journey into the heart of history.
- Tarquinia from above, from the Torrione di Matilde di Canossa.
- Palazzo Bruschi Falgari, a dive into 19th-century elegance.

WESTERN MEDITERRANEAN



- A tasting with all the flavors of tradition.

The programme

Forget the present: we're off on a journey 2500 years back in time! First stop is the Tarquinia Necropolis, an open-air museum where Etruscan frescoes depict celebrations, dances and rituals with an energy that still seems to vibrate through the stones. A piece of history that is not frozen in time, it draws you in with all its charm.

After plunging into the past, hop back on the bus to the Barriera San Giusto, the gate that leads to the medieval heart of the city. From here, you'll head to the Torrione di Matilde di Canossa. But there's still plenty to discover: Palazzo Bruschi Falgari opens its doors to an era of nobility and intrigue, with all the discreet charm for which 19th century residences are known. And then? Well, every big adventure deserves a tasty finale! The last stop: At **Il Locale, di nome e di fatto** you'll taste all the authentic flavors of the region, for the best goodbye you could imagine. Spoiler alert: you'll want to come back.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04SX	4 Hours approximately	Moderate	79,00 EUR	55,30 EUR

Type

Tasting

Civitavecchia | Rome

ROME IN A FIAT 500: "DOLCE VITA", SECRETS AND VIEWS

In a nutshell

Hop into a vintage FIAT 500 and relax as an expert driver takes you on a discovery of Rome's hidden side, far from the usual tourist trails. In the three hours that you spend traveling between the Aurelian Walls, historical fountains and stunning views, you'll be able to immerse yourself fully in the stories, mysteries and architectural marvels of the city. A timeless experience that will make you feel like you're the star of the Dolce Vita!

Main stops

- Rome in a vintage FIAT 500 with driver.
- Among panoramic hills and hidden views.
- The secret charm of the capital.

The programme

Get ready for an exclusive journey into the most authentic side of Rome! In a classic FIAT 500, you'll drive

through evocative side streets, historic squares and places brimming with history, as you're driven around by an expert who really knows the city.

From the Colosseum to the Circus Maximus, and from the Imperial Fora to the Baths of Caracalla, every corner hides a story just waiting to be told. Speed along the Appian Way, admire the dome of Castel Sant'Angelo and let yourself be enchanted by the breathtaking views of the Orange Garden, also known as Savello Park.

A timeless experience in perfect Dolce Vita style, with a guide and driver!

- To access Rome city center and in compliance with anti-pollution regulations, the engine is electric.
- The excursion will be guided in English.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04TD	9 Hours approximately		229,00 EUR	199,00 EUR

Type

Civitavecchia | Rome **ROMAN HOLIDAY: AN EXCLUSIVE VESPA TOUR**

In a nutshell

Experience the magic of "Roman Holiday", as you speed through the streets of the capital on a vintage Vespa. From the Colosseum to Castel Sant'Angelo, and from Piazza Venezia to the Circus Maximus, admire Rome with the wind in your hair, just like a scene from a film. Enjoy an iconic experience which spans history, adrenaline and pure Italian charm!

Main stops

- Rome in the saddle of a vintage Vespa.
- The symbolic monuments of the city.
- The city from its most evocative hills.

The programme

Turn on the engine and let yourself be guided by the timeless heartbeat of Rome. The tour begins in the heart of the city and will take you on a discover of iconic monuments such as the Colosseum and the Imperial Fora, which bear witness to a glorious past. Ride along the cobblestone streets that lead to the Pantheon and stop to admire the Trevi Fountain, ready to grant your wishes with a simple toss of a coin. From the elegance of Piazza Navona to the majesty of Castel Sant'Angelo, each stop comes with its own unique thrill. And then you're off again, along the Appian Way, where the asphalt gives way to history, until you reach the Aventine Hill. Here, amidst the silence of the Orange Garden and the mysterious

keyhole of the Knights of Malta, you can enjoy one of the most spectacular views of the dome of St Peter's Basilica.

Rome is not just a city to be seen, it has to be experienced...in the saddle of a Vespa.

- Documents required: driving license and ID card or passport.
- The excursion will be guided in English.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04TS	9 Hours approximately		199,00 EUR	179,00 EUR
Type				

Genoa | Portofino

A VOYAGE INTO THE SOLAR SYSTEM FOR KIDS AND ADULTS

In a nutshell

Ready for a cosmic experience? At the **Astronomical Observatory in Genoa**, discovery meets fun. Even getting there is a **real adventure**: with the **historical funicular** with **views over the city and the sea**. Then it's straight to the Observatory, **which will be opened exclusively for you**, where the **secrets of the sun, the stars and the planets** await, before **two surprises** for **little explorers** which will make this voyage even more special.

Main stops

- Sightseeing tour on the funicular from Zecca to Righi
- Righi Astronomical Observatory: interior visit and activities for the whole family
- Snack at the Circolo Cacciatori Castellaccio

The programme

- Arrive at Zecca square, in the heart of Genoa's old town. Then, you'll arrive at your first adventure on the funicular, in front of a changing landscape: the higher you go, the more the views open up, until you get right to the top of the Righi hill. You're in the area of the ancient forts and the Baroque walls that once protected Genoa, and the view is incredible: from the city to the sea!
- This is where the Righi Astronomical Observatory is located, as close as possible to the stars.
- Your voyage of discovery of the solar system begins in the Planetarium: there are two UFOs near Saturn, but it's not an alien invasion. Pan and Atlas, the planet's moons, really look like flying saucers.
- A projection put on exclusively for you will reveal the secrets of the sun. Then you'll discover them

WESTERN MEDITERRANEAN



with your own eyes, with the powerful telescope pointed at our star.

- Can you cross the sun? How hot is the surface? The Observatory's astrophysicists will not leave you without answers...or without surprises: two essential objects for turning little ones into real experts of the cosmos
- And after filling up on discoveries, enjoy a tasty snack at the Circolo Cacciatori Castellaccio restaurant – just what you need to come back down to earth!
- Minimum age: 4 years.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04HE	4 Hours approximately		69,00 EUR	48,30 EUR
Type				

Genoa | Portofino **GENOA BY E-BIKE FOR BIG AND SMALL**

In a nutshell

E-biking through the **center of Genoa** as part of an **experience that's perfect for the whole family**: pedal along **flat cycle paths**, among narrow **streets** and past **majestic monuments**, to the **pastel-colored houses of Boccadasse**, an authentic **fishing village right in the center of town**. The perfect place for a break, accompanied by a taste of **Genoese focaccia**: that way, you'll jump back in the saddle feeling full of energy!

Main stops

- E-bike ride in Genoa: Palazzo San Giorgio; Via San Lorenzo; Corso Italia; Boccadasse
- Fishing village of Boccadasse: snack with Ligurian focaccia

The programme

- At the port, your **guide** will already be waiting for you, along with your **electric bikes and helmets**, ready to pedal around the city safely, in an **environmentally-friendly way**.
- You'll head straight onto the **cycle path** that goes directly to **Palazzo San Giorgio**, with its grand facade: have you worked out why Genoa is often referred to as "La Superba" yet?
- On **Via San Lorenzo**, which is entirely pedestrianized, you will spot loggias and decorations on the **noble palaces**: some of the most important visitors to Genoa and many other illustrious travelers have looked out of these windows over the centuries.

WESTERN MEDITERRANEAN



- From **Corso Italia**, the promenade par excellence, you'll already be able to catch a glimpse of the **little beach at Boccadasse**: the bay, which is hemmed in by the colorful houses, seems to be frozen in time, even with the modern city buzzing all around.
- Where better for a little stop? It's even more enjoyable when it coincides with a tasting of "fugassa," the **typical Genoese focaccia**, which is well-risen with lots of holes.
- Once you've filled up on energy, ride through the quiet streets of **medieval Genoa to Piazza Caricamento**, or right to the ship, on the cycle paths along the seafront: either way, Genoa on two wheels will have really won your heart!
- Minimum height: 1.45m.
- We'll take care of the bike and helmet.
- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0IHZ	4 1/2 Hours approximately	Easy	86,00 EUR	60,20 EUR
Type				

Genoa | Portofino **GENOA, AS LIVED BY THE GENOESE**

In a nutshell

Become Genoese **for a whole day**. A breakfast of ☕ cappuccino and focaccia ☺ a tour of ☒ Castle ☒ the belvedere at Spianata Castelletto and an unmissable visit to **Boccadasse** for ice-cream. Awaiting you in the 16th-century **Imperial Palace** there will also be a **private brunch**, also very Genoese!

Main stops

- Photo stop at the Spianata Castelletto belvedere
- House of Christopher Columbus and Ducal Palace: external visit
- Cathedral of San Lorenzo, external visit
- Brunch at the Imperial Palace
- Boccadasse fishing village
- La Lanterna: Genoa's symbolic lighthouse

The programme

- With **our guide** reach the **Spianata Castelletto** belvedere. Here you'll find the whole of Genoa before

WESTERN MEDITERRANEAN



you: the old city, the slate-roofed houses, towers and Baroque domes.

- Next we're off to discover the distinctive **Baruggia** the narrow streets of the old town. You'll see the **house of Christopher Columbus** and the **Ducal Palace**, the former residence of the Doge.
- Take a purely Genoese break! A traditional **breakfast of cappuccino and salted focaccia**.
- For lunch, a **gourmet brunch** awaits you at the Imperial Palace, with many local specialties, such as **trofie with pesto**. Here you'll also discover the difference between **cundigiun** and **brandacujun**.
- The next stop is Boccadasse, an ancient **fishing village** in a small bay, surrounded by colourful houses, wooden boats and steep streets known as **Breuze**. **Ice-cream?** Perfect! The best artisan ice-cream from one of the city's **historic ice-cream parlors**.
- Before returning to the ship, there's time for one last scenic trip to the **Lanterna**, the lighthouse that is a symbol of Genoa, and not only for the Genoese.
- Menus may vary according to season to ensure the constant high quality of the dishes served.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.
- This is one of the most popular excursions so book early.
- Wear suitable clothing for the places of worship you will be visiting.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02QW	7 1/2 Hours approximately	Moderate	100,00 EUR	69,00 EUR
Type				

Genoa | Portofino **TREKKING TO THE FORTS OF GENOA**

In a nutshell

Costa introduces **a new way to explore the city**: a new experience **offering the same quality, safety and duration as always**, now **reserved for small groups** so as to best discover all the secrets of the city. We have arranged an **urban hike** along the city walls and **scenic paths** of the Alta Via Ligure. The destination will be the historic **Zecca-Righi cable car**. **Stop for food at the Ostaia de Baracche**, a Genoese institution.

Main stops

- Forte Sperone
- Forte Puin
- Forte Castellaccio

WESTERN MEDITERRANEAN



The programme

- Accompanied by the **guide**, board the **Zecca-Righi red cable car** to a point high above the city. Following an old path that runs along the 17th century walls you'll arrive at **Forte Sperone**, the most impressive fortress.
- Continue to **Forte Puin**, which provides a 360° view. You're on the **trail of the Neviere**. The name derives from the pits that were dug to collect snow (**neve** in Italian) and used to keep food cold. Essentially the refrigerators of old!
- On to **Forte Castellaccio** and then a stop for food at **Ostaia de Baracche**, a real institution here in Genoa. Focaccia and cappuccino await you!
- Minimum age: 6 years
- Sneakers recommended

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02R3	5 Hours approximately	Hard	46,00 EUR	32,00 EUR
Type				
Tasting				

Genoa | Portofino

PORTOFINO AND CAMOGLI: THE JET SET AND LA DOLCE VITA

In a nutshell

Stroll through **Camogli**, a romantic seaside village characterized by brightly painted houses. Then from Camogli you arrive by boat to **San Fruttuoso** and finally to **Portofino**, a resort favored by the **international jet set**. Stroll across the central square and past the elegant boutiques. Who knows, you might just run into a celebrity!

Main stops

- In order to protect your health, in compliance with the regulations and safety protocol, the itineraries and duration of the excursions may be slightly modified.
- During the excursion, a local guide will assist you and give you information.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
------	----------	-------	-------------	-------------

02ZW

7 Hours approximately

Moderate

119,00 EUR

83,30 EUR

Type

Genoa | Portofino
ALL OF GENOA: THE MOST BEAUTIFUL VIEWS

In a nutshell

A **local guide** will lead you around Genoa on a scenic bus tour and make you feel just like a local. Especially when you get to **Boccadasse**, the fishing village a stone's throw from the city center.

Main stops

- The port and the Lanterna lighthouse
- Spianata Castelletto: photo stop
- The districts of Castelletto and Albaro
- Boccadasse: ancient fishing village
- Old town Piazza De Ferrari, Ducal Palace, Cathedral of San Lorenzo, House of Christopher Columbus. External visits.

The programme

- You can't tour Genoa without first passing by the **Lanterna** lighthouse. The tall, imposing symbol of the city. And then, for a spectacular view, you'll come to the **Spianata Castelletto belvedere**, known locally as **Castello**. Here you'll have the city at your feet: the expanse of slate roofs spanning the old city center, the medieval towers and the Baroque domes. An unmissable photo opportunity. Prepare for the **likes** to flood in on Instagram.
- Then there's the Genoa of **Boccadasse**, a **fishing village** of narrow streets and **breuzele** or steep alleys, overlooking a tiny bay. Want some advice?
- Board the bus to cross the residential district of Albaro, with its 19th century villas, and arrive in the city center. See **the house of Christopher Columbus** and the **Ducal Palace**, residence of the Doge for many centuries. You came as a **foresto** (stranger) and you'll reboard the ship **Genoese**!
- During the tour, a local guide will provide you with assistance and information.
- Slight changes may be made to itineraries and the length of excursions to protect your health and to comply with regulations and the safety protocol.
- The walk down to the village of Boccadasse is along a typical brick-paved alley with a few steps.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
------	----------	-------	-------------	-------------

WESTERN MEDITERRANEAN



- Columbus' House: external visit
- Traditional snack with Genoese focaccia
- Free time

The programme

- Genoa reflects the nature of its inhabitants, reserved and direct, more interested in action rather than words. The gray **slate roofs** hide **artistic treasures** of great value. **Rubens, Dickens, Van Dyck**, to name a few, have all been able to capture its rugged beauty.
- The tour of the **old town** starts from the **Ancient Port**. From here, **our guide** will take you through the characteristic narrow streets, known locally as "caruggi", to discover hidden corners. As you stroll along, you'll discover many **traditional old shops** reflecting the city's traditions and excellent food and wine: from **pesto** to **pandolce**, **Pigato** to **Vermentino** wine, you can pick up many local products.
- Near **Columbus' House**, make sure you taste some **Genoese focaccia**, as simple as it is delicious. Water, flour, salt and extra virgin olive oil all find the perfect balance. Below a crunchy crust, the soft heart of the bread melts in your mouth with every bite. This is **the authentic Genoese breakfast**.
- Slight changes may be made to itineraries and the length of excursions to protect your health and to comply with regulations and the safety protocol.
- On 15/8, being a public holiday, many will be closed.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04C3	3 1/2 Hours approximately	Moderate	49,00 EUR	34,30 EUR
Type				Tasting

Pick&Choose

Genoa | Portofino

GHOST TOUR: THE ALLEYS OF GENOA, WITH THEIR SHADOWS AND MYSTERIES

In a nutshell

Venture through the most mysterious carruggi in the city, where the voices of the Black Lady, Witch Caterina and the devilish Branca Doria echo between the historical buildings and dark alleyways. Actors in costume will breathe life into tales of crime, intrigue and forbidden love, while the city transforms into an open-air theater. A journey through history and legend, brimming with thrills and timeless charm.

WESTERN MEDITERRANEAN



Main stops

- A thrilling walk in the alleyways of Genoa.
- Stories and legends for big and small alike
- Sweet finale with ice cream for all.

The programme

This walk through the Genoa's narrow alleyways will catapult you into a maze of stories that will give you goosebumps! Legends, mysteries and disturbing characters await you around every corner: from the Black Lady to Branca Doria, and from the Phantom of the Opera to the much-feared Witch Caterina! And watch out for the Devil in the street of Salita Arcivescovato...they say that those who challenge him are never the same again! All brought to life by real actors in costume who will draw you into the story, with twists, laughs and... a few more thrills. But don't fear: The tour ends with a restorative ice cream, because after a journey into the supernatural, you'll be in need of something sweet to get back on your feet! And what could be sweeter than a gift from our Squok? Little ones will be delighted!

- On 15/8, a popsicle will be served instead of ice cream.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04C4	4 Hours approximately	Moderate	56,00 EUR	39,00 EUR

Type

Tasting

Genoa | Portofino PESTO COOKING CLASS IN A CELEBRITY RESTAURANT

In a nutshell

Activate your taste buds: You're about to **learn the traditional recipe for Pesto alla Genovese** from the **chef of the historic Zeffirino restaurant** the regular haunt of all international stars who love this iconic sauce. Together with your **guide**, find the perfect ingredients at the **Mercato Orientale**, then grab mortar and pestle for your **cooking class and tasting**, followed by a **lunch fit for the stars**.

Main stops

- Walk from Piazza De Ferrari to Genoa's Mercato Orientale
- Mercato Orientale
- Pesto alla Genovese cooking class and local lunch in the historic Zeffirino restaurant

WESTERN MEDITERRANEAN



The programme

- If you'd like to learn how to prepare **traditional Pesto alla Genovese**, you can do so at **Zeffirino**, the restaurant that after almost 150 years and five generations continues to remain a true Genovese institution.
- Take a few steps in the center and you end up at the **Mercato Orientale**, an indoor marketplace from 1899 with **stalls offering ultra-fresh produce**.
- Here, together with your **guide**, you'll wander amid Zeffirino's trusted **suppliers**, and will learn how to select high-quality **cheeses, pine nuts and basil**. Among the eight varieties existing in nature, only **Genovese basil** has the right aroma. And to remember this, a **surprise** that... will take roots awaits you.
- Now, roll up your sleeves. At the **Zeffirino restaurant**, surrounded by original vintage furnishings, you'll follow the chef's instructions to recreate the recipe of this **sauce symbol of Genoa** just as it was made in the past, using a marble pestle and mortar.
- Amid **stories about the city** and **anecdotes featuring the restaurant's famous guests** (Popes, politicians, music and movie stars) it'll soon be time to **taste your pesto on focaccia croutons**.
- This is just the beginning: Everyone will take a seat to **enjoy the house specialties**, where basil steals the scene in dishes fit for the stars.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.
- On holidays the Mercato Orientale is closed so the cheese tasting will be done by Zeffirino.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
042R	3 Hours approximately	Easy	89,00 EUR	62,30 EUR

Type

Genoa | Portofino

RIDING BETWEEN THE FORTS OF GENOA ON AN E-MOUNTAIN BIKE

In a nutshell

Costa introduces **a new way to explore the city**: a new experience **offering the same quality, safety and duration as always**, now **reserved for small groups** so as to best discover all the secrets of the city. Did you ever think you'd see **Genoa from above**, riding an **electric bike** along a section of the **old city walls**? With the help of a **local guide**, you will learn how to use an **e-mountain bike** before riding the historical **route of the forts**, whizzing along with **zero effort and zero pollution** between wooded slopes, walls and

WESTERN MEDITERRANEAN



views across the port. Your snack is as Genoese as it gets: **Ligurian focaccia** in front of a **hidden viewpoint**.

Main stops

- Zecca rack railway to the Genova Righi station
- Ride on an e-mountain bike: Via del Sale, Sperone fort, Begato fort
- Break at a scenic viewpoint off the tourist trail and tasting of focaccia

The programme

- Did you know that the **city wall that surrounds Genoa** is the longest in Europe? Ride along it on an **electric bike** and you'll see the most beautiful sights of the city and its surroundings from an unusual perspective.
- It starts with a bit of a climb. You'll head uphill on the **Zecca rack railway**, which has been ferrying the people of Genoa to the top since 1895. The ride is only a few minutes long, but with stunning views: grand buildings, gardens and vegetable patches that belong on a postcard!
- At the end of the line, a **local guide** will present you with your **e-mountain bike**: it's easy to use * a **few tips** and you'll be ready to jump into the saddle.
- In just a few pedal strokes, you'll be at the **Via del Sale**, the ancient salt route that once linked the Ligurian sea and the hinterland of the Po valley, then immediately on to the **route of the forts** that follows the ring of the Mura Nuove * or "New Walls" * which were built in the 17th century.
- **With zero effort**, you'll tackle the 400 meters of climb up to the **Sperone fort**, where nature rules, and then on to the **Begato fort**, which has been occupied by soldiers and rebels over the centuries.
- Finally, a real treat. Or rather, two: after a surprise **shortcut through the undergrowth**, take a breather at a **viewpoint that is the best-kept secret of the Genoese** and snack on authentic **Ligurian focaccia** whilst gazing out over the city.
- We'll take care of the technical e-mountain bike, helmet and water bottle.
- When you get on board, please head to the excursions office to communicate your height: you will find the perfect sized e-mountain bike waiting for you at the beginning of the route. Minimum height: 1.55 cm.
- Wear appropriate sports shoes and clothing for the trail.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03SM	4 1/2 Hours approximately		100,00 EUR	70,00 EUR

Type

Genoa | Portofino

GENOA, A MARITIME REPUBLIC

In a nutshell

Costa introduces **a new way to explore the city**: a new experience **offering the same quality, safety and duration as always**, now **reserved for small groups** so as to best discover all the secrets of the city. Want to plunge into a sea of stories, legends and curious facts about the **maritime republic of Genoa**? Follow a **guide who knows all the details**, through the streets once frequented by sailors and traders. Like the sentinels of days gone by, you will have **exclusive access** to the historic **defensive walls**, as well as discovering an unexpected checkpoint at the port. There's just one thing that hasn't changed: the **typical breakfast** with focaccia and coffee, just like a real **Genoa local**.

Main stops

- Walk through Genoa's old town: San Giorgio palace; the street of Vico Indoratori; San Matteo square
- Typical Genoese breakfast
- Exclusive access to the Barbarossa walls
- Convent and cloister of Santa Maria di Castello: internal visit
- Return on foot via the historic center: Genoa cathedral

The programme

- Enjoy an experience that will immerse you in the splendor of the **Genoa** of trade and maritime supremacy, accompanied by a **guide who is an expert in its history**.
- Imagine the amazement of those who landed here after a long passage at sea. And who * like you * got lost among the **Baruggie** or alleyways, admiring the **Palazzo San Giorgio**, the former customs house, the aristocratic residences in the street of **Vico Indoratori** and **Piazza San Matteo**, the home of the illustrious Doria family.
- There's only one reason to stop for a while: to recharge your batteries with a **typical Genoese breakfast** of **coffee and focaccia**, as the locals did **two centuries ago**.
- Now, prepare to be surprised: the guardian of the **Barbarossa walls** will open its doors **just for you**. You're walking right where the soldiers used to make their rounds, atop a wall that defended the city from the whims of a foreign despot. Who was it? The name of the walls holds the answer to your question!
- And when you arrive at the **cloister of Santa Maria del Castello**, you'll discover that this is where the Genoese used to keep an eye on the port, or hide from their enemies.
- Now, all that remains for you to do is to enjoy the silence of its **cloisters**, amidst the scents of its orange gardens, before bidding farewell to the **Cathedral** and the city center.
- On 15/8, being a public holiday, the cloister of Santa Maria di Castello will be closed.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03SR	5 Hours approximately	Moderate	60,00 EUR	39,00 EUR
Type				
Tasting				

Marseilles

AVIGNON AND THE PALACE OF THE POPES: BETWEEN HISTORY AND GRANDEUR

In a nutshell

We are in the heart of the Middle Ages, within the imposing walls of Avignon, the symbolic city of Provence. Explore the majestic Palace of the Popes, home to nine pontiffs during their exile from Rome, and discover its frescoed halls, court intrigues, papal chambers and the grand guards' hall. Finally, stroll through the city's cobbled streets and cross the famous Saint Bénézet Bridge, an emblematic monument of the region.

Main stops

- Avignon
- Palais des Papes
- Free time for lunch

The programme

- The transfer to Avignon provides your first opportunity to enjoy the beauty of **Provence**, with its olive groves, fruit orchards and cypresses.
- In **Avignon, guided tour** of the **Palais des Papes**, a historic French monument and **World Heritage Site** since 1995. During the Great Western Schism, this imposing Medieval Gothic fortress became the residence of **nine popes** between 1309 and 1378, when they were exiled from Rome. You'll stroll through the **galleries, papal rooms, the Great Hall of the Guards and chapels**.
- The tour of the city continues through the narrow cobbled streets.
- And after a stroll with the guide in the center, explore the city further however you like, before returning to the ship.
- The bus journey from the port to Avignon takes approximately 1 hour and 30 minutes.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0428	7 1/2 Hours approximately	Moderate	89,00 EUR	62,30 EUR
Type				

Marseilles
CAMARGUE BETWEEN RICE FIELDS AND PINK FLAMINGOS

In a nutshell

Immerse yourself in the unspoiled nature of the Camargue, among rice fields, lagoons and hundreds of pink flamingos. Explore the Pont de Gau ornithological park, where over 200 bird species live in a breathtaking landscape, and discover the soul of Arles, a place where Roman monuments, medieval squares and contemporary art coexist just a few steps away from each other.. A unique experience of biodiversity, history and nomadic culture.

Main stops

- Sightseeing coach tour to the Camargue
- Pont de Gau Ornithological Park
- Village of Arles
- Free time for lunch

The programme

On the **coach**, the endless views of the countryside will give you a taste of **southern France**. From this point, you'll have **all the time you want** to get to know the **flora, fauna** and **traditions** of the **Camargue**.

Half of the area is a **nature reserve** surrounding the Rhone River, and here you can explore its marshes, ponds and reed beds at the **Pont de Gau Ornithological Park**: a **UNESCO world heritage site** which **hosts and protects more than 200 bird species**.

A **local guide** will introduce you to their habits: **herons** and **egrets** make their nests among the trees, whereas gulls prefer the islands, but the real stars are the **pink flamingos**, masters of the courtship dance.

Then you'll head to Arles, a captivating city with a great many relics of its rich past: originally Celtic, the city was conquered by the Gauls and later by the Romans, and in medieval times it was a major political and economic centre. A pleasant stroll in the historic town centre will give you the opportunity to admire some of the most important monuments, from the ancient amphitheatre to the cathedral, which is a masterpiece of Romanesque art.

It is said that Mary Magdalene also passed through here: you'll find out for yourself as you step into the 9th century **fortified Roman church**, before strolling through the **narrow streets**, among **typical**

restaurants and artisan boutiques that feel like they're from another era.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
042T	8 Hours approximately	Easy	69,00 EUR	48,30 EUR
Type				

Marseilles

DISCOVERING MARSEILLE'S SEASIDE

In a nutshell

An **absolute novelty** from Costa Cruises of today, you can discover **the city's most iconic sites with total flexibility**. A **brand-new, shorter experience** to be enjoyed in **small groups** and with a **dedicated guide**. Meet the guide at the **Plage des Catalans**, to walk along the city's **scenic waterfront** and see the longest bench in the world. Then, discover the **Vallon des Auffes**, the small bay and harbor that shelters the traditional fishing boats, amid fishing houses and traditional restaurants. At the **Plages du Prado**, you can decide whether to continue your **tour independently** or **go back to the ship**. Live the city at your own pace!

Main stops

- Walk along Marseille's waterfront : Corniche Kennedy bench, Vallon des Auffes.
- Transfer not included.
- Arrive 10 minutes before your appointment in Place du Lieutenant Danjaume

INFORMATIONS

Code	Duration	Level	Adult price	Child price
049P	2 Hours approximately		25,00 EUR	17,50 EUR
Type				

Marseilles

LE PANIER, FROM REBEL NEIGHBORHOOD TO CREATIVE HEART OF MARSEILLE

In a nutshell

Step into the authentic heart of Marseille and soak in the vibrant atmosphere of Le Panier, the oldest and

WESTERN MEDITERRANEAN



most symbolic district of the city. Among colorful alleys, street art and artisan shops, discover the rebellious past of this area, once a haven for sailors, smugglers and migrants. Today, Panier is a cultural mosaic where every corner tells a story, from fragrant markets to historic tall, narrow houses.

Main stops

- Marseille Soap Museum: internal visit with workshop for making your own soap
- Fort of Saint-Jean; MuCEM museum; church of Accoules: external visits
- Stroll through the city: the Old Port, the squares and alleys of the Le Panier neighborhood
- Chocolate and oil tasting in a historic chocolate store

The programme

- Scents, images, sounds and flavors from all eras: you can only really say you know **Marseille** once you've explored it **with all of your senses as part of an exclusive Costa experience**.
- In the **Soap Museum**, you'll step into the 600 years of artisan history of this Marseille icon, crafted from ultra-pure olive oil. Watch, smell and **then** personalize **your soap**, shaping the silky mixture with your hands!
- From the **Fort of Saint-Jean** and the **MuCEM** museum, you'll head to the **church of Accoules** dating back to the 11th century, with its historic bell tower. Listen to the chimes of its bells: your **guide** will reveal all the stories associated with them.
- Meanwhile, the **Le Panier neighborhood** is brimming with tales of saints, sinners and... **murals**. Surrounded by the ancient symbols of the square, there is a great red whale, just waiting to be captured on film forever. Did you notice? It carries the entire city on its back.
- At the end, a double treat for your palate awaits: in an **artisan chocolate store**, you'll taste **oils** and **chocolate from Marseille**, whilst listening to the **anecdotes told by those who really know about the city's traditions**.
- At the end of the tour, you can explore the city on your own, or head back to the ship on the shuttle bus.
- The excursion includes a return bus transfer. The rest of the excursion takes place entirely on foot with long stretches to reach the various stages.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AB	4 Hours approximately	Moderate	70,00 EUR	49,00 EUR
Type				
Tasting				

Marseilles

ALL OF MARSEILLE: BETWEEN BREATHTAKING VIEWS AND AUTHENTIC CORNERS

In a nutshell

Discover the best of Marseille with a panoramic tour through history and spectacular views. Admire the Corniche Kennedy and the longest bench in the world, stop for a photo at the majestic Palais Longchamp and be enchanted by sea views from Fort Saint-Jean. End the experience among the boats of the Vieux Port, the beating heart of the city.

Main stops

- Longchamps Palace
- "La Corniche" waterfront
- Cathedral of Santa Maria Maggiore: photo stop
- Fort of Saint-Jean
- Vieux Port

The programme

- The Corniche, dedicated to President John Fitzgerald Kennedy, is a promenade that offers an exceptional view of the islands that extend from the Catalan beach, not far from the old port, to the Prado Park by the sea. Here you will also find the longest bench in the world with its almost three kilometers.
- You will arrive as far as the Longchamps Palace, where we make a short stop to take some photos.
- Your visit continues to the Neo-Byzantine-style Cathedral of Santa Maria Maggiore. In front of you the Fort of Saint-Jean, built in 1660 by Louis XIV, the church of Saint-Laurent, a fine example of Provençal Romanesque architecture.
- At the end of the tour, the coach will leave you in the Old Port area for a walk with the guide to discover the Vieux Port among hundreds of moored boats.
- The Adagio Tour was born from the collaboration between Costa Crociere Foundation and AISM, with the aim of offering land experiences at a slower pace and itineraries with fewer architectural barriers, designed for people with accessibility needs.
- The Adagio Tour version of this excursion is available on all ships.
- The places available for the "Adagio Tour" version are limited.
- If you use a wheelchair, the reservation of the "Adagio Tour" must necessarily be made through your cruise representative or through the contact channels of the Customer Center.
- *Wear appropriate clothing for the places of worship you will visit.*

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AC	4 Hours approximately	Easy	59,00 EUR	45,00 EUR

Type

Pick&Choose

Marseilles

ALL OF MARSEILLES IN PETIT TRAIN: THE LANDMARKS AND SOUL OF THE CITY

In a nutshell

Explore Marseille effortlessly aboard the characteristic Petit Train, a journey through its landmarks places and breathtaking panoramic views. Admire the Corniche Kennedy waterfront, be enchanted by the view of the city from the Basilica of Notre-Dame de la Garde and immerse yourself in the charm of the Old Port and the characteristic Le Panier district.

Main stops

- "La Corniche" seafront promenade
- Basilica of Notre-Dame de la Garde
- Walk to the Vieux Port and free time in Le Panier

The programme

- With your guide, reach the Vieux Port and from there begin a panoramic tour along the Corniche Kennedy, a suggestive promenade that offers a breathtaking view of the islands located at the entrance to Marseille.
- On board the petit train, you will reach the Basilica of Notre Dame de la Garde, one of the symbols of Marseille. Here you can admire the panoramic view of the city and take beautiful photographs.
- After the visit to the Basilica, the petit train will take you to the Old Port area, where the guide will take you to Le Panier where you will have free time to explore the characteristic neighborhood with its narrow and colorful streets and taste the local products.
- Wear suitable clothing for the places of worship you will be visiting.
- In case of religious celebrations the Cathedral will remain closed and an external visit will be carried out
- The excursion may take place in the morning or afternoon.

- Getting to the Basilica Notre Dame de la Garde requires a minimum walk of about 100 steps.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AD	4 Hours approximately	Hard	75,00 EUR	52,50 EUR

Type

Pick&Choose

Marseilles

AIX-EN-PROVENCE AND MARSEILLE: THE TWO SOULS OF PROVENCE

In a nutshell

Experience the perfect contrast between the refinement of Aix-en-Provence and the pulsating energy of Marseille. Begin your day in Aix, among elegant squares, monumental fountains and literary cafés, following in the footsteps of Cézanne and Zola. Then change pace and scenery and let yourself be swept away by the vitality of Marseille's Vieux Port, among crowded markets, colorful alleys and Mediterranean flavors.

Main stops

- Walk through Aix: cathedral of Saint-Sauveur; Town Hall Square; Place d'Albertas; Place Richelme; Cours Mirabeau; Mazarin district
- Sightseeing bus tour to Marseille
- Free time for lunch
- Walk through Marseille: Old Port

The programme

- How many nuances and contrasts exist alongside each other in **Provence**? You'll lose count **with your exclusive Costa guide**.
- **Aix-en-Provence** is as elegant as it is enigmatic. Like the **cathedral of Saint-Sauveur**: a bastion of Christianity that supposedly stands on an ancient temple of Apollo.
- Don't be fooled by the romantic tranquility of these streets: revolutionaries used to hide out in the squares of **Place de la Mairie** and **Place d'Albertas**. Meanwhile, **Place Richelme** was where mercantile art came to life. Today, it's street art that takes center stage.
- But the epicenter of all forms of art, both then and now, is **Cours Mirabeau**. Your **guide** will point out its historic bar, where lively "intellectual meetings" would take place. The best-known of these?

Cézanne and Zola, who would come together here over a glass or two!

- For a change of scene, head to **Marseille**, where you'll have some **free time** to taste a few local specialties. From the **port**, make your way through the most vibrant **multi-ethnic neighborhoods**.
- Wear suitable clothing for the places of worship you will be visiting.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00XI	7 1/2 Hours approximately	Moderate	99,00 EUR	69,30 EUR

Type

Marseilles

STREET ART IN MARSEILLE: PAINT YOUR MASTERPIECE

In a nutshell

Experience the most creative side of Marseille among colorful murals and artist studios. Stroll through the streets of Le Panier with a local street artist, explore the most iconic graffiti and then test your creativity with a real spray art session. Take home your masterpiece and a unique memory of this out-of-the-box day!

Main stops

- Transfer to Mucem museum
- Le Panier: welcome croissant
- Walk past the street art in the Le Panier neighborhood to Lenche square; Marseille cathedral (external visit)
- Visit to the artist's studio and spray painting workshop

The programme

- Head to the neighborhood of **Le Panier**: historical, vibrant and colored by a multitude of **murals**.
- You're in **Marseille** and a **welcome croissant** is a must, before you set off on your **walk among the bars, cafes, historical buildings and graffiti** of Le Panier.
- You'll have an exceptional guide with you: a **local street artist** who will take you to some of their favorite places, their **studio included**.
- And then the magic begins: **a work of graffiti will take shape** before your very eyes * add a touch of spray paint yourself, and now you know how it's done, **create a new work on canvas together**.
- It's the most brilliant and personal **souvenir** ever! That's right, because you'll bring it back to the ship

WESTERN MEDITERRANEAN



with you, along with plenty of laughs and photos to share. One thing is for sure: neither you nor your followers will forget this day as an artist in Marseille in a hurry!

- The experience is exclusively reserved for teenagers, who will always be accompanied by the guide and the leaders.
- To authorize the young people to take part in the experience on their own, parents must collect, fill out and sign the waiver and release from the MyTours desk. In the absence of a signed waiver and release, the booking for the experience may be canceled.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04HC	4 Hours approximately	Easy	70,00 EUR	49,00 EUR

Type

Marseilles

LE PANIER FOR THE WHOLE FAMILY: LEGENDS, SWEETS AND SCENTS

In a nutshell

Discover the charm of Le Panier, the oldest district of Marseille, among colorful alleys, murals and fascinating stories. Follow the legend of Protis and Gyptis, the love story that gave birth to the city, and be tempted by the scents of 'navettes' and 'madeleines' in a historic pastry shop. Then, at the Soap Museum, with stories and curiosities, children can create their own personalized soap to take home.

Main stops

- Bus transfer to La Mayor Cathedral.
- Walk through le Panier and tasting of two artisanal desserts, Navette and Madeleine
- Soap Museum: inside tour and interactive activity
- Free time at the Vieux Port

The programme

- Discover Le Panier, the historic district famous for its colorful murals: did you know there is a Greek city beneath your feet? It is Massilia, the oldest core of Marseille.
- Ask your guide and he will tell you the legend of Gyptis and Protis, a Gallic princess and a Greek sailor who founded the city for love.
- The futuristic structure overlooking the sea is the MuCEM, the museum that tells the very story of the meeting of Mediterranean civilizations—it looks as transparent as water, doesn't it?

WESTERN MEDITERRANEAN



- There's a good reason for young and old alike to leave the colorful streets of Le Panier: slip into a Bonne Mère pâtisserie and taste madeleines, soft, buttery cookies, and bavettes, which smell of orange blossoms.
- But other delicious smells call to you as well: by foot reach the Soap Museum, discovering Marseille's most famous product.
- Heady scents and lots of curiosities, okay, but how about a bar of soap...to personalize? All together and in the company of a special surprise!
- Wear comfortable shoes and clothing suitable for the experience.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04HD	4 Hours approximately	Moderate	60,00 EUR	35,00 EUR

Type

Barcelona

DIVE IN AMONG 11 SHARKS AT THE BARCELONA AQUARIUM

In a nutshell

- Once on board, head to the MyTours office to receive all the relevant information and to sign the consent form for the activity.
- For children aged 8 and upwards.
- Transfer not included. If you require a transfer to reach the city center, please go to the excursion desk.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04ZJ	2 Hours approximately		209,00 EUR	185,00 EUR

Type

Barcelona

CYCLING AMONG ICONS AND VIEWS: ALL THE CITY'S HIDDEN WONDERS

In a nutshell

Barcelona is an open-air cycle path, perfect to be effortlessly explored by electric bike! Pedal among

WESTERN MEDITERRANEAN



Gaudí's masterpieces, ride through lush parks and discover neighborhoods full of history. From the greenery of Parc de la Ciutadella to the spires of the Sagrada Família, to the alleys of El Born and the sea of Port Vell: every stop will give you new perspectives and unexpected corners of the city.

Main stops

- Parc de la Ciutadella
- Cathedral of the Sagrada Família
- Passeig de Gràcia
- Casa Batlló and Casa Milà
- District of El Born
- Port Vell

The programme

- From the **Parc de la Ciutadella**, cycle to the **Sagrada Família**, the incredible and still incomplete neogothic church designed by the architectural genius Antoni Gaudí. Travel along the **Passeig de Gràcia**, the city's most elegant street, which includes **Casa Batlló** and **Casa Milà**, another two works by the architectural genius.
- You'll then enter the heart of the old town, and explore the alleys of the **Barrio del Born** and the historic **Port Vell**, home to hundreds of small boats.
- You'll be cycling all the way, but thanks to the **electric bike** you won't feel tired. You will start to feel peckish however: How about stopping for... a **tapa**? Enjoy these traditional sandwiches with a cold drink. At the end of the tour, we will return independently to the ship.
- Minimum age: 16 years.
- Minimum height: 150 cm.
- The excursion includes the assistance of a local guide who will provide information in English or Spanish.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0518	3 1/2 Hours approximately	Moderate	89,00 EUR	62,30 EUR

Type

Tasting

Barcelona

DIVE INTO THE SHARK TANK AT THE BARCELONA OCEANARIUM

WESTERN MEDITERRANEAN



In a nutshell

Have you ever dreamed of seeing **sharks up close**? Tank on your back, regulator in your mouth... and off you go, into the adventure! Dive into their tank at the **Oceanarium** of the **Barcelona Aquarium**. An adrenaline-filled but safe experience to encounter **sharks, rays, and moray eels** like you've never seen before. Forget documentaries!

And after the dive? A nice breakfast awaits to recharge your energy. Admission to the aquarium is included so you can explore every corner of this incredible marine world.

Main stops

- Dive with sharks, moray eels, and rays
- Breakfast and aquarium visit included

The programme

Already experienced in diving and looking to take the adrenaline up a notch? At the **Oceanarium** of the **Barcelona Aquarium**, you can! This once-in-a-lifetime opportunity requires you to bring your **diving license** (mandatory) and **dive straight into the shark tank**, surrounded by various species, moray eels, rays, and many other marine creatures.

It starts with a mini-course (nothing boring, promise) where you'll learn all about these fascinating creatures and the rules to follow during the dive. And then? Let the adrenaline flow and dive with your instructor. You'll feel 100% part of this underwater world and observe the species really up close. Plus, you can have two trusted companions watch from the other side of the glass to witness the whole experience and share the story.

All this excitement got you hungry? The solution is a delicious **included breakfast**, inside the facility, before continuing your **aquarium visit**.

- You must bring your Dive Certificate (PADI)
- Once onboard, go to the MyTours office to fill out the waiver and provide personal data for the dive
- The experience includes: Diving gear and equipment, a souvenir photo of the activity, 1-day diving insurance
- Don't forget to bring: Swimsuit and flip-flops, towel, personal hygiene items, and your PADI DIVING LICENSE

INFORMATIONS

Code	Duration	Level	Adult price	Child price
051K	3 Hours approximately		299,00 EUR	269,00 EUR
Type				

Barcelona

FROM PARC GÜELL TO LA PEDRERA: GAUDÍ IN COLOR

In a nutshell

Discover Gaudí's most fairytale side in a journey through sinuous forms, sparkling mosaics and visionary architecture. Walk through the colors of Parc Güell, among giant salamanders and forests of columns, and be amazed by La Pedrera, the building carved by the wind that represents the highest expression of Catalan modernism.

Main stops

Parc Güell
Sagrada Família: external visit
District of Eixample
La Pedrera

The programme

- The best gateway into the world of Gaudí is **Parc Güell**, with all its curves and colors, designed at the beginning of the last century. You can expect **fairytale buildings**, a mosaic of a **giant salamander**, **forests of columns** and house with spiers where the architect himself lived for twenty years.
- But that's only the beginning. In the Eixample district is the church of the **Sagrada Família**, a gigantic building with an open construction site that is **constantly evolving**, as even today, decades later, expert craftsmen are still following the designs left by the master.
- **Casa Milà**, on the other hand, better known as **La Pedrera** is the master's most mature work and is considered the greatest example of Catalan Modernism. It's a great photo opportunity with its **undulating façades**, chimneys that wrap around themselves and **original cast iron railings** that evoke **breaking waves**.
- This is one of the most popular excursions so book early.
- Casa Milà will be closed on 12/25/2023, on 01/15/2024 and on 01/19/2024, therefore the visit will be carried out externally. The external visit of the Casa Batllò will also be added.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0523	5 Hours approximately	Hard	109,00 EUR	76,30 EUR
Type				

Barcelona

FROM THE SAGRADA FAMILIA TO CASA MILÀ: GAUDÍ AND NATURE

In a nutshell

Thanks to the genius of Gaudi, a forest, a mountain and the Mediterranean Sea have sprung up in the center of **Barcelona**. Don't believe it? With an **exclusive Costa guide**, discover how the artist transformed **glimpses of Catalan nature into works of art**, as you wander between the tree-columns of the **Sagrada Família**, under the caves and snowy peaks of **Casa Milà** and through the shapes of **Casa Batlló**.

Main stops

- Sagrada Família: Nativity and Passion facades; internal visit
- Casa Milà: external visit
- Walking tour on the Passeig de Gràcia
- Casa Batlló: panoramic visit

The programme

- Your plunge into nature reinterpreted as art by **Gaudí** can only begin at the **Sagrada Família**, his greatest masterpiece.
- What does it remind you of? Your **exclusive Costa guide** has the answer: it's a forest that has been growing for nearly 100 years.
- Take a closer look: do you see the animals on the **Nativity facade**? Chameleons and doves in flight, but also two enormous turtles, symbols of land and sea.
- Inside, the illusion continues: the **columns are like tall trees** with branches that are intertwined with the sculpted faces, while the **colors of the windows evoke those of sunrise and sunset**. It is Gaudí's homage to the views from the mountain of Montserrat, and in the Salnitre cave.
- As you move to a different area of the city, the natural scenery changes with you. At **Casa Milà**, you'll find yourself in front of a mountain range with cave-like windows, iron decorations that look like brambles, and a roof as white as the snowy peaks. This is why the people of Barcelona call it "La Pedrera", or the quarry!
- If you're missing the sea, you'll find it on the facade of **Casa Batlló**, whose colors and sinuous lines echo the waves of the Mediterranean. Meanwhile, snoozing on the roof you'll find...well, you tell us!
- This is one of the most popular excursions so book early.
- Wear suitable clothing for the places of worship you will be visiting.
- Slight changes may be made to itineraries and the length of excursions in order to safeguard your health and comply with regulations and the safety protocol.

INFORMATIONS

WESTERN MEDITERRANEAN



Code	Duration	Level	Adult price	Child price
0658	4 Hours approximately	Moderate	99,00 EUR	69,00 EUR
Type				

Barcelona

LIVE THE LEGEND AND SHOOT LIKE A CHAMPION

In a nutshell

Feel the thrill of stepping into the heart of Barça: an immersive experience among trophies, historic memorabilia and glory-filled atmospheres in the museum that celebrates the legendary achievements of the club. Challenge the RoboKeeper and feel the adrenaline of a true champion.

Main stops

- Panoramic bus tour in the direction of Camp Nou.
- FC Barcelona Experience: inside tour of the museum, immersive room and 3 shots at the RoboKeeper

The programme

The tour may be canceled or modified depending on the match schedule.

- During the tour, a local guide will provide assistance and information in English or Spanish.
- Due to renovations, the stadium cannot be visited internally.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0759	3 1/2 Hours approximately	Easy	76,00 EUR	55,00 EUR
Type				

Barcelona

ALL OF BARCELONA: BETWEEN BREATHTAKING VIEWS AND ICONIC ARCHITECTURE

In a nutshell

Discover Barcelona through its unmissable icons, in a panoramic route that captures the soul of the city. Admire the breathtaking view from Montjuïc, be fascinated by the spectacular shapes of the Sagrada Família and walk along the elegant Passeig de Gràcia, among modernist architecture and hidden

WESTERN MEDITERRANEAN



details. A journey between history and innovation to experience the full essence of Barcelona.

Main stops

- Montjuïc: Barcelona seen from above
- Sagrada Família, the genius of Gaudi: external visit
- Panoramic drive through Passeig de Gràcia, modernist architecture

The programme

First of all remember to add the hashtag #costagrammer and the tag @costacruisesofficial to the best photos of the day.

- The tour begins on **Montjuïc**, a high point that provides a privileged view of the city.
- The second stop is the **Sagrada Família**, an icon of the city of Barcelona. If you can find it, take a photo of the **magic square**, so-called because the sum of each side is always 33, or position yourself at the bottom to appreciate the verticality of the construction which is typical of the **Gothic** style.
- The modernist façades reflected in the windows of the designer shops can also be an original source of inspiration along the **Passeig de Gràcia**.
- As you return to the ship your social media will be going crazy with likes and comments.
- The **Adagio Tour** was born from the collaboration between Costa Crociere Foundation and AISM, with the aim of offering land experiences at a slower pace and itineraries with fewer architectural barriers, designed for people with accessibility needs.
- The **Adagio Tour** version of this excursion is available on all ships.
- The places available for the "Adagio Tour" version are limited.
- If you use a wheelchair, the reservation of the "Adagio Tour" must necessarily be made through your cruise representative or through the contact channels of the Customer Center.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0765	4 Hours approximately	Easy	51,00 EUR	35,70 EUR

Type

Pick&Choose

Barcelona

ON HORSEBACK AMONG THE MARVELS OF MONTSERRAT: NATURE AND AUTHENTIC FLAVORS

In a nutshell

A unique experience which spans nature and tradition! Ride along scenic trails with views of the spectacular mountain of Montserrat, exploring landscapes that will leave you breathless. After the ride, immerse yourself in the authentic flavors of Catalonia with a visit to a local cheese-maker, where you'll discover the secrets of artisan production and taste fresh cheeses with an unmistakable flavor.

Main stops

- A wander on horseback in the surroundings of Montserrat.
- Visit a local cheese factory with tasting.

The programme

We'll set off from the port of Barcelona: today we're on a ride! Montserrat is your destination. On horseback, we'll take you along spectacular footpaths where the only thing you need to do is let yourself be won over by the view: you'll understand right away why Montserrat is one of the most charming places in Spain.

A visit to a cheese factory awaits you, ready to make you rethink the concept of "good". Here, we're not talking about pre-packaged cheeses, but real hand-made masterpieces. Discover the secrets of production from the expert hands that transform milk into pure magic, and get ready to fill up on fresh, tasty cheeses, stimulating your senses with a tasting that will leave you speechless.

The experience will end when you return to the port, with a dose of nature, adrenaline and flavors that you'll never forget in your backpack.

- Minimum age: 9 years.
- Maximum weight: 95 kg

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04SG	5 Hours approximately		170,00 EUR	159,00 EUR
Type				

Barcelona

BARCELONA'S FAIRYTALES AND LEGENDS: AN ADVENTURE IN THE BARRIO GÓTICO

WESTERN MEDITERRANEAN



In a nutshell

Follow in the footsteps of dragons, heroes and artists, on a magical journey through the alleyways of the Barrio Gótico neighborhood! Discover the mysteries hidden amid ancient stones, listen to stories of myths and legends, and allow yourself to be transported to an enchanted world where even Picasso left his mark. A perfect adventure for the whole family, filled with history and imagination!

Main stops

- Exploration of the Gothic Quarter, a maze of history and mystery.
- Close encounters with dragons and mythical heroes.
- Engaging stories for big and small alike, with a taste of sweetness.

The programme

Get ready, because today is anything but your average walk! We'll set off from the port of Barcelona and immerse ourselves in the magic of the Gothic Quarter, where history is intertwined with myths and legends. An adventure is waiting around every corner for you and your children: what do you say to looking for the legendary dragon who once lived among these streets? Or to discovering the feats of heroes like Hercules, who left his mark right here?

We'll also travel through time with art: we'll discover how great artists like Picasso lived and worked, and witness the mark they left on the city. And with exciting stories, amusing anecdotes and little challenges to overcome, little ones won't even have time to get bored. Every step will be an opportunity to explore a new corner of this charming city, learning without even realizing.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04SH	4 Hours approximately		65,00 EUR	45,00 EUR

Type

Barcelona

FROM THE GOTHIC QUARTER TO LA RAMBLA: HISTORY AND FLAVORS OF BARCELONA

In a nutshell

Discover the true soul of Barcelona as you stroll through the medieval alleys of the Gothic Quarter and the vibrant atmosphere of El Born. Admire the majesty of the Cathedral, walk along La Rambla among street performers and historic venues, and let yourself be tempted by an authentic taste of Catalan tapas!

WESTERN MEDITERRANEAN



Main stops

- El Born neighborhood: Palace of Catalan Music and the church of Santa Maria del Mar; Barrio Gótico: a thousand alleys, a thousand surprises.
- The Cathedral: an example of Catalan Gothic style
- La Rambla, with tapas tasting.

The programme

- The tour starts in the trendy neighborhood of **El Born**, home to the **Palace of Catalan Music** and the church of **Santa Maria del Mar**, one of the best examples of Catalan Gothic style. Keep **looking up** as you visit the **Barrio Gótico** because the masterpieces are in the vertical façades and windows. All the best Catalan Gothic buildings stand on an ancient fortified Roman village. Discover its traces.
- The tour ends with a traditional taste of Catalonia: **two tapas**, tortilla and jamón serrano. Enjoy your meal or, as they say in Catalonia, **Bon profit**!
- Menus may vary according to season to ensure the constant high quality of the dishes served.
- Before booking the excursion or once on board, contact the excursion office to check the availability of vegetarian or gluten-free dishes and to report any food intolerances.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00FW	4 Hours approximately	Moderate	49,00 EUR	34,30 EUR
Type				
Tasting				

Barcelona

BARCELONA FROM ABOVE: AN UNFORGETTABLE FLIGHT

In a nutshell

Fly over Barcelona and watch the city come to life beneath you! Watch the full majesty of the Sagrada Família emerge and see every corner and every icon of the city, from Montjuïc to Camp Nou to the golden coastline, even more spectacular from above. Observe the perfect design of the city and be amazed by this experience, which only lasts a few moments, but will stay with you forever.

Main stops

- Fly over Barcelona in a helicopter (10 minutes).
- Attractions flown over: Sagrada Família, the Torre Glòries, Park Güell, Camp Nou and the Olympic structures.

The programme

If you thought the best way to see Barcelona was on foot, think again! Jump aboard a helicopter and take to the air! You'll take off from the Barcelona heliport, ready to tour the city like a VIP. In the space of 10 minutes, you'll see the Sagrada Família from a perspective that will make you want to photograph it from every angle, and fly over the Torre Glòries skyscraper, an imposing icon of modern, futuristic architecture that will leave you speechless. You'll fly over Park Güell, where the curves and colorful mosaics will almost seem to dance before your eyes. And the views of the Tibidabo hills will make you feel like you're on top of the world, with all the magnificence of Barcelona at your feet.

But that's not all. On your way back, you'll pass over the top of the legendary Camp Nou (that's right, the stadium where your footballing dreams come to life) and the Montjuïc Olympic structures. This mixture of sport, culture and adrenaline will make get your heart beating faster. You'll fly at 1,500 feet above the ground, a long way away from the chaos but close to the stars, so you can concentrate on all the beauty that surrounds you. At the end of the flight, you'll return to the port smiling from ear to ear, with a memory you'll never forget. Get ready to experience Barcelona in a totally unconventional way!

- Helicopter capacity: 3 or 5 passengers, depending on the model available.
- Documents required: ID card or passport.
- Maximum weight: 110 kg.
- The tour may be canceled in bad weather.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01BT	1/2 Hours approximately	Moderate	219,00 EUR	199,00 EUR

Barcelona

ALL OF BARCELONA: MUST-SEE ICONS

In a nutshell

Discover the many souls of Barcelona in a journey through historical icons and architectural experimentation. From the panoramic view over Montjuïc to the modernist wonders of Passeig de Gràcia, up to the unmistakable silhouette of the Sagrada Família. Immerse yourself in the medieval charm of the Gothic Quarter and enjoy some free time to experience the city like a true Barcelonian.

Main stops

- Sightseeing bus tour: Plaça d'Espanya; Montjuïc hill, Casa Batlló
- Sagrada Família: external visit
- Walk along Passeig de Gràcia up to Casa Milà: external visit

WESTERN MEDITERRANEAN



- Barrio Gotico

The programme

- As you walk through Barcelona's **Plaça d'Espanya**, you'll be greeted with some of the city's first faces: those of the mythical statues of the **Font Màgica**, which celebrates the link between **Barcelona** and water. You can also see them from above, from the viewpoint at Montjuic.
- The coach takes a multicultural route as it passes beneath the **statue of Christopher Columbus**.
- The whole world can be found at the **Sagrada Família**, the most iconic sight of the city, which has been evolving with the times for 100 years. Need proof? Just check out the Asian features of one of the latest statues created.
- The **Passeig de Gràcia** is another world: as you walk by **Casa Milà** by Antoni Gaudí, and under the **Horrible Streetlights** by Falqués i Urpí, you will discover the modernist side of the city, devoted to experimentation.
- Try it yourself: focus on the **"marine" tiles** underfoot and tell us * what effect do they have on you?
- Free time to walk through the heart of the old city to the **Gothic Quarter**, the nerve center of the city from the Middle Ages until today, awaits you.
- You have time to wander around independently, taste typical products and go shopping, **at your own pace**.
- Between walking the city's most iconic streets and the free time, you've seen the thousand faces of the city.

/

INFORMATIONS

Code	Duration	Level	Adult price	Child price
04AF	5 Hours approximately	Moderate	69,00 EUR	48,30 EUR

Type

Pick&Choose

Barcelona

THE SAGRADA FAMILIA: VISIT TO THE CITY'S SYMBOLIC MONUMENT

In a nutshell

An **absolute novelty** from Costa as of today, you can discover **the city's most iconic sites with total flexibility**. A **brand-new, shorter experience** to be enjoyed in **small groups** and with a **dedicated guide**. **Meet the guide at the group entrance of the Sagrada Família**: Discover its **forest of columns**, the **mosaics**

and **modernist sculptures** embellishing its interior and experience Gaudi's genius first-hand. Then, you can decide whether to continue your **tour independently** or **go back to the ship**. Live the city at your own pace!

Main stops

- Visit to the Sagrada Familia meeting point at the groups entrance
- Transfer not included. If you require a transfer to reach the city center, please go to the excursion desk to book the shuttle service provided by Costa.
- Arrive 10 minutes before your appointment in Calle de la Marina.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
048Z	2 Hours approximately	Easy	59,00 EUR	41,30 EUR

Type

Legenda

ICONE DESCRIZIONE

Easy

tour with this designation involve walking over relatively lever terrain. Comfortable shoes are recommended.

Moderate

Tours with this designation can involve a considerable amount of physical activity such as walking over cobblestones or uneven surface, climbing stairs or steep terrain, swimming in a light current, or bicycle riding. They are not recommended for guest with walking difficulties. Comfortable sturdy shoes are recommended.

Hard

Tour with this designation involve high physical exertion for extended periods of time. The terrain may be uneven or steep. They are recommended only for physically fit and adventurous traveller.

Sightseeing

these are primarily motor coach excursions with an emphasis on sight-seeing and very little activity.

Water Activity

Involves the opportunity to swim or the possibility of getting wet.

Fun

dedicated to a young public keen on entertainment.

Eco Natural Trail

dedicated to nature lovers.

Tasting

a light snack will be provided on this excursion.

Meal not included

during excursions free time is given to organise lunch individually.

Most wanted

Guest surveys indicate a high degree of satisfaction with these tours.

Basket Lunch

a packed meal is provided from the ship.

Good for shopping

specially dedicated to shopping lovers.

Cultural

dedicated to history, culture and local traditions lovers.

Disabled friendly

Excursions with the handicap sign are for guests with mobility difficulties however should be able to move around independently. Guests in wheelchair out on excursion need to be accompanied by a third party as assistance by the ship will not be provided. The majority of our agencies require that the wheelchairs be retractable because sometimes the necessary space needed for a wheelchair is not available. We kindly ask you to contact the Excursion Office as soon as possible, upon embarkation, to ensure that we find the best possible solution and to reserve the appropriate seat in the required bus before the departure of the excursions. For further information and for a solution that best fits your need please contact the Excursion Office.

Sports Lovers

for the adventurous, there are our most active shore excursions.

Recommended to families

includes activities that are appropriate for families travelling with children.

New

Brand -new Tour

Meal on board

back on board for lunch/dinner, your guide will be ready to continue the excursion at the end of it.



Meal Included

a meal will be provided on this excursion.

Refreshments included

Refreshments included.

Information Notes

PRACTICAL GUIDE TO EXCURSIONS

Excursion Booking

You can book excursions before departure by visiting the website www.mycosta.com, or by requesting to be contacted by our "Excursion Service" at +34 932952144 or through a request on the MyCosta website. Once on board, excursions can be booked through the Costa App, the Excursion Totem, or by visiting the MyTours office, where our staff will be available to offer advice and assistance.

Participation

Some excursions require a minimum number of bookings and have a maximum number of participants, so it is advisable to book them in advance.

Duration

The duration of the excursions is indicated in the description of each tour. Due to unforeseen circumstances, such as adverse weather conditions and/or transport delays, the duration may be subject to change. The program of individual excursions may also be modified for the reasons mentioned above. Please adhere to the times indicated by the guides at each stop (rest stops, photo stops, etc.).

Description

The descriptions of the excursions are up-to-date as of the printing of this document. However, in the interest of continuously improving our guests' shore experiences, the actual program may differ from the description.

Guests with Mobility Issues

If you use a wheelchair, it is necessary to check the availability of suitable/compatible excursions before booking by contacting our "Excursion Service" at +34 932952144 or through a request on the MyCosta website. Once on board, it is recommended to visit the MyTours office on the first day of the cruise for further assistance.

Customized Programs

Personalized and exclusive tours can be arranged upon request and subject to quotation by contacting our "Excursion Service" or on the day of embarkation by visiting the MyTours office.

Prices

The prices of the excursions include transport where specified, which may include buses, minibuses, taxis, cable cars, and boats. Meals and/or drinks are included only where specified. Prices and excursion programs may be subject to change.

Children and kids

Children aged 3 to 13 are entitled to a 30% discount on all excursions. Children under 3 years old participate for free.

Squok Club

For children aged 3 to 13, there is the possibility to enjoy the Squok Club while their parents are on an excursion. The service is free, and the request must be made in advance.

Tickets

All excursions will be registered on the Costa card: the Costa card becomes the excursion ticket. In the Costa App, under the MyAgenda section, you will find all the information about shore experiences. If necessary, the staff at the MyTours office can print a summary of the bookings.

Informative Notes

Costa Diadema - Germany, Denmark, Norway